

Menu subject to
change without notice.

Sacramento City Unified School District
Fall Preschool Menu: 9/29/2025 - 10/3/2025

	Monday 9/29	Tuesday 9/30	Wednesday 10/1	Thursday 10/2	Friday 10/3
BREAKFAST	Turkey Sausage Breakfast Square Canned Pears Milk	CK Scrambled Eggs Turkey Bacon (2 ea) Mixed Berry Fruit Cup Milk	Breakfast Turkey Cheese Croissant Fresh Sliced Apples Milk	Fresh Pumpkin Muffin Mixed Berry Fruit Cup Milk	Chicken Crispito Canned Pears Milk
LUNCH	Dill Chicken Patty Sandwich Tater Tots Ketchup Packet Fresh Sliced Apples Milk	Crispy Beef Tacos (1 ea) Fresh Cucumber Coins Canned Pears Milk	Sunbutter Sandwich Meal Canned Corn Fresh Bananas Milk	Sweet & Sour Chicken Brown Rice Green Beans Fresh Bananas Milk	Homestyle Chicken Strips BBQ Sauce Cup Canned Corn Slushy, Raspberry Passion Milk
VEG ALTERNATIVE					
SALAD BAR					
SNACK	Strawberry Waffle Graham Milk	WG Goldfish Crackers Mango Wango Juice, 4 oz	Graham Crackers Various Flavors, Yogurt	Cheddar Chex Snack Mix Mango Wango Juice, 4 oz	Scooby-Doo Bones, Grahams Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts D = Contains dairy V = Vegetarian food item S = Fish or seafood			The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.		

Menu subject to
change without notice.

Sacramento City Unified School District
Fall Preschool Menu: 10/6/2025 - 10/10/2025
REVISED 9/25/2026

	Monday 10/6	Tuesday 10/7	Wednesday 10/8	Thursday 10/9	Friday 10/10
BREAKFAST	CK All Spice Loaf (1 Slice) Canned Pineapples Milk	CK Egg Bites Tater Tots Peach Fruit Cup Milk	CK Fruit & Yogurt Parfait Graham Crackers Fresh Sliced Apple Bites Milk	Fresh Baked Apple Cinna Muffin Peach Fruit Cup Milk	Chicken Crispito Canned Pineapples Milk
LUNCH	Cheeseburger Potato Wedges Ketchup Packet Fresh Sliced Apple Bites Milk	Beef Soft Taco Fresh Cucumber Coins Slushy, Raspberry Passionfruit Milk	Beef Marinara w/ Pasta WG Garlic Breadstick Canned Corn Fresh Bananas Milk	Mandarin Orange Chicken Brown Rice Green Beans Fresh Bananas Milk	Beefy Smackin' Joes Canned Corn Peach Fruit Cup Milk
VEG ALTERNATIVE					
SALAD BAR					
SNACK	Heartzel Pretzel Snack Milk	WG Cheez-It Crackers Paradise Punch Juice, 4 oz (CC)	Graham Crackers Various Flavors, Yogurt	Strawberry Chex Snack Mix Paradise Punch Juice, 4 oz (CC)	Scooby-Doo Bones, Grahams Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Menu subject to
change without notice.

Sacramento City Unified School District
Fall Preschool Menu: 10/13/2025 - 10/17/2025

