

Monday

Tuesday

Wednesday

Thursday

Friday

September 2024

Elementary K-8

All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. 🌱

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides. 🌱

Vegetarian: 🌱



Soil Born Farms organic lettuces featured on the salad bar weekly.

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3

Beef Breakfast Square

Teriyaki Chicken Bowl
-or- Cheese Pocket 🌱
Side: Marinara Dipping Sauce Cup

4

Chicken Chili Crispito
🌱 Side: CK Red Salsa

Chicken Corn Dog with Ketchup Cup
-or- Kickin' Patty Sandwich 🌱
Side: Potato Wedges

5

🌱 Turkey Breakfast Sandwich

Beef Crisp Ups
-or- Bean & Cheese Burrito 🌱
🌱 Side: Tortilla Soup
Side: Tortilla Chips

6

Garlic Cheese Toast 🌱

Beef & Pork Pepperoni Pizza
-or- Cheese Pizza 🌱
Side: Variety Vegetable Juice

9

Pork Pancake Pup with Syrup Cup
Side: Strawberry Banana Yogurt Smoothie

Cheese Quesadilla 🌱 with Red Sauce
-or-
Bean & Cheese Burrito 🌱

10

Plain Bagel with Cream Cheese

Breaded Chicken Drumstick
-or- Cheese Pocket 🌱
🌱 Side: Mac & Cheese
Side: Marinara Dipping Sauce Cup

11

Chicken Chili Crispito
🌱 Side: CK Red Salsa

Pasta Alfredo with Chicken
-or- Pasta Alfredo without Chicken 🌱
Side: Garlic Bread Stick

12

Chicken Biscuit Breakfast Sandwich

Popcorn Chicken
-or- Kickin' Tenders 🌱
Side: Mashed Potatoes & Chicken Gravy