



NATIONAL  
FARM to SCHOOL  
NETWORK



Dragonberry®  
PRODUCE

This month the Central Kitchen is excited for you to discover the vibrant and crisp **Organic Hidden Rose Apple from Dragonberry Farms**, a rare heirloom variety celebrated for its striking pink color on the inside and subtle balance of sweet and tart flavors. Grown sustainably, this apple is gorgeous and brings a naturally sweet bite the salad bar.

Monday

Tuesday

Wednesday

Thursday

Friday

All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. 🌱

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides. 🌱

Various seasonal fruit offerings available for breakfast and lunch. 🌱

Vegetarian: 🌱



Soil Born Farms organic lettuces featured on the salad bar weekly.

# November 2024 Elementary K-8

1

Garlic Cheese Toast 🌱  
Side: Various Vegetable Juice  
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Beef & Pork Pepperoni Pizza  
-or- Cheese Pizza 🌱  
Side: Various Vegetable Juice

4

Pork Pancake Pup with Syrup Cup  
Side: Strawberry Banana Yogurt Smoothie  
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Cheese Quesadilla 🌱 with Red Sauce  
-or-  
Bean & Cheese Burrito 🌱

5

Plain Bagel with Cream Cheese  
---  
Breaded Chicken Drumstick  
-or- Cheese Pocket 🌱  
🌱 Side: Mac & Cheese  
Side: Marinara Dipping Sauce Cup

6

Chicken Chili Crispito  
Side: Salsa Picante  
Side: Various Vegetable Juice  
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Pasta Alfredo with Chicken  
-or- Pasta Alfredo without Chicken 🌱  
Side: Garlic Bread Stick

7

Chicken Biscuit Breakfast Sandwich  
---  
Popcorn Chicken  
-or- Kickin' Tenders 🌱  
Side: Mashed Potatoes & Chicken Gravy  
Side: Buttermilk Biscuit

8

Maple Chip Pancakes with Syrup Cup  
Side: Various Vegetable Juice  
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Cheeseburger  
-or- Cheese Pizza 🌱  
Side: Seasoned Potato Wedges  
Side: Various Vegetable Juice



11



12

Turkey Sausage Square  
---  
Mandarin Chicken Bowl  
-or- Cheese Pocket

Side: Marinara Dipping Sauce Cup  
Side: Brown Rice

13

Chicken Chili Crispito  
Side: Salsa Picante, Mild  
Side: Various Vegetable Juice  
---  
Chicken Corn Dog with Ketchup Cup  
-or- Kickin' Patty Sandwich

Side: Potato Wedges

14

Turkey Breakfast Sandwich  
---  
Beef Crisp Ups  
-or- Bean & Cheese Burrito

Side: Tortilla Soup  
Side: Tortilla Chips

15

Garlic Cheese Toast   
---  
Beef & Pork Pepperoni Pizza  
-or- Cheese Pizza

Side: Various Vegetable Juice

18

Pork Pancake Pup with Syrup Cup  
Side: Strawberry Banana Yogurt Smoothie  
---  
Cheese Quesadilla with Red Sauce  
-or-  
Cheese Pocket

Side: Marinara Dipping Sauce Cup

19

Plain Bagel with Cream Cheese   
---  
Pork Carnitas Tacos  
-or- Bean & Cheese Burrito

20

Chicken Chili Crispito  
Side: Salsa Picante, Mild  
Side: Various Vegetable Juice  
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**WINTER FEAST DAY!**  
Pineapple Glazed Ham   
-or- Garlic Cheese Toast

Side: Fresh Spring Mix Salad with Balsamic Vinaigrette  
Side: Sourdough Dinner Roll  
Side: Roasted Butternut Squash

21

Chicken Biscuit Breakfast Sandwich  
---  
Popcorn Chicken  
-or- Kickin' Tenders

Side: Mashed Potatoes & Chicken Gravy  
Side: Buttermilk Biscuit

22

Maple Chip Pancakes with Syrup Cup  
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Cheeseburger  
-or- Cheese Pizza

Side: Seasoned Potato Wedges  
Side: Various Vegetable Juice

## Wednesday Nov. 20th

Celebrate the season with **Winter Feast Day** with a delicious spread, starting with a fresh spring mix salad with balsamic vinaigrette, served with our entree of **pineapple-glazed ham**, slow-roasted to perfection. Pair it with our **freshly baked sourdough dinner rolls**, and our **roasted butternut squash**.



Nutrition Services  
916-395-5600

This institution is an equal opportunity provider. Menus subject to change.



@thecentralkitchenSCUSD



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