	Monday 10/13	Tuesday 10/14	Wednesday 10/15	Thursday 10/16	Friday 10/17
BREAKFAST	Turkey Sausage Breakfast Square Canned Pineapple Milk	CK Scrambled Eggs Turkey Bacon (2 ea) Peach Fruit Cup Milk	Breakfast Turkey Cheese Croissant Fresh Sliced Apples Milk	Fresh Pumpkin Muffin Peach Fruit Cup Milk	Chicken Crispito Canned Pineapples Milk
LUNCH	Dill Chicken Patty Sandwich Potato Wedges Ketchup Packet Fresh Sliced Apples Milk	Crispy Beef Tacos (1 ea) Fresh Cucumber Coins Fresh Bananas Milk	Sunbutter Sandwich Meal Canned Corn Fresh Bananas Milk	Sweet & Sour Chicken Brown Rice Green Beans Canned Pineapple Milk	NATIONAL PASTA DAY Chicken Pasta Alfredo Garlic Breadstick Canned Corn Slushy, Raspberry Passion Milk
VEG ALTERNATIVE					
SALAD BAR					
SNACK	Strawberry Waffle Graham Milk	WG Goldfish Crackers Mango Wango Juice, 4 oz	Graham Crackers Various Flavors, Yogurt	Cheddar Chex Snack Mix Mango Wango Juice, 4 oz	Scooby-Doo Bones, Grahams Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts D = Contains dairy V = Vegetarian food item S = Fish or seafood			The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.		

Menu subject to
change without notice.

Sacramento City Unified School District
Fall Preschool Menu: 10/20/2025 - 10/24/2025

	Monday 10/20	Tuesday 10/21	Wednesday 10/22	Thursday 10/23	Friday 10/24
BREAKFAST	CK All Spice Loaf (1 Slice) Canned Pineapples Milk	CK Egg Bites Tater Tots Peach Fruit Cup Milk	CK Fruit & Yogurt Parfait Graham Crackers Fresh Sliced Apple Bites Milk	Fresh Baked Apple Cinna Muffin Peach Fruit Cup Milk	Chicken Crispito Canned Pineapples Milk
LUNCH	Cheeseburger Potato Wedges Ketchup Packet Fresh Sliced Apple Bites Milk	Beef Soft Taco Fresh Cucumber Coins Slushy, Raspberry Passionfruit Milk	Beef Marinara w/ Pasta Canned Corn Fresh Bananas Milk	Mandarin Orange Chicken Brown Rice Green Beans Canned Pineapples Milk	Beefy Smackin' Joes Canned Corn Peach Fruit Cup Milk
VEG ALTERNATIVE					
SALAD BAR					
SNACK	Heartzel Pretzel Snack Milk	WG Cheez-It Crackers Paradise Punch Juice, 4 oz (CC)	Graham Crackers Various Flavors, Yogurt	Strawberry Chex Snack Mix Paradise Punch Juice, 4 oz (CC)	Scooby-Doo Bones, Grahams Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Menu subject to
change without notice.

Sacramento City Unified School District
Fall Preschool Menu: 10/27/2025 - 10/31/2025

	Monday 10/27	Tuesday 10/28	Wednesday 10/29	Thursday 10/30	Friday 10/31
BREAKFAST	Turkey Sausage Breakfast Square Canned Pineapple Milk	CK Scrambled Eggs Turkey Bacon (2 ea) Strawberry Fruit Cup Milk	Breakfast Turkey Cheese Croissant Fresh Sliced Apples Milk	Fresh Pumpkin Muffin Strawberry Fruit Cup Milk	Chicken Crispito Canned Pineapples Milk
LUNCH	Dill Chicken Patty Sandwich Potato Wedges Ketchup Packet Fresh Sliced Apples Milk	Crispy Beef Tacos (1 ea) Fresh Cucumber Coins Ranch Dressing Fresh Bananas Milk	Sunbutter Sandwich Meal Canned Corn Fresh Bananas Milk	Sweet & Sour Chicken Brown Rice Green Beans Canned Pineapple Milk	Homestyle Chicken Strips BBQ Sauce Cup Canned Corn Slushy, Raspberry Passion Milk
VEG ALTERNATIVE					
SALAD BAR					
SNACK	Strawberry Waffle Graham Milk	WG Goldfish Crackers Mango Wango Juice, 4 oz	Graham Crackers Various Flavors, Yogurt	Cheddar Chex Snack Mix Mango Wango Juice, 4 oz	Scooby-Doo Bones, Grahams Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts D = Contains dairy V = Vegetarian food item S = Fish or seafood			The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.		