


# August 2025

## Elementary K-8

Vegetarian: 

Freshly prepared by the Central Kitchen: 

Monday

Tuesday

Wednesday

Thursday

Friday


18

Turkey Breakfast Square

Dill Chicken Patty Sandwich

-or-

Kickin' Patty Sandwich 


Side: Potato Wedges 

19

Turkey Breakfast Sandwich

Beef Crisp Ups

-or-

Cheese Pockets 

Side: Marinara Sauce Cup

20


Pork Pancake Pup

Side: Syrup Cup

Chicken Corn Dog

-or-

Buffalo Chicken Pocket or  
Cheese Pocket 

Side: WG Cheez-It Crackers 

21


Fresh Variety Baked  
Muffin 

Sweet & Sour Chicken

-or-

Mango Jalapeño Meatballs


-or- Various Flavor Tofu 

Side: Brown Rice 

22

Chicken Chili Crispito  
Side: Mild Salsa, Picante

Homestyle Chicken Strips

-or- Cheese Pocket 

Side: Marinara Sauce Cup

Side: Raspberry  
Passion Fruit Slush 


25

**NEW!**  
Allspice Muffin 

Beef Cheeseburger

-or-


Kickin' Patty Sandwich 

Side: Tater Tots 


26


Egg Bites 


Side: Tater Tots

Beef Soft Taco 


-or-


Bean & Cheese Soft Taco 

-or- Quesadilla w/ Red Sauce 


Side: Raspberry  
Passion Fruit Slush 


27

Parfait Cup w/ Berries 


Beef Spaghetti Pasta 

-or-


Buffalo Chicken Pocket or  
Cheese Pocket 


Side: Garlic Breadstick 

28

Fresh Variety Baked Muffin 

Mandarin Orange Chicken

-or- Chicken Curry 


-or- Various Flavor Tofu 


Side: Brown Rice


Side: Vegetable Medley  
Blend 


29

Chicken Chili Crispito  
Side: Mild Salsa, Picante

Beefy Smackin' Joe 

-or- Veggie Smackin' Joe 

-or- French Bread Pizza 

Side: Mac & Cheese 



**Central Kitchen's  
Allspice Cinnamon Muffin**  
is the ultimate cozy morning treat.  
Swing by on August 25th to enjoy  
this seasonal favorite fresh from the  
oven – you won't want to miss it!

All meals include: Fat-free, low-fat or lactose-free milk choices.  
Breakfast options: Listed entrée or General Mills Whole Grain Cereal  
with sides.  
Lunch options: Listed entrées or a Sunbutter Sandwich meal (offered  
M/W/F) with sides.  
Various seasonal fruit offerings available for breakfast and full  
unlimited produce bar available at lunch.



## A Message from the Central Kitchen

It takes nearly 350 dedicated team members to serve more than 40,000 meals every single day. From the early-morning warehouse crews delivering to 80 school sites, to the office staff managing behind-the-scenes purchasing, logistics, menu planning and inventory, to our Central Kitchen chefs preparing fresh, scratch-made meals, to the site teams greeting every student with a smile – we are united in our mission to nourish our students.

**Thanks to California's Universal Meals Program, breakfast and lunch are free to every student, every day.** These aren't "no-cost" meals – they're fully-funded investments in our kids' health, growth, and learning. And every meal enjoyed supports the continued growth of our program, allowing us to expand menus, try new recipes and bring even more variety to the table.

Bringing lunch from home? Students can still round out their meal with ice-cold milk, fresh fruit, crunchy organic salad or house-made hummus – free of charge. This August, our salad bars are stocked with **Vierra Farms** local watermelon and **J&J Ramos Farms** local sweet stone fruits and juicy strawberries, all grown right here in California.

We can't wait to welcome students back to our school restaurants where there's always a seat saved and a nourishing meal waiting.



Nutrition Services  
916-395-5600  
[thecentralkitchen.org](http://thecentralkitchen.org)



@theCentralKitchenSAC



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# CENTRAL KITCHEN

This institution is an equal opportunity provider. Menus subject to change.

