

August 2025

Small High School

All meals include: Fat-free, low-fat or lactose-free milk choices.
Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides.
Various seasonal fruit offerings available for breakfast and lunch.

Monday

Tuesday

Wednesday

Thursday

Friday

18

Turkey Sausage Square

Hot Dog Meal

-or- Pepperoni Pizza Meal
-or- Cheese Pizza Meal
-or- Chicken Caesar Salad
Side: Edamame
w/ Lime Juice & Tajin

19

Fruit & Yogurt Parfait

BBQ Chicken Wings Meal
-or-
Dill Chicken Sandwich Meal
-or- Kickin' Patty Sandwich
Side: House Salad

20

Egg and Potato Bites

Chicken Pasta Alfredo Meal
-or- Spicy Chicken Sandwich
Meal
-or- Chicken Caesar Salad
-or- Kickin' Patty Sandwich
Side: House Salad

21

Whole Grain Fresh
Baked Muffin

Beef Cheeseburger Meal
-or-
Honey Chipotle Chicken
Wrap
-or- Kickin' Patty Sandwich
Side: House Salad

22

Chicken Crispito w/ Salsa

Chili Verde Chicken Burrito
Meal
-or- Pepperoni Pizza Meal
-or- Cheese Pizza Meal
-or- CK Bean & Cheese
Burrito
Side: Garden Salsa
Sun Chips

25

Turkey Sausage Square

Corn Dog Meal
-or- Pepperoni Pizza Meal
-or- Cheese Pizza Meal
-or- Chicken Caesar Salad
Side: Edamame
w/ Lime Juice & Tajin

26

Fruit & Yogurt Parfait

BBQ Chicken Wings Meal
-or-
Dill Chicken Sandwich Meal
-or- Hummus & Crackers
Bento Box
Side: House Salad

27

Egg and Potato Bites

Chicken Pasta Alfredo Meal
-or- Spicy Chicken Sandwich
Meal
-or- Chicken Caesar Salad
-or- Kickin' Patty Sandwich
Side: House Salad

28

Whole Grain Fresh
Baked Muffin

Beef Cheeseburger Meal
-or-
Honey Chipotle Chicken
Wrap
-or- Kickin' Patty Sandwich
Side: House Salad

29

Chicken Crispito w/ Salsa

Chili Verde Chicken Burrito
Meal
-or- Pepperoni Pizza Meal
-or- Cheese Pizza Meal
-or- CK Bean & Cheese
Burrito
Side: Garden Salsa
Sun Chips

Vegetarian:



Freshly prepared by the Central Kitchen:



A Message from the Central Kitchen

It takes nearly 350 dedicated team members to serve more than 40,000 meals every single day. From the early-morning warehouse crews delivering to 80 school sites, to the office staff managing behind-the-scenes purchasing, logistics, menu planning and inventory, to our Central Kitchen chefs preparing fresh, scratch-made meals, to the site teams greeting every student with a smile – we are united in our mission to nourish our students.

Thanks to California's Universal Meals Program, breakfast and lunch are free to every student, every day. These aren't "no-cost" meals – they're fully-funded investments in our kids' health, growth, and learning. And every meal enjoyed supports the continued growth of our program, allowing us to expand menus, try new recipes and bring even more variety to the table.

Bringing lunch from home? Students can still round out their meal with ice-cold milk, fresh fruit, crunchy organic salad or house-made hummus – free of charge. This August, our salad bars are stocked with **Vierra Farms** local watermelon and **J&J Ramos Farms** local sweet stone fruits and juicy strawberries, all grown right here in California.

We can't wait to welcome students back to our school restaurants where there's always a seat saved and a nourishing meal waiting.



Nutrition Services
916-395-5600
thecentralkitchen.org



@theCentralKitchenSAC



scusdCentralKitchen

CENTRAL
KITCHEN

This institution is an equal opportunity provider. Menus subject to change.

