

Menu subject to
change without notice.

Sacramento City Unified School District
Fall Preschool Menu: 9/1/2025 - 9/5/2025
REVISED 8/21/2025

| | Monday 9/1 | Tuesday 9/2 | Wednesday 9/3 | Thursday 9/4 | Friday 9/5 |
|---|----------------|---|--|---|--|
| BREAKFAST | HOLIDAY | Fresh Baked Pumpkin Muffin Fresh Sliced Oranges Milk | Breakfast Turkey Cheese Croissant Canned Mixed Fruit Milk | CK Scramble Eggs Turkey Bacon (2 each) Canned Peaches Milk | Chicken Crispito Fresh Sliced Oranges Milk |
| LUNCH | | Crispy Beef Tacos (1 ea) Fresh Cucumber Coins Fresh Sliced Watermelon Milk | Sunbutter Sandwich Meal Canned Corn Fresh Sliced Oranges Milk | Sweet & Sour Chicken (C) Brown Rice Green Beans Fresh Strawberries Milk | National Cheese Pizza Day Cheese Pizza Canned Corn Slushy, Raspberry Passion Milk |
| VEG ALTERNATIVE | | | | | |
| SALAD BAR | | | | | |
| SNACK | | WG Goldfish Crackers Mango Wango Juice, 4 oz | Graham Crackers Various Flavors, Yogurt | Cheddar Chex Snack Mix Mango Wango Juice, 4 oz | Scooby-Doo Bones, Grahams Milk |
| Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts D = Contains dairy V = Vegetarian food item S = Fish or seafood | | | The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer. | | |

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Sacramento City Unified School District
Fall Preschool Menu: 9/8/2025 - 9/12/2025

| | Monday 9/8 | Tuesday 9/9 | Wednesday 9/10 | Thursday 9/11 | Friday 9/12 |
|------------------------|--|---|---|--|---|
| BREAKFAST | CK All Spice Loaf (1 Slice) Canned Peaches Milk | CK Egg Bites Tater Tots Fresh Sliced Oranges Milk | CK Fruit & Yogurt Parfait Graham Crackers Canned Peaches Milk | Fresh Baked Apple Cinna Muffin Canned Mixed Fruit Milk | Chicken Crispito Fresh Sliced Oranges Milk |
| LUNCH | Cheeseburger Tater Tots Ketchup Packet Fresh Strawberries Milk | Beef Soft Taco Fresh Cucumber Coins Fresh Sliced Watermelon Slushy, Raspberry Passionfruit Milk | Beef Marinara w/ Pasta WG Garlic Breadstick Canned Corn Fresh Sliced Oranges Milk | Mandarin Orange Chicken Brown Rice Green Beans Fresh Strawberries Milk | Beefy Smackin' Joes Canned Corn Fresh Sliced Watermelon Milk |
| VEG ALTERNATIVE | | | | | |
| SALAD BAR | | | | | |
| SNACK | Heartzel Pretzel Snack Milk | WG Cheez-It Crackers Paradise Punch Juice, 4 oz (CC) | Graham Crackers Various Flavors, Yogurt | Strawberry Chex Snack Mix Paradise Punch Juice, 4 oz (CC) | Scooby-Doo Bones, Grahams Milk |

Menu Key

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Sacramento City Unified School District
Fall Elementary Menu: 9/15/2025 - 9/19/2025
REVISED 9/3/2025

