

Monday

Tuesday

Wednesday

Thursday


Friday

CENTRAL KITCHEN

May 2025 Elementary K-8


5

Turkey Breakfast Square
Side: Sucre Grape Juice

WG Popcorn Chicken
-or-
Bean & Cheese Pupusa 
Side: BBQ Sauce Cup


12

Turkey Breakfast Square
Side: Sucre Grape Juice

Beef Hot Dog on WG Bun
-or-
Bean & Cheese Pupusa 
Side: Tater Tots



6

Pancake Pork Breakfast Bites
w/ Syrup Cup

Beef Crisp Ups
-or-
Bean & Cheese Burrito 
Side: Tortilla Chips


13

Strawberry Breakfast Parfait  

Beef Crisp Ups
-or-
Bean & Cheese Burrito 
Side: CK Refried Beans 


7

Chicken Chili Crispito
Side: Salsa Picante, Mild


Beef Cheeseburger
-or-
Kickin Patty Sandwich 



14

Chicken Chili Crispito
Side: Salsa Picante, Mild


Sukhi's Butter Chicken
-or- Kickin Patty Sandwich 
Side: Brown Rice


1

Mini Strawberry Bagel 


Mac & Cheese 
-or-
Kickin Nuggets 
Side: Garlic Breadstick



8

Blueberry Bagel w/ Cream Cheese 

Mandarin Chicken
-or- Kickin Nuggets 
Side: Brown Rice

15

Mini Strawberry Bagel 

Mac & Cheese 
-or- Kickin Nuggets 
Side: Whole Grain Dinner Roll


2

Pork Pancake Pup
w/ Syrup Cup

NEW!
CK Beefy Smackin' Joes 
-or- Cheese Pizza 
Side: Various Vegetable Juice


9

French Toast Sticks w/
Syrup Cup

Beef & Pork Pepperoni Pizza
-or- Cheese Pizza 
Side: Various Vegetable Juice

16

Pork Pancake Pup w/
Syrup Cup

Chicken Chili Crispito
-or- Cheese Pizza 
Side: Various Vegetable Juice




April 28 - May 2

Say Thanks to your School Lunch Hero!



All meals include: Fat-free, low-fat or lactose-free milk choices.
Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides.
Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides.
Various seasonal fruit offerings available for breakfast and lunch.

Vegetarian: 

Freshly prepared by the Central Kitchen:



Monday

19

Turkey Breakfast Square
Side: Sucre Grape Juice

WG Popcorn Chicken
-or-
Bean & Cheese Pupusa 🌱
Side: BBQ Sauce Cup

Tuesday

20

Maple Chip Pancakes w/
Syrup Cup

Beef Crisp Ups
-or-
Bean & Cheese Burrito 🌱
Side: Tortilla Chips

Wednesday

21

Chicken Chili Crispito
Side: Salsa Picante, Mild

Beef Cheeseburger
-or-
Kickin Patty Sandwich 🌱

Thursday

22

Blueberry Bagel w/
Cream Cheese 🌱

Mandarin Chicken
-or- Kickin Nuggets 🌱
Side: Brown Rice

Friday

23

French Toast Sticks w/
Syrup Cup

Beef & Pork Pepperoni Pizza
-or- Cheese Pizza 🌱
Side: Various Vegetable Juice

26

Holiday

27

Chicken Chili Crispito
Side: Salsa Picante, Mild

Beef Crisp Ups
-or-
Bean & Cheese Burrito 🌱
Side: CK Refried Beans 🌱

28

Strawberry Breakfast
Parfait 🌱

BBQ Pulled Pork Sandwich
-or-
Kickin Patty Sandwich 🌱

29

Mini Strawberry Bagel 🌱

Mac & Cheese 🌱
-or- Kickin Nuggets 🌱
Side: Whole Grain
Dinner Roll

30

Pork Pancake Pup w/
Syrup Cup

Chicken Chili Crispito
-or- Cheese Pizza 🌱
Side: Various Vegetable Juice



Nutrition Services
916-395-5600
thecentralkitchen.org

Fresh for May!

We're excited to introduce a new lineup of delicious, freshly prepared items from our Central Kitchen—now available on your salad bars this May! Each dish is crafted with quality ingredients and packed with flavor to keep your meals vibrant and satisfying.



@theCentralKitchenSAC



scusdCentralKitchen



Cowboy Caviar

A bold and colorful mix of black beans, corn, peppers, and tomatoes, tossed in a zesty lime vinaigrette.



Potato Salad

A classic favorite made with tender potatoes, crisp celery, and a creamy, tangy dressing.



Vegetable Medley

A seasonal assortment of roasted or steamed veggies, simply seasoned and full of color.



Hummus

Smooth and creamy chickpea dip, blended with tahini, lemon, and garlic—perfect with veggies or pita.



Pasta Salad

Chilled pasta with fresh vegetables and feta, dressed in a light Italian vinaigrette.

This institution is an equal opportunity provider. Menus subject to change.

Come taste what's fresh this month — we can't wait for you to try them!