

Menu subject to change without notice.

Sacramento City Unified School District
 Preschool Menu:
 9/02/2024 - 9/06/2024

	Monday 9/02	Tuesday 9/03	Wednesday 9/04	Thursday 9/05	Friday 9/06
BREA KFAST	Holiday	Whole Grain Cereal Graham Crackers Fresh Banana 1% Unflavored Milk	WG Crispito Canned Fruit 1% Unflavored Milk	Turkey Sausage Patty & Egg & Cheese Breakfast Croissant Fresh Orange Slices 1% Unflavored Milk	Garlic Cheese Toast Fresh Sliced Apples 1% Unflavored Milk
LUNCH		Teriyaki Chicken Brown Rice Fresh Orange Slices Fresh Cucumber Coins 1% Unflavored Milk	Kickin Patty Sandwich Potato Wedges Ketchup Cup Fresh Watermelon Slices Chopped Romaine Ranch Dressing 1% Unflavored Milk	Crispy Beef Tacos (1 ea) Tortilla Soup Fresh Sliced Apples Canned Corn 1% Unflavored Milk	WG Cheese Pizza Fresh Watermelon Slices Chopped Romaine Ranch Dressing 1% Unflavored Milk
SSALAD BAR					
SNACKCOMP					
BAR		Graham Crackers Various, Fruit Cup	Yogurt Goldfish Crackers	Graham Crackers Various Flavor, Yogurt	WG Cereal, Various Flavors 1% Unflavored Milk

Menu Key
 P = Contains pork B = Contains
 beef C = Contains chicken or
 turkey N = Contains nuts

D = Contains dairy
 V = Vegetarian food item
 S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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Sacramento City Unified School District
Preschool Menu: 9/09/2024 - 9/13/2024

	Monday 9/09	Tuesday 9/10	Wednesday 9/11	Thursday 9/12	Friday 9/13
BREAKFAST	WG Cereal, Various Flavor Graham Crackers Straw-Banana Smoothie Fresh Fruit or Canned 1% Unflavored Milk	WG Plain Bagel w/ Cream Cheese (D) Fresh Fruit or Canned 1% Unflavored Milk	WG Crispito (C) Fresh Fruit or Canned 1% Unflavored Milk	Chicken Breakfast Sandwich (D,C) Fresh Fruit or Canned 1% Unflavored Milk	Maple Chip Pancakes Fresh Fruit or Canned 1% Unflavored Milk
LUNCH	Bean & Cheese Burrito (D,V) Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk	Cheese Pizza Pocket (D,V) SIDE: Marinara Sauce Cup Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk	Alfredo Pasta w/ Chicken (D,C) Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk	WG Popcorn Chicken Smackers (C) WG Biscuit Mashed Potatoes w/ Chicken Gravy Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk	Cheeseburger (D,B) Potato Wedges Ketchup Cup Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk
SNACK					
COMP					
AD					
BAR					
SNACK	WG Cereal, Various Flavors 1% Unflavored Milk	Graham Crackers Various, Fruit Cup	Various Flavor, Yogurt Goldfish Crackers	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk

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Sacramento City Unified School District
 Preschool Menu: 9/16/2024 - 9/20/2024

	Monday 9/16	Tuesday 9/17	Wednesday 9/18	Thursday 9/19	Friday 9/20
BREA KFAST	Ham & Cheese Croissant WG (P) Straw-Banana Smoothie Fresh Fruit or Canned Fruit 1% Unflavored Milk	WG Cereal, Various Flavors Graham Crackers Fresh Fruit or Canned Fruit 1% Unflavored Milk	WG Crispito Fresh Fruit or Canned Fruit 1% Unflavored Milk	Turkey Sausage Patty & Egg & Cheese Breakfast Croissant Fresh Fruit or Canned Fruit 1% Unflavored Milk	Garlic Cheese Toast Fresh Fruit or Canned Fruit 1% Unflavored Milk
LUNCH	WG Chicken Strips (3 each) BBQ Sauce Cup Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk	Teriyaki Chicken Brown Rice Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk	Kickin Patty Sandwich Potato Wedges Ketchup Cup Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk	Crispy Beef Tacos (1 ea) Tortilla Soup Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk	WG Cheese Pizza Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk
SSALAD BAR					
SNACKCOMP	WG Cereal, Various Flavors 1% Unflavored Milk	Graham Crackers Various, Fruit Cup	Yogurt Goldfish Crackers	Graham Crackers Various Flavor, Yogurt	WG Cereal, Various Flavors 1% Unflavored Milk
<p>Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts</p>			<p>D = Contains dairy V = Vegetarian food item S = Fish or seafood</p>		
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Sacramento City Unified School District
 Preschool Menu: 9/23/2024 - 9/27/2024

	Monday 9/23	Tuesday 9/24	Wednesday 9/25	Thursday 9/26	Friday 9/27
BREAKFAST	WG Cereal, Various Flavor Graham Crackers Straw-Banana Smoothie Fresh Fruit or Canned 1% Unflavored Milk	WG Plain Bagel w/ Cream Cheese (D) Fresh Fruit or Canned 1% Unflavored Milk	WG Crispito (C) Fresh Fruit or Canned 1% Unflavored Milk	Chicken Breakfast Sandwich (D,C) Fresh Fruit or Canned 1% Unflavored Milk	Maple Chip Pancakes Fresh Fruit or Canned 1% Unflavored Milk
LUNCH	Bean & Cheese Burrito (D,V) Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk	Cheese Pizza Pocket (D,V) SIDE: Marinara Sauce Cup Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk	Beef Bolognese Pasta (D,C) Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk	WG Popcorn Chicken Smackers (C) WG Biscuit Mashed Potatoes w/ Chicken Gravy Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk	Cheeseburger (D,B) Potato Wedges Ketchup Cup Fresh Vegetable Fresh Fruit: Chefs Choice 1% Unflavored Milk
SNACK					
COMP					
AD					
BAR					
SNACK	WG Cereal, Various Flavors 1% Unflavored Milk	Graham Crackers Various, Fruit Cup	Various Flavor, Yogurt Goldfish Crackers	Graham Crackers Various, Fruit Cup	WG Cereal, Various Flavors 1% Unflavored Milk

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Sacramento City Unified School District
Preschool Menu: 9/30/2024

Monday 9/30					
BREA	KFAST	Ham & Cheese Croissant WG (P) Straw-Banana Smoothie Fresh Fruit or Canned Fruit 1% Unflavored Milk			
LUNCH		WG Chicken Strips (3 each) BBQ Sauce Cup Fresh Fruit or Canned Fruit Fresh Vegetable 1% Unflavored Milk			
SNACK	COMP				
	SSA				
	LAD				
	BAR				
		WG Cereal, Various Flavors 1% Unflavored Milk			
<p><u>Menu Key</u> P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts</p>			<p>D = Contains dairy V = Vegetarian food item S = Fish or seafood</p>		<p>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>