




November 2024



thecentralkitchen.org
High School Menu

Freshly Prepared by the Central Kitchen 

Monday Tuesday Wednesday Thursday Friday



BREAKFAST

Beef Breakfast Square
-or- Fresh Variety Bagel
w/ Cream Cheese 
Side: Strawberry Banana
Smoothie 


Chicken Chili Crispito
w/ Molcajete Salsa
-or-  Fresh Baked
Variety Muffin 
Side: Various Vegetable Juice
Side: Dried Cherries




Pancake Pup w/ Pork
Sausage
-or- Ham & Cheese
Croissant
Side: Various Vegetable
Juice




Chicken Chili Crispito w/
Molcajete Salsa
-or- Fresh Variety Bagel
w/ Cream Cheese 
Side: Dried Cherries
Side: Various Vegetable
Juice


Ham & Cheese Croissant
-or-  Fresh Baked
Variety Muffin 
Side: Various Vegetable
Juice

LUNCH

Mandarin Chicken Bowl with
Fresh Vegetables
-or- Chicken Strip Meal w/
Seasoned Wedges
-or- Kickin Tenders Meal 
-or- Spicy Chicken Wrap
Side: Various Vegetable
Juice


Spicy Chicken Sandwich w/
Seasoned Wedges
-or-  Carnitas Burrito
-or-  Roasted Turkey
Sandwich
Side:  Yakisoba Noodle
Salad
w/ Sesame Dressing


Chicken Pasta Alfredo w/
Garlic Breadstick
-or-  Grilled Cheese w/
Tortilla Soup
-or- Beef & Pork Pepperoni
Pizza
-or- Cheese Pizza 
Side:  Yakisoba Noodle
Salad
w/ Sesame Dressing


Cheeseburger w/ Seasoned
Wedges
-or- Corn Dog w/ Seasoned
Wedges
-or- Spicy Chicken Wrap
Side:  Yakisoba Noodle
Salad
w/ Sesame Dressing


Chicken Chili Crispito w/
Molcajete Salsa &
Sour Cream
-or-  Mac & Cheese
Chicken Bowl
-or-  Roasted Turkey
Sandwich
Side: Harvest Cheddar
Sun Chips
Side:  Local Seasonal
Side Salad



All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. 

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides. 

Various seasonal fruit offerings available for breakfast and lunch. 

Vegetarian: 

Soil Born Farms organic lettuces featured in local Seasonal Side Salads

WEDNESDAY 11/20
Winter Feast!
Pineapple Glazed Ham Steak
Sourdough Dinner Roll
Roasted Butternut Squash

Select Sites - Additional Menu Items
Alternating Weekly:
Week of 11/11 & 10/28/ (M-F):
 Southwest Chicken Salad
Week of 11/4 & 11/18 (M, T, Th, F):
 Chicken Caesar Salad;
(W): Spicy Chicken Wrap 

FRIDAY 11/15
Mango Habanero
Chicken Legs