## August 2025

All meals include: Fat-free, low-fat or lactose-free milk choices. Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides.

Various seasonal fruit offerings available for breakfast and lunch. Middle School Monday **Tuesday** Wednesday Thursday 18 19 20 Pork Pancake Pup Chicken Crispito w/ Salsa Turkey Sausage Square Egg and Potato Bites ® French Toast Sticks w/ Syrup Cup -or- Fruit & Yogurt Parfait 🥍 w/ Syrup Cup -or- Fruit & Yogurt Parfait 🥍 -or- WG Fresh Baked Muffin 💆 -or- WG Fresh Baked -or- WG Fresh Baked Muffin 🥍 Muffin 🥍 Chile Verde Chicken Burrito Hot Dog Meal Chicken Alfredo Pasta Meal Meal Beef Cheeseburger Meal -or- Cheese Pocket Meal -or- Spicy Chicken Sandwich Popcorn Chicken Bowl -or- Dill Chicken Sandwich Meal Meal -or- Orange Chicken Bowl -or- Pepperoni Pizza Meal -or- Rolled Crisp Ups w/ -or- Papa Murphy's -or- Pepperoni Pizza Meal -or- Turkey Bagel Sandwich -or- Cheese Pizza Meal 🥍 Salsa Molcajete Pepperoni Pizza -or- Cheese Pizza Meal -or- Hummus Bento Box 🥍 Side: Edamame w/ Lime -or- Turkey Bagel Sandwich -or- Papa Murphy's -or- Chicken Caesar Salad Juice & Tajin 🥍 -or- Tofu Curry Bowl 🥍 Cheese Pizza -or- Kickin Nugget Meal 🥍 -or- Kickin' Patty Sandwich -or- Kickin' Patty Sandwich Side: Garden Salsa Sun Chips 🥍 Side: House Salad 🥍 Meal 🥍 Side: House Salad Side: House Salad 🥍 Additional Vegetarian Options Available 25 26 27 28 29 **Breakfast Turkey Cheese** Chicken Crispito w/ Salsa Egg and Potato Bites ® Breakfast Burrito Sandwich -or- Fruit & Yogurt Parfait 🥍 -or- Fruit & Yogurt Parfait 🥍 -or- WG Fresh Baked Muffin 🥍

Turkey Sausage Square -or- Fruit & Yogurt Parfait 🥍

Chicken Corn Dog Meal -or- Buffalo Chicken Pocket Meal -or- Pepperoni Pizza Meal

-or- Cheese Pizza Meal 🥍 Side: Edamame w/ Lime Juice & Tajin 🥍

-or- WG Fresh Baked Muffin 🥍

BBQ Chicken Wing Meal ®

-or- Carne Asada Nachos ® -or- Honey Chipotle Chicken

Wrap 🏶

-or- Hummus Bento Box 🥍

-or- Bean & Cheese Nachos Side: House Salad 🥍

Chicken Alfredo Pasta Meal -or- Spicy Chicken Sandwich Meal

-or- Pepperoni Pizza Meal

-or- Cheese Pizza Meal 🥍

-or- Chicken Caesar Salad

-or- Kickin' Patty Sandwich Meal 🤎

Side: House Salad 🥍

Beef Cheeseburger Meal -or- Orange Chicken Bowl -or- Spicy Chicken Sandwich

Meal

-or- Hummus Bento Box 🦠

-or- Tofu Curry Bowl

-or- Kickin' Patty Sandwich Side: House Salad

Chile Verde Chicken Burrito Meal

-or- Dill Chicken Sandwich Meal

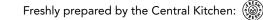
-or- Papa Murphy's Pepperoni Pizza

-or- Papa Murphy's Cheese Pizza 🦠

Side: Garden Salsa Sun Chips 🥍

Additional Vegetarian Options Available







## A Message from the Central Kitchen

It takes nearly 350 dedicated team members to serve more than 40,000 meals every single day. From the early-morning warehouse crews delivering to 80 school sites, to the office staff managing behind-the-scenes purchasing, logistics, menu planning and inventory, to our Central Kitchen chefs preparing fresh, scratch-made meals, to the site teams greeting every student with a smile – we are united in our mission to nourish our students.

Thanks to California's Universal Meals Program, breakfast and lunch are free to every student, every day. These aren't "nocost" meals – they're fully-funded investments in our kids' health, growth, and learning. And every meal enjoyed supports the continued growth of our program, allowing us to expand menus, try new recipes and bring even more variety to the table.

Bringing lunch from home? Students can still round out their meal with ice-cold milk, fresh fruit, crunchy organic salad or house-made hummus – free of charge. This August, our salad bars are stocked with **Vierra Farms** local watermelon and **J&J Ramos Farms** local sweet stone fruits and juicy strawberries, all grown right here in California.

We can't wait to welcome students back to our school restaurants where there's always a seat saved and a nourishing meal waiting.



Nutrition Services 916-395-5600 thecentralkitchen.org



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