

March 2025

thecentralkitchen.org
High School Menu

Freshly Prepared by the Central Kitchen



Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST

Turkey Breakfast Square
-or- Egg & Sausage
Breakfast Bowl

Chicken Chili Crispito w/
Molcajete Salsa
-or- Strawberry Breakfast
Parfait

Breakfast Burrito
-or- Fresh Baked Variety
Muffin

Chicken Chili Crispito w/
Molcajete Salsa
-or- Strawberry Breakfast
Parfait

Breakfast Chicken Sliders
w/ Potato Bites
-or- Pancake Pup w/ Pork
Sausage

LUNCH

BBQ Pulled Pork Sandwich
w/ Potato Wedges
-or- Beef & Pork Pepperoni
Pizza
-or- Cheese Pizza
-or- Spicy Chicken Wrap

Side: Sun Chips, Harvest
Cheddar

Chili & Cornbread
-or- Beef CrispUps w/
Refried Beans
-or- Chicken Caesar Salad

Side: Various Vegetable Juice

Chicken Pasta Alfredo
w/ Garlic Breadstick
-or- Spicy Chicken
Sandwich
-or- Roasted Turkey
Sandwich

Side: House Salad

Cheeseburger & Tater Tots
-or- Sweet & Sour Chicken
Bowl
-or- Chicken Caesar Salad

Side: House Salad

Salsa Verde Chicken
Burrito
-or- Chicken Drumstick
Meal
-or- Spicy Chicken Wrap

Side: House Salad

Lunch Entree Shuffle

3/5 – Kickin Patty Sandwich W/ Tater Tots

3/11 & 3/25 – Nashville Hot Chicken wings

3/14 & 3/28 – Beef Burrito

3/17 & 3/24 Meatball Marinara Pasta

3/19 – Bolognese Pasta

3/31 – Beef Rollup Enchilada

Select Sites - Additional Menu Items:

M, W, F – Chicken Caesar Salad

T, THU – Roasted Turkey Sandwich



Kiwi: A Tiny Fruit with Big Superpowers!

Did you know kiwifruit has twice the vitamin C of an orange? This little fuzzy fruit is packed with nutrients that help keep you strong and healthy! It can fight off germs, give you energy, and even help your heart. Kiwis grow on vines, just like grapes, and they're sweet, juicy, and fun to eat! Try one today and give your body a tasty boost!

All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides.

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides.

Various seasonal fruit offerings available for breakfast and lunch.

Vegetarian:



This institution is an equal opportunity provider. Menus subject to change.



Soil Born Farms organic lettuces featured in local Seasonal Side Salads