

February 2025

Elementary K-8

Freshly Prepared by the Central Kitchen



All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. 🌱

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides. 🌱

Various seasonal fruit offerings available for breakfast and lunch. 🌱

Vegetarian: 🌱



Soil Born Farms organic lettuces featured on the salad bar weekly.

Monday

3

Turkey Breakfast Square
Side: Various Vegetable Juice

Beef Chili Fries 🌱
-or- Bean & Cheese Pupusa 🌱

Side: Cheez-Its
Side: Sour Cream

Tuesday

4

Strawberry Breakfast Parfait 🌱 🌱
Beef Crisp Ups
-or- Bean & Cheese Burrito 🌱

Side: Refried Beans

Wednesday

5

Chicken Chili Crispito
Side: Salsa Picante, Mild
Side: Various Vegetable Juice

BBQ Pulled Pork Sandwich 🌱
-or- Kickin Patty Sandwich 🌱

Thursday

6

Ham & Cheese Croissant
Mac & Cheese 🌱
-or- Kickin Nuggets 🌱

Side: Garlic Breadstick

Friday

7

Pork Pancake Pup w/ Syrup Cup
Side: Various Vegetable Juice

Deep Dish Pepperoni Pizza
-or- Deep Dish Cheese Pizza 🌱

Side: Various Vegetable Juice

11

Pancake Pork Breakfast Bites w/ Syrup Cup

Beef Soft Taco
-or- Bean & Cheese Burrito

Side: Tortilla Chips 🌱

12

Chicken Chili Crispito
Side: Salsa Picante, Mild
Side: Various Vegetable Juice

Teriyaki Chicken Legs 🌱
-or- Kickin Patty Sandwich 🌱

Side: Savory Wheat Crackers

13

Plain Bagel w/ Cream Cheese 🌱

Mandarin Orange Chicken
-or- Kickin Nuggets 🌱

Side: Chow Mein

14

French Toast Sticks w/ Syrup Cup
Side: Various Vegetable Juice

Heart Shaped Chicken Nuggets
-or- Cheese Pizza 🌱

Side: Heart Shaped Tortilla Chips



sucre

Join us for breakfast and grab a box of 100% pure white grape juice - no added sugar

18

Chicken Chili Crispito

Side: Salsa Picante, Mild

Beef Crisp Ups
-or- Bean & Cheese Burrito

Side: Refried Beans

19

Strawberry Breakfast Parfait

Side: Various Vegetable Juice

BBQ Pulled Pork Sandwich
-or- Kickin' Patty Sandwich

20

Mini Strawberry Bagel

Mac & Cheese
-or- Kickin' Nuggets

Side: Garlic Breadstick

21

Pork Pancake Pup w/ Syrup Cup

Side: Various Vegetable Juice

Chicken Chili Crispito
-or- Cheese Pizza

24

Turkey Breakfast Square

Side: Various Vegetable Juice

Homestyle Chicken Strips
-or- Bean & Cheese Pupusa

Side: BBQ Sauce Cup

25

Pancake Pork Breakfast Bites w/
Syrup Cup

Beef Soft Taco
-or- Bean & Cheese Burrito

Side: Tortilla Chips

26

Chicken Chili Crispito

Side: Salsa Picante Mild
Side: Various Vegetable Juice

Teriyaki Chicken Legs
-or- Kickin' Patty Sandwich

Side: Savory Wheat Crackers

27

French Toast Sticks w/ Syrup Cup

Sweet & Sour Chicken
-or- Kickin' Nuggets

Side: Chow Mein

28

Plain Bagel w/ Cream Cheese

Maple Chip Pancakes and Turkey
Sausage w/ Syrup Cup
-or- Cheese Pizza

Side: Various Vegetable Juice



Nutrition Services
916-395-5600
thecentralkitchen.org

This institution is an equal opportunity provider.
Menus subject to change.

@thecentralkitchensac
The Central Kitchen - SCUSD
Nutrition Services

Sucre Farms, founded by Clarksburg farmer David Ogilvie, grows the grapes that go into Sucre White Grape Juice—created especially for our students. Produced just 15 miles south of our Central Kitchen, this juice is made from 100% locally grown grapes with no added sugar. It's a bright, naturally sweet start to the day. Grab a box at breakfast and make the day a little tastier!

