

Monday

Tuesday

Wednesday

Thursday

Friday

3

Turkey Breakfast Square

Side: Various Vegetable Juice

Beef Chili Fries
-or- Bean & Cheese Pupusa

Side: Cheez-Its
Side: Sour Cream

4

Strawberry Breakfast Parfait

Beef Crisp Ups
-or- Bean & Cheese Burrito

Side: Refried Beans

5

Chicken Chili Crispito

Side: Salsa Picante, Mild
Side: Various Vegetable Juice

BBQ Pulled Pork Sandwich
-or- Kickin Patty Sandwich

6

Mini Strawberry Bagel

Mac & Cheese
-or- Kickin Nuggets

Side: Garlic Breadstick

7

Pork Pancake Pup w/ Syrup Cup

Side: Various Vegetable Juice

Chicken Chili Crispito
-or- Cheese Pizza
Side: Various Vegetable Juice

10

Turkey Breakfast Square

Side: Various Vegetable Juice

Homestyle Chicken Strips
-or- Bean & Cheese Pupusa
Side: BBQ Sauce Cup

11

Pancake Pork Breakfast Bites w/ Syrup Cup

Beef Soft Taco
-or- Bean & Cheese Burrito
Side: Tortilla Chips

12

Chicken Chili Crispito

Side: Salsa Picante, Mild
Side: Various Vegetable Juice

Various Flavor Chicken Drumsticks
-or- Kickin Patty Sandwich
Side: Savory Wheat Crackers

13

Plain Bagel w/ Cream Cheese

Sweet & Sour Chicken
-or- Kickin Nuggets
Side: Brown Rice

14

French Toast Sticks w/ Syrup Cup

Side: Various Vegetable Juice

Beef & Pork Pepperoni Pizza
-or- Cheese Pizza
Side: Various Vegetable Juice

March 2025 Elementary K-8

Freshly Prepared by the Central Kitchen



CENTRAL KITCHEN

All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides.

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides.

Various seasonal fruit offerings available for breakfast and lunch.

Vegetarian:



Soil Born Farms organic lettuces featured on the salad bar weekly.



Nutrition Services
916-395-5600
thecentralkitchen.org

This institution is an equal opportunity provider.
Menus subject to change.

@thecentralkitchensac
The Central Kitchen - SCUSD
Nutrition Services

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Turkey Breakfast Square

Side: Various Vegetable Juice

Shamrock Chicken Nuggets
-or- Bean & Cheese Burrito

Side: Dinner Roll

18

Strawberry Breakfast Parfait

Beef Crisp Ups
-or- Bean & Cheese Burrito

Side: Refried Beans

19

Chicken Chili Crispito
Side: Salsa Picante, Mild
Side: Various Vegetable Juice

Meatball Marinara Pasta with
Garlic Breadstick
-or- Kickin' Patty Sandwich

20

Mini Strawberry Bagel

Mac & Cheese
-or- Kickin' Nuggets

Side: Garlic Breadstick

21

Pork Pancake Pup w/ Syrup Cup

Side: Various Vegetable Juice

Chicken Chili Crispito
-or- Cheese Pizza

Side: Various Vegetable Juice

24

Pancake Pork Breakfast Bites
w/ Syrup Cup

Side: Various Vegetable Juice

Beef & Cheese Rolled Crisp Up
-or- Bean & Cheese Pupusa

25

Turkey Breakfast Square

Waffles & Chicken Strips w/
Syrup cup
-or- Bean & Cheese Burrito

Side: Tortilla Chips

26

Chicken Chili Crispito

Side: Salsa Picante Mild
Side: Various Vegetable Juice

Chicken Drumstick Meal
-or- Kickin' Patty Sandwich

Side: Savory Wheat Crackers

27

French Toast Sticks w/ Syrup
Cup

Sweet & Sour Chicken
-or- Kickin' Nuggets

Side: Brown Rice

28

Plain Bagel w/ Cream Cheese

Side: Various Vegetable Juice

Cheese Pizza

Side: Various Vegetable Juice

31

Turkey Breakfast Square

Side: Various Vegetable Juice

Beef Chili Fries
-or- Bean & Cheese Pupusa

Side: Cheez-Its
Side: Sour Cream

National
WAFFLE DAY



NATIONAL
FARM to SCHOOL
NETWORK



Kiwi: A Tiny Fruit with Big Superpowers!

Did you know kiwifruit has twice the vitamin C of an orange? This little fuzzy fruit is packed with nutrients that help keep you strong and healthy! It can fight off germs, give you energy, and even help your heart. Kiwis grow on vines, just like grapes, and they're sweet, juicy, and fun to eat! Try one today and give your body a tasty boost!

See You For
BREAKFAST