| | Monday 9/15 | Tuesday 9/16 | Wednesday 9/17 | Thursday 9/18 | Friday 9/19 |
|------------------------|--|---|--|---|---|
| BREAKFAST | Turkey Sausage Breakfast Square -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: Canned Peachces SIDE: Orange Juice, 4 oz SIDE: Milk | CK Scramble Eggs -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: Turkey Bacon (2 ea) SIDE: Fresh Red Plums SIDE: Canned Mixed Fruit SIDE: Milk | Breakfast Turkey Cheese Croissant -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: Canned Mixed Fruit SIDE: Orange Juice, 4 oz SIDE: Milk | Fresh Baked Pumpkin Muffin -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: Fresh Whole Apples SIDE: Canned Peaches SIDE: Milk | Chicken Crispito -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: Canned Mild Salsa SIDE: Canned Mixed Fruit SIDE: Orange Juice, 4 oz SIDE: Milk |
| LUNCH | Sweet & Sour Chicken -or- Mango Jalapeno Meatballs -or- Sunbutter Sandwich Meal SIDE: Brown Rice SIDE: Milk | Beef Asada Walking Taco -or- Crispy Beef Tacos (2 ea) -or- Quesadilla w/ Red Sauce SIDE: Milk | WG Chicken Corn Dog -or- Buffalo Chicken Pocket -or- Sunbutter Sandwich Meal SIDE: WG Cheez-It Crackers SIDE: Ketchup Packet SIDE: Mustard Packet SIDE: Milk | National Cheeseburger Day Cheeseburger -or- Kickin Patty Sandwich SIDE: Tater Tots SIDE: Ketchup Packet SIDE: Mustard Packet | Homestyle Chicken Strips -or- French Bread Pizza -or- Sunbutter Sandwich Meal SIDE: BBQ Sauce Cup SIDE: Slushy, Raspberry Passion SIDE: Milk |
| VEG ALTERNATIVE | | | | | |
| SALAD BAR | Chopped Romaine Fresh Shredded Carrots Fresh Nectarine Fresh Strawberries Canned Mixed Fruit Homestyle Ranch Dressing | Shredded Lettuce Fresh Cucumber Coins Fresh Sliced Watermelon Fresh Green Lunch Bunch Grapes Sliced Black Olives Fresh Pico De Gallo Homestyle Ranch Dressing | CK Chopped Romaine Fresh Shredded Carrots Fresh Red Plums Fresh Strawberries Canned Peaches Shredded Cheddar Cheese Homestyle Ranch Dressing | CK Chopped Romaine Edamame Soy Bean Fresh Nectarine Fresh Green Lunch Bunch Grapes Canned Mixed Fruit Pickle Krinkle Cut Homestyle Ranch Dressing | CK Chopped Romaine Canned Corn Fresh Sliced Watermelon Fresh Whole Apples Canned Peaches Homestyle Ranch Dressing |
| SNACK | Strawberry Waffle Graham Milk | WG Goldfish Crackers Paradise Punch Juice, 6 oz (ASSP) | Graham Crackers Various Flavors, Yogurt | Cheddar Chex Snack Mix Paradise Punch Juice, 6 oz (ASSP) | Scooby-Doo Bones, Grahams Milk |

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Sacramento City Unified School District
Fall Elementary Menu: 9/22/2025 - 9/26/2025

