

Select Sites – Additional Menu Items:

M, W, F – Chicken Caesar Salad T, THU – Roasted Turkey Sandwich

Lunch Entrée Shuffle

- 5/5 Sukhi's Butter Chicken Bowl or Channa Masala Bowl **NEW ITEM**
- 5/6 Lemon Pepper Wings
- 5/21 Beef Bolognese Pasta

All meals include: Fat-free, low-fat or lactose-free milk choices. Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides. Various seasonal fruit offerings available for breakfast and lunch.



Freshly prepared by the Central Kitchen:



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

BREAKFAST

Turkey Breakfast Square -or-Egg & Sausage Breakfast Bowl

Chicken Chili Crispito w/ Molcajete Salsa -or-Strawberry Breakfast Parfait Parfait Breakfast Burrito -or-Fresh Baked Variety Muffin

Chicken Chili Crispito w/ Molcajete Salsa -or-Strawberry Breakfast Parfait /

Breakfast Chicken Sliders w/ Potato Bites -or-Pancake Pup w/ Pork Sausage

LUNCH

Beef & Cheese Rollups -or- Beef & Pork Pepperoni Pizza -or- Cheese Pizza -or- Spicy Chicken Wrap

> Side: Edamame w/ Lime Juice & Tajin

Chili & Cornbread -or- Beef CrispUps w/ Refried Beans -or- Chicken Caesar Salad

Side: Various Vegetable Juice

Chicken Pasta Alfredo w/ Garlic Breadstick -or- Spicy Chicken Sandwich -or- Roasted Turkey Sandwich ()

Side: House Salad

Beef Cheeseburger & Tater Tots -or- Mandarin Chicken Bowl

Side: House Salad

-or- Chicken Caesar Salad

Salsa Verde Chicken Burrito (**) -or- Beef & Cheese Nachos (**) -or- Spicy Chicken Wrap

Side: House Salad



Nutrition Services 916-395-5600 thecentralkitchen.org







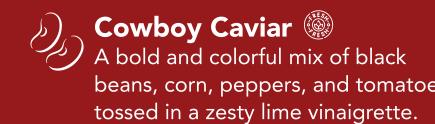
April 28 - May 2

Say Thanks to your **School Lunch Hero!**

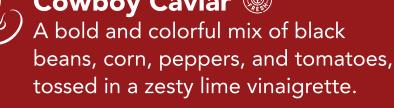


Fresh for May! ______

We're excited to introduce a new lineup of delicious, freshly prepared items from our Central Kitchen—now available on your salad bars this May! Each dish is crafted with quality ingredients and packed with flavor to keep your meals vibrant and satisfying.



Hummus 🛞



blended with tahini, lemon, and





and a creamy, tangy dressing. Pasta Salad Chilled pasta with fresh vegetables and feta, dressed in



steamed veggies, simply seasoned and full of color.

Come taste what's fresh this month — we can't wait for you to try them!