Menu subject to change without notice.

## **Sacramento City Unified School District** Preschool Menu: 3/31/2025 - 4/4/2025

	Monday 3/31	Tuesday 4/1	Wednesday 4/2	Thursday 4/3	Friday 4/4
BREAKFAST	Italian Trky Sausage Square(C) Fresh Fruit: Chefs Choice 1% Unflavored Milk	Fruit & Yogurt Parfait Graham Crackers Sliced Apples Bites 1% Unflavored Milk	WG Crispito Fresh Kiwifruit 1% Unflavored Milk	Mini Strwbrry Bagel Pull Apart Fresh Bananas 1% Unflavored Milk	WG Cereal Graham Crackers Fresh Orange Smiles 1% Unflavored Milk
LUNCH	Bean & Cheese Pupusa Canned Corn Fresh Kiwifruit 1% Unflavored Milk	Crispy Beef Tacos (1 ea) CK Refried Beans Fresh Orange Smiles 1% Unflavored Milk	Sunbutter Sandwich Meal Fresh Cucumber Coins Fresh Bananas 1% Unflavored Milk	CK Macaroni & Cheese Garlic Breadstick Canned Corn Sliced Apples Bites 1% Unflavored Milk	WG Crispito (1 ea) Mashed Potatoes & Gravy Fresh Strawberries 1% Unflavored Milk
SALAD BAR					
COMP 5					
SNACK	WG Cereal 1% Unflavored Milk	Whole Grain Cheez-It Crackers Applesauce Cup	Whole Grain Cereal 1% Unflavored Milk	Whole Grain Cheez-It Crackers Applesauce Cup	Traditional Chex Snack Mix Various Flavors, Yogurt

#### Menu Key

P = Contains pork B = Contains beef

N = Contains nuts

C = Contains chicken or turkey

V = Vegetarian food item

D = Contains dairy

S = Fish or seafood

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# **Sacramento City Unified School District** Preschool Menu: 4/7/2025 - 4/11/2025

	Monday 4/7	Tuesday 4/8	Wednesday 4/9	Thursday 4/10	Friday 4/11
BREAKFAST	WG ItalianTrkySausageSquare(C) Fresh Fruit: Chefs Choice 1% Unflavored Milk	Whole Grain Cereal Graham Crackers Fresh Sliced Apples Bites 1% Unflavored Milk	WG Crispito Fresh Banana 1% Unflavored Milk	WG Plain Bagel w/ Cream Cheese Fresh Orange Smiles 1% Unflavored Milk	French Toast Sticks Canned Fruit 1% Unflavored Milk
LUNCH	Bean & Cheese Pupusas Canned Corn Fresh Kiwifruit 1% Unflavored Milk	Crispy Beef Tacos (1 ea) Green Beans Fresh Orange Smiles 1% Unflavored Milk	SPRING FEAST Seasoned Sliced Beef Tri-Tip Tex Mex Mac Spring Crackers Fresh Cucumbers Coins Fresh Strawberries 1% Unflavored Milk	Sweet & Sour Chicken (C) Brown Rice Fresh Cucumbers Fresh Strawberries 1% Unflavored Milk	WG Cheese Pizza Canned Corn Fresh Fruit: Chefs Choice 1% Unflavored Milk
SALAD BAR					
COMP 5					
SNACK	Whole Grain Cereal 1% Unflavored Milk	Whole Grain Cheez-It Crackers Applesauce Cup	Traditional Chex Snack Mix Various Flavors, Yogurt	Whole Grain Cheez-It Crackers Applesauce Cup	Whole Grain Cereal 1% Unflavored Milk

### Menu Key

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C = Contains chicken or turkey N = Contains nuts

D = Contains dairy

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S = Fish or seafood

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## Sacramento City Unified School District Preschool Menu: 4/21/2025 - 4/25/2025

	Monday 4/21	Tuesday 4/22	Wednesday 4/23	Thursday 4/24	Friday 4/25
BREAKFAST	WG Italian Trky Sausage Square(C) Mixed Fruit Cup 1% Unflavored Milk	Whole Grain Cereal Graham Crackers Mixed Fruit Cups 1% Unflavored Milk	WG Crispito Fresh Banana 1% Unflavored Milk	WG Plain Bagel w/ Cream Cheese Fresh Orange Smiles 1% Unflavored Milk	French Toast Sticks Fresh Strawberries 1% Unflavored Milk
LUNCH	WG Popcorn Chicken Canned Corn Pre-Sliced Strawberries 1% Unflavored Milk	Crispy Beef Tacos (1 ea) Refried Beans Canned Fruit 1% Unflavored Milk	Cheeseburger Ketchup Fresh Broccoli Fresh Banana 1% Unflavored Milk	CK Chicken Pot Pie NEW! Buttermilk Biscuit Fresh Cucumbers Fresh Strawberries 1% Unflavored Milk	WG Cheese Pizza Canned Corn Fresh Fruit: Chefs Choice 1% Unflavored Milk
SALAD BAR					
COMP 5					
SNACK	Whole Grain Cereal 1% Unflavored Milk	Whole Grain Cheez-It Crackers Applesauce Cup	Traditional Chex Snack Mix Various Flavors, Yogurt	Whole Grain Cheez-It Crackers Applesauce Cup	Whole Grain Cereal 1% Unflavored Milk

### Menu Key

P = Contains pork B = Contains beef D = Contains dairy V = Vegetarian food item S = Fish or seafood

C = Contains chicken or turkey

N = Contains nuts

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# Sacramento City Unified School District Preschool Menu: 4/28/2025 - 5/2/2025

	Monday 4/28	Tuesday 4/29	Wednesday 4/30	Thursday 5/1	Friday 5/2
BREAKFAST	WG Italian Trky Sausage Square(C) Fresh Fruit: Chefs Choice 1% Unflavored Milk	Fruit & Yogurt Parfait Graham Crackers Canned Fruit 1% Unflavored Milk	WG Crispito Fresh Kiwifruit 1% Unflavored Milk	Mini Strwbrry Bagel Pull Apart Canned Fruit 1% Unflavored Milk	WG Cereal Graham Crackers Fresh Mandarins 1% Unflavored Milk
LUNCH	Bean & Cheese Pupusas Tater Tots Ketchup Packet Canned Corn Fresh Kiwifruit 1% Unflavored Milk	Crispy Beef Tacos (1 ea) CK Refried Beans Fresh Strawberries 1% Unflavored Milk	Sukhi's Butter Chicken <b>NEW!</b> Brown Rice Fresh Broccoli Fresh Sliced Apple Bites 1% Unflavored Milk	CK Macaroni & Cheese Fresh Cucumber Coins Fresh Bananas 1% Unflavored Milk	Beefy Smackin' Joes <b>NEW!</b> Canned Corn Fresh Strawberries 1% Unflavored Milk
SALAD BAR					
COMP 5					
SNACK	Whole Grain Cereal 1% Unflavored Milk	Whole Grain Cheez-It Crackers Applesauce Cup	Whole Grain Cereal 1% Unflavored Milk	Whole Grain Cheez-It Crackers Applesauce Cup	Traditional Chex Snack Mix Various Flavors, Yogurt

#### Menu Key

P = Contains pork

B = Contains beef

C = Contains chicken or turkey N = Contains nuts D = Contains dairy

V = Vegetarian food item

S = Fish or seafood

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