| | Monday 9/22 | Tuesday 9/23 | Wednesday 9/24 | Thursday 9/25 | Friday 9/26 |
|------------------------|--|--|--|--|--|
| BREAKFAST | CK All Spice Loaf (1 slice ea) -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: Canned Pears SIDE: Orange Juice, 4 oz SIDE: Milk | CK Egg Bites -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: Tater Tots SIDE: Fresh Nectarines SIDE: Canned Mixed Fruit SIDE: Milk | CK Fruit & Yogurt Parfait -or- Whole Grain Cereal SIDE: Granola Clusters SIDE: Graham Crackers SIDE: Canned Pears SIDE: Orange Juice, 4 oz SIDE: Milk | Fresh Baked Apple Cinna Muffin -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: Fresh Strawberries SIDE: Canned Mixed Fruit SIDE: Milk | Chicken Crispito -or- Whole Grain Cereal SIDE: Graham Crackers SIDE: CK Roasty Toasty Salsa SIDE: Canned Pears SIDE: Orange Juice, 4 oz SIDE: Milk |
| LUNCH | Dill Chicken Patty Sandwich -or- Kickin' Patty Sandwich -or- Sunbutter Sandwich Meal SIDE: Tater Tots SIDE: Ketchup Packet SIDE: Mustard Packet SIDE: Milk | Beef Soft Taco -or- Bean & Cheese Soft Taco -or- Quesadilla w/ Red Sauce SIDE: Slushy, Raspberry Passion SIDE: Milk | Beef Marinara w/ Pasta -or- Buffalo Chicken Pocket -or- Sunbutter Sandwich Meal SIDE: WG Garlic Breadstick SIDE: Milk | Mandarin Orange Chicken -or- CK Chicken Yellow Curry -or- CK Tofu Curry SIDE: Brown Rice SIDE: CK Vegetable Medley SIDE: Milk | Beefy Smackin' Joes -or- Deeply Rooted Smackin Joe (V) -or- French Bread Pizza SIDE: CK Macaroni & Cheese SIDE: Milk |
| VEG ALTERNATIVE | | | | | |
| SALAD BAR | Chopped Romaine Fresh Shredded Carrots Fresh Nectarines Fresh Strawberries Canned Mixed Fruit Pickle Chips Krinkle Cut Homestyle Ranch Dressing | Shredded Lettuce Fresh Cucumber Coins Fresh Red Plums Fresh Green Lunch Bunch Grapes Sliced Black Olives Fresh CK Pico De Gallo Homestyle Ranch Dressing | CK Chopped Romaine Fresh Shredded Carrots Fresh Nectarines Fresh Sliced Watermelon Canned Mixed Fruit Shredded Cheddar Cheese Homestyle Ranch Dressing | CK Chopped Romaine Edamame Soy Bean Fresh Sliced Watermelon Fresh Whole Apples Canned Pears Homestyle Ranch Dressing | CK Chopped Romaine Canned Corn Fresh Red Plums Fresh Lunch Bunch Grapes Canned Mixed Fruit Homestyle Ranch Dressing |
| SNACK | Heartzel Pretzel Snack Milk | WG Cheez-It Crackers Mango Splash Juice, 6 oz (ASSP) | Graham Crackers Various Flavors, Yogurt | Strawberry Chex Snack Mix Mango Splash Juice, 6 oz (ASSP) | Scooby-Doo Bones, Grahams Milk |

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Sacramento City Unified School District
Fall Preschool Menu: 9/29/2025 - 10/3/2025

| | Monday 9/29 | Tuesday 9/30 | Wednesday 10/1 | Thursday 10/2 | Friday 10/3 |
|---|--|---|--|--|---|
| BREAKFAST | Turkey Sausage Breakfast Square Canned Pears Milk | CK Scrambled Eggs Turkey Bacon (2 ea) Mixed Berry Fruit Cup Milk | Breakfast Turkey Cheese Croissant Fresh Sliced Apples Milk | Fresh Pumpkin Muffin Mixed Berry Fruit Cup Milk | Chicken Crispito Canned Pears Milk |
| LUNCH | Dill Chicken Patty Sandwich Tater Tots Ketchup Packet Fresh Sliced Apples Milk | Crispy Beef Tacos (1 ea) Fresh Cucumber Coins Canned Pears Milk | Sunbutter Sandwich Meal Canned Corn Fresh Bananas Milk | Sweet & Sour Chicken Brown Rice Green Beans Fresh Bananas Milk | Homestyle Chicken Strips BBQ Sauce Cup Canned Corn Slushy, Raspberry Passion Milk |
| VEG ALTERNATIVE | | | | | |
| SALAD BAR | | | | | |
| SNACK | Strawberry Waffle Graham Milk | WG Goldfish Crackers Mango Wango Juice, 4 oz | Graham Crackers Various Flavors, Yogurt | Cheddar Chex Snack Mix Mango Wango Juice, 4 oz | Scooby-Doo Bones, Grahams Milk |
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