

Menu subject to change without notice.

Sacramento City Unified School District  
 Preschool Menu: 10/01/2024 - 10/04/2024

		Tuesday 10/01	Wednesday 10/02	Thursday 10/03	Friday 10/04
BREAKFAST		Beef Breakfast Square Fresh Mandarins 1% Unflavored Milk	WG Crispito (C) Canned Fruit 1% Unflavored Milk	Turkey Sausage Patty & Egg & Cheese Breakfast Croissant Canned Fruit 1% Unflavored Milk	French Toast Sticks Fresh Sliced Apples 1% Unflavored Milk
LUNCH		Teriyaki Chicken Brown Rice Chopped Romaine Canned Fruit Ranch Dressing 1% Unflavored Milk	Kickin Patty Sandwich (V) Potato Wedges Ketchup Cup Fresh Cucumber Coins Bagged Pineapple Ranch Dressing 1% Unflavored Milk	Crispy Beef Taco (1 ea) Tortilla Soup Fresh Sliced Apples Refried Beans 1% Unflavored Milk	WG Cheese Pizza (V) Fresh Cucumber Coins Bagged Pineapple Ranch Dressing 1% Unflavored Milk
SNACK	COMP 55				
SNACK	COMP 55				
SNACK	COMP 55	Graham Crackers Various, Fruit Cup	Various Flavor, Yogurt Goldfish Crackers	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk

Menu Key  
 P = Contains pork B = Contains  
 beef C = Contains chicken or  
 turkey N = Contains nuts

D = Contains dairy  
 V = Vegetarian food item  
 S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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Sacramento City Unified School District  
Preschool Menu: 10/07/2024 - 10/11/2024

	Monday 10/07	Tuesday 10/08	Wednesday 10/09	Thursday 10/10	Friday 10/11
BREAKFAST	French Toast Sticks Graham Crackers Straw-Banana Smoothie Canned Fruit 1% Unflavored Milk	WG Plain Bagel w/ Cream Cheese (D,V) Fresh Mandarins 1% Unflavored Milk	WG Crispito (C) Canned Fruit 1% Unflavored Milk	WG Cereal, Various Flavor Graham Cracker Fresh Bosc Pears 1% Unflavored Milk	Pancakes Maple Chip Fresh Sliced Apples 1% Unflavored Milk
LUNCH	Bean & Cheese Burrito (D,V) Canned Corn Fresh Mandarins 1% Unflavored Milk	Cheese Pizza Pocket (D,V) Marinara Sauce Cup Chopped Romaine Canned Fruit Ranch Dressing 1% Unflavored Milk	Pasta Alfredo w/ Chicken Fresh Cucumber Coins Bagged Pineapple Ranch Dressing 1% Unflavored Milk	WG Popcorn Chicken Smackers (C) WG Biscuit Mashed Potatoes Fresh Sliced Apples 1% Unflavored Milk	Cheese Pizza Fresh Cucumber Coins Bagged Pineapple Ranch Dressing 1% Unflavored Milk
SSALAD BAR					
SNACK	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavor 1% Unflavored Milk	Various Flavor, Yogurt Goldfish Crackers	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk

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**Sacramento City Unified School District  
Preschool Menu: 10/14/2024 - 10/18/2024**

	<b>Monday 10/14</b>	<b>Tuesday 10/15</b>	<b>Wednesday 10/16</b>	<b>Thursday 10/17</b>	<b>Friday 10/18</b>
<b>BREA KFAST</b>	WG Cereal, Various Flavors Straw-Banana Smoothie Graham Crackers Canned Fruit 1% Unflavored Milk	Beef Breakfast Square Fresh Mandarins 1% Unflavored Milk	WG Crispito (C) Canned Fruit 1% Unflavored Milk	Turkey Sausage Patty & Egg & Cheese Breakfast Croissant Fresh Mandarins 1% Unflavored Milk	French Toast Sticks Fresh Sliced Apples 1% Unflavored Milk
<b>LUNCH</b>	Kickin Tenders (3 each) (V) BBQ Sauce Cup Mac & Cheese Canned Corn Fresh Mandarins 1% Unflavored Milk	Mandarin Orange Chicken Brown Rice Chopped Romaine Canned Fruit Ranch Dressing 1% Unflavored Milk	Kickin Patty Sandwich (V) Potato Wedges Ketchup Cup Fresh Cucumber Coins Bagged Pineapple Ranch Dressing 1% Unflavored Milk	Crispy Beef Tacos (1 ea) Fresh Sliced Apples Refried Beans 1% Unflavored Milk	WG Cheese Pizza (V) Fresh Cucumber Coins Bagged Pineapple Ranch Dressing 1% Unflavored Milk
<b>SSALAD BAR</b>					
<b>COMP</b>					
<b>SNACK</b>	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk	Various Flavor, Yogurt Goldfish Crackers	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk
<p><u>Menu Key</u> P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts</p>			<p>D = Contains dairy V = Vegetarian food item S = Fish or seafood</p>		<p>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th &amp; Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>

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Sacramento City Unified School District  
 Preschool Menu: 10/21/2024 - 10/25/2024

	Monday 10/21	Tuesday 10/22	Wednesday 10/23	Thursday 10/24	Friday 10/25
BREAKFAST	WG Cereal, Various Flavor Graham Crackers Straw-Banana Smoothie Canned Fruit 1% Unflavored Milk	WG Plain Bagel w/ Cream Cheese (D,V) Fresh Mandarins 1% Unflavored Milk	WG Crispito (C) Canned Fruit 1% Unflavored Milk	WG Cereal, Various Flavor Graham Crackers Fresh Bosc Pears 1% Unflavored Milk	Maple Chip Pancakes Fresh Sliced Apples 1% Unflavored Milk
LUNCH	Bean & Cheese Burrito (D,V) Canned Corn Fresh Mandarins 1% Unflavored Milk	Cheese Pizza Pocket (D,V) Marinara Sauce Cup Chopped Romaine Canned Fruit Ranch Dressing 1% Unflavored Milk	Beef Bolognese Pasta Fresh Broccoli Bagged Pineapple Ranch Dressing 1% Unflavored Milk	WG Popcorn Chicken Smackers (C) WG Biscuit Mashed Potatoes Fresh Sliced Apples Fresh Matchstick Carrots 1% Unflavored Milk	Cheese Pizza (V) Canned Fruit Bagged Pineapple 1% Unflavored Milk
SNACK					
COMP					
ADDITIONAL BAR	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk	Various Flavor, Yogurt Goldfish Crackers	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk

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Sacramento City Unified School District  
 Preschool Menu: 10/28/2024 - 10/31/2024

	Monday 10/28	Tuesday 10/29	Wednesday 10/30	Thursday 10/31	
BREA KFAST	WG Cereal, Various Flavors Straw-Banana Smoothie Graham Crackers Fresh Fruit or Canned Fruit 1% Unflavored Milk	Beef Breakfast Square Fresh Fruit or Canned Fruit 1% Unflavored Milk	WG Crispito (C) Fresh Fruit or Canned Fruit 1% Unflavored Milk	Turkey Sausage Patty & Egg & Cheese Breakfast Croissant Fresh Fruit or Canned Fruit 1% Unflavored Milk	
LUNCH	Kickin Tenders (3 each) (V) BBQ Sauce Cup Mac & Cheese Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk	Mandarin Orange Chicken Brown Rice Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk	Kickin Patty Sandwich Potato Wedges Ketchup Cup Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk	Crispy Beef Tacos (1 ea) Fresh Fruit or Canned Fruit Refried Beans 1% Unflavored Milk	
SSALAD BAR					
SNACKCOMP	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk	Various Flavor, Yogurt Goldfish Crackers	Graham Crackers Various Flavor, Yogurt	
<p>Menu Key            P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts</p>			<p>D = Contains dairy            V = Vegetarian food item            S = Fish or seafood</p>		<p>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th &amp; Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>