

December 2025

Elementary K-8

All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with graham crackers and various fresh fruit options. Lunch options: Listed entrées include access to unlimited salad bars full of seasonal fruit and vegetable offerings. Sunbutter Meal offered daily as an alternate choice to listed entrees for lunch.

Monday **Tuesday** Wednesday Thursday **Friday** Country Biscuits and Eggoji Waffles Chicken Crispito & Turkey Breakfast Square Maple Chip Pancakes Pork Gravy ® Roasty Toasty Salsa ® Beef Cowboy Stew ® Beef & Cheese CrispUps Birra & Cheese Pupusa Popcorn Chicken Yellow Chicken Curry ® Bean & Cheese Pupusa Plant-Based Kickn' Cheesy Pocket with Hearty Vegetarian Chili Garam Masala Tofu with Nuggets 💜 Marinara 💜 Yellow Curry ® 🔰 Side: Mashed Potatoes Side: Brown Rice Side: Corn Bread and Dinner Roll 12 11 10 Scrambled Eggs ® Fresh-Baked Pumpkin Chicken Breakfast Slider French Toast w/ Pancake Pup Loaf @ Fruit Compote ® 🔰 Homemade Beef Beef Soft Taco Homestyle Chicken Mandarin Orange Bolognese ® Pot Pie ® Pepperoni Pizza Plant Based Soft Taco Chicken Southwest Tortilla Soup Mac & Cheese ® Cheese Pizza Sides: Tortilla Chips Garam Masala Tofu with w/ Grilled Cheese

Yellow Curry ® 🔰

Side: Brown Rice

On salad bars this month look for local mandarins from Mandarin Hill Orchards in Penryn, CA!





Help shape school food!

Croissant ®

Side: Sunchips

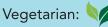
We want your honest feedback on some of our new Central Kitchen offerings! Your opinion matters! As said by one of our parents, "Thank you for the variety that you offer. My kids have been less picky about their food since they try new things at school."





Fresh-Made Refried Beans

Roasty Toasty Salsa 🏶 💆





DEC. 22 - JAN. 2 ENJOY YOUR HOLIDAY BREAK!



What Makes Mandarin Hill Orchards Citrus So Good?

The answer is simple. The warm days and cool nights in our little foothills town of Penryn are perfect for growing citrus. We let our fruit stay on our trees until they are at their peak of ripeness, and then we pick them by hand to make sure each one is as sweet and delicious as possible.

We've been growing citrus this way for 70 years. Mandarin Hill Orchards is owned and operated by the Aguilar family, and we're proud to be one of the oldest Mandarin orchards in Placer County. We even have producing mandarin trees that date back to the 1880s. Really. Come by, and we'll show you.

Fun Fact!

Mandarins are **Vitamin C Superstars!** One mandarin has about 25-30 milligrams of vitamin C – that's almost half of what kids need each day! Vitamin C helps your body heal cuts and scrapes and keeps you from getting sick.

Join Us for Our Winter Feast on December 17th!

Warm up with Central Kitchen's homemade chicken chili verde plate, featuring slow-roasted fresh tomatillos and poblano peppers that create a rich, flavorful broth. Our culinary team will roast over 1,200 pounds of fresh tomatillos to bring this comforting dish to life—a true labor of love for our students! As always, meals are free every day, to every student! Join us! We saved you a seat!







Nutrition Services 916-395-5600 thecentralkitchen.org