Bean & Cheese Pupusa

Side: Tater Tots

Bean & Cheese Burrito

Side: CK Refried Beans

-or- Kickin Patty Sandwich

Side: Various Vegetable Juice

Side: Brown Rice

April 28 - May 2

Say Thanks to your **School Lunch Hero!**



All meals include: Fat-free, low-fat or lactose-free milk choices. Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides. Various seasonal fruit offerings available for breakfast and lunch.

Dinner Roll











Nutrition Services 916-395-5600 thecentralkitchen.org



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This institution is an equal opportunity provider. Menus subject to change.

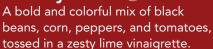
Fresh for May!



We're excited to introduce a new lineup of delicious, freshly prepared items from our Central Kitchen—now available on your salad bars this May! Each dish is crafted with quality ingredients and packed with flavor to keep your meals vibrant and satisfying.



Cowboy Caviar 🛞





Hummus 🥨

Smooth and creamy chickpea dip, blended with tahini, lemon, and garlic—perfect with veggies or pita.



Potato Salad 🛞



A classic favorite made with tender potatoes, crisp celery, and a creamy, tangy dressing.



🖱 Vegetable Medley 🦃



A seasonal assortment of roasted or steamed veggies, simply seasoned and full of color.



Pasta Salad Chilled pasta with fresh vegetables and feta, dressed in a light Italian vinaigrette.

Come taste what's fresh this month — we can't wait for you to try them!