

# January 2025

## Elementary K-8

Freshly Prepared by the Central Kitchen



All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. 🌱

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides. 🌱

Various seasonal fruit offerings available for breakfast and lunch. 🌱

Vegetarian: 🌱



Soil Born Farms organic lettuces featured on the salad bar weekly.

### Monday

6

Ham & Cheese Croissant

Side: Strawberry Banana Yogurt Smoothie

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Beef & Pork Pepperoni Pizza  
-or- Cheese Pizza 🌱

Side: Various Vegetable Juice

### Tuesday

7

Turkey Breakfast Square

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Mandarin Chicken  
-or- Cheese Pocket 🌱

Side: Marinara Dipping Sauce Cup  
Side: Brown Rice

### Wednesday

8

Chicken Chili Crispito

Side: Salsa Picante, Mild  
Side: Various Vegetable Juice  
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Chicken Corn Dog with Ketchup Cup  
-or- Kickin' Patty Sandwich 🌱

Side: Tater Tots

### Thursday

9

Turkey Breakfast Sandwich 🌱

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Beef Crisp Ups  
-or- Bean & Cheese Burrito 🌱

Side: Tortilla Soup 🌱  
Side: Tortilla Chips

### Friday

10

Garlic Cheese Toast 🌱

Side: Variety Vegetable Juice  
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BBQ Pulled Pork Sandwich  
-or- Kickin' Tenders  
Side: Various Vegetable Juice 🌱  
Side: Mac & Cheese 🌱

13

Pork Pancake Pup with Syrup Cup

Side: Strawberry Banana Yogurt Smoothie  
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Cheese Quesadilla with Red Sauce  
-or-  
Cheese Pocket 🌱

Side: Marinara Dipping Sauce Cup

14

Plain Bagel with Cream Cheese 🌱

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Pork Carnitas Tacos 🌱  
-or- Bean & Cheese Burrito 🌱

15

Chicken Chili Crispito

Side: Salsa Picante, Mild  
Side: Various Vegetable Juice  
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-Beef Bolognese Pasta 🌱  
-or- Garlic Cheese Toast

Side: Garlic Bread Stick

16

Chicken Breakfast Sandwich

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Popcorn Chicken  
-or- Kickin' Tenders 🌱

Side: Mashed Potatoes  
Side: Biscuit

17

Maple Chip Pancakes with Syrup Cup 🌱  
Side: Various Vegetable Juice  
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Cheeseburger  
-or- Cheese Pizza 🌱

Side: Various Vegetable Juice

20

# Holiday

21

Turkey Sausage Square  
---  
Chef's Choice  
-or- Cheese Pocket 🌿  
  
Side: Marinara Dipping 🌿  
Sauce Cup

22

Chicken Chili Crispito  
  
Side: Salsa Picante  
Side: Various Vegetable Juice  
---  
Chef's Choice  
-or- Kickin' Patty 🌿  
  
Side: Potato Wedges

23

Turkey Breakfast Sandwich  
---  
Chef's Choice  
-or- Bean & Cheese Burrito 🌿  
  
Side: Tortilla Soup 🍲  
Side: Tortilla Chips

24

Garlic Cheese Toast 🌿  
Side: Various Vegetable Juice  
---  
Chef's Choice  
-or- Cheese Pizza 🌿  
  
Side: Various Vegetable Juice

27

Turkey Sausage Square  
  
Side: Various Vegetable Juice  
---  
Homestyle Chicken Strips with  
BBQ Sauce Cup  
-or-  
Bean & Cheese Burrito 🌿

28

Breakfast Pork Sausage Bites w/  
Syrup Cup  
---  
Beef Soft Tacos  
-or- Bean & Cheese Burrito 🌿  
  
Side: Tortilla Chips

29

Chicken Chili Crispito  
  
Side: Salsa Picante Mild  
Side: Various Vegetable Juice  
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Teriyaki Chicken Legs 🍲  
-or- Kickin' Patty Sandwich 🌿  
  
Side: Brown Rice

30

Plain Bagel w/Cream Cheese 🌿  
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Sweet & Sour Chicken  
-or- Kickin' Nuggets 🌿  
  
Side: Chow Mein 🍲

31

French Toast Sticks w/ Syrup Cup  
Side: Various Vegetable Juice  
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Beef & Pork Pepperoni Pizza  
-or- Cheese Pizza 🌿



**Nutrition Services**  
916-395-5600  
This institution is an  
equal opportunity  
provider. Menus subject  
to change.

[thecentralkitchen.org](http://thecentralkitchen.org)

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The Central Kitchen - SCUSD  
Nutrition Services



NATIONAL  
FARM TO SCHOOL  
NETWORK

Bee Sweet Citrus grows blood oranges that are bright, sweet, and bursting with flavor, making them a perfect snack. These juicy treats provide a healthy dose of Vitamin C and can make you feel sunny and cheerful after every bite!

