## Freshly Prepared by the Central Kitchen

Chicken Caesar Salad:

(Tu + Thurs): Turkey Pita Wrap



## January 2025

lettuces featured in local

Seasonal Side Salads

breakfast and lunch.

Vegetarian:

Friday Thursday Monday Tuesday Wednesday 9 10 Ham & Cheese Croissant Pancake Pup w/ Pork Sausage Chicken Chili Crispito Chicken Chili Crispito w/ Molcajete Salsa w/ Molcajete Salsa -or- Ham & Cheese Croissant -or- Fresh Baked Variety Muffin -or- Fresh Variety Bagel w/ Cream Cheese Turkey Breakfast Square -or- Fresh Variety Bagel -or- Variety Fresh Baked Muffin Chicken Pasta Alfredo w/ Garlic w/ Cream Cheese Side: Strawberry Banana Smoothie Spicy Chicken Sandwich w/ Potato Breadstick -or- Grilled Cheese w/ Tortilla Soup Cheeseburger w/ Tater Tots Wedges Mandarin Chicken Bowl with Fresh Vegetables Chicken Chili Crispito w/ Molcajete -or- Corn Dog w/ Tater Tots -or- Teriyaki Chicken Legs -or- Chicken Strip Meal w/ Tater Tots -or- Beef & Pork Pepperoni Pizza Salsa & Sour Cream w/ Chow Mein -or- Spicy Chicken Wrap -or- Kickin Tenders Meal -or- Beef Burrito -or- Cheese Pizza -or- Roasted Turkey Sandwich -or- Spicy Chicken Wrap Side: Yakisoba Noodle Salad w/ -or- Roasted Turkey Sandwich Sesame Dressing Side: Yakisoba Noodle Salad w/ Side: Yakisoba Noodle Salad w/ Side: Various Vegetable Juice Sesame Dressing Sesame Dressing 16 Chicken Chili Crispito w/ Molcajete Pancake Pup w/ Pork Sausage Chicken Chili Crispito Turkey Breakfast Square Ham & Cheese Croissant Salsa -or- Ham & Cheese Croissant w/ Molcajete Salsa -or- Fresh Variety Bagel w/ Cream Cheese -or- Fresh Baked Variety Muffin or- Variety Fresh Baked Muffin -or- Fresh Variety Bagel Side: Strawberry Banana Smoothie Beef Bolognese Pasta w/ Cream Cheese Chicken Chili Crispito w/ Molcajete -or- Grilled Cheese w/ Tortilla Soup Spicy Chicken Sandwich w/ Potato Mandarin Chicken Bowl with Fresh Cheeseburger w/ Tater Tots Salsa & Sour Cream Wedges Vegetables -or- Carnitas Burrito -or- Beef & Pork Pepperoni Pizza -or- Mac & Cheese Chicken Bowl -or- Corn Dog w/ Tater Tots -or- Chicken Strip Meal w/ Tater Tots -or- Roasted Turkey Sandwich -or- Cheese Pizza -or- Spicy Chicken Wrap -or- Roasted Turkey Sandwich -or- Kickin Tenders Meal -or- Spicy Chicken Wrap Side: Yakisoba Noodle Salad w/ Side: Harvest Cheddar Sun Chips Side: Yakisoba Noodle Salad w/ Side: Yakisoba Noodle Salad w/ Side: Various Vegetable Juice Sesame Dressing Sesame Dressing Sesame Dressing All meals include: Fat-free, low-fat or lactose-free Select Sites - Additional Menu Items milk choices. Alternating Weekly: Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. Week of 1/06 (M-F): thecentralkitchen.org Lunch options: Listed entrée or a Sunbutter Sandwich SOIL BORN FARMS Southwest Chicken Salad High School Menu meal with sides. Soil Born Farms organic Week of 1/13 (M, W, F): Various seasonal fruit offerings available for

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Vegetarian: 💜

Friday Thursday Monday Wednesday Tuesday 23 22 21 Pancake Pup w/ Pork Sausage Chicken Chili Crispito Ham & Cheese Croissant -or- Ham & Cheese Croissant Chicken Chili Crispito w/ Molcajete w/ Molcajete Salsa -or- Fresh Baked Variety Muffin Salsa -or- Fresh Variety Bagel Bee Sweet Citrus grows Chicken Pasta Alfredo w/ Garlic or- Variety Fresh Baked Muffin w/ Cream Cheese 💜 blood oranges that are Chicken Chili Crispito w/ Molcajete Breadstick bright, sweet, and bursting Salsa & Sour Cream with flavor, making them a -or- Grilled Cheese w/ Tortilla Soup Spicy Chicken Sandwich w/ Potato Cheeseburger w/ Tater Tots perfect snack. These juicy -or- - Teriyaki Chicken Legs w/ Chow Wedges treats provide a healthy -or- Corn Dog w/ Tater Tots dose of Vitamin C and can Mein -or- Beef & Pork Pepperoni Pizza -or- Beef Burrito -or- Spicy Chicken Wrap make you feel sunny and -or- Roasted Turkey Sandwich -or- Cheese Pizza 💜 -or- Roasted Turkey Sandwich cheerful after every bite! Side: Yakisoba Noodle Salad w/ Side: Harvest Cheddar Sun Chips Side: Yakisoba Noodle Salad w/ Side: Yakisoba Noodle Salad w/ Sesame Dressing Sesame Dressing Sesame Dressing 30 30 Chicken Chili Crispito w/ Molcajete Breakfast Chicken Slider & Potato Breakfast Burrito Chicken Chili Crispito Salsa Bites Turkey Breakfast Square -or- Chef's Choice w/ Molcajete Salsa -or-Chef's Choice -or- Pancake Pup w/ Pork Sausage -or-Chef's Choice -or-Chef's Choice Chicken Pasta Alfredo w/ Garlic Chef's Choice Lemon Pepper Chicken Wings w/ Beef Burrito Cheeseburger w/ Tater Tots -or- Beef & Pork Pepperoni Pizza Breadstick Cornbread (🍇) -or- Teriyaki Chicken Legs -or- Cheese Pizza 🚺 -or- Spicy Chicken Sandwich -or Chef's Choice w/ Chow Mein 🛞 -or- Beef CrispUps -or- Spicy Chicken Wrap - or- Roasted Turkey Sandwich -or- Chicken Caesar Salad -or- Chicken Caesar Salad -or- Spicy Chicken Wrap Side: Harvest Cheddar Sun Chips Side: House Salad Side: House Salad Side: Various Vegetable Juice Side: House Salad Select Sites - Additional Menu Items All meals include: Fat-free, low-fat or lactose-free milk choices. Alternating Weekly: Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. Week of 1/20 (M-F): thecentralkitchen.org Lunch options: Listed entrée or a Sunbutter Sandwich SOIL BORN FARMS Southwest Chicken Salad High School Menu meal with sides. Week of 1/27 (M, W, F): Soil Born Farms organic Various seasonal fruit offerings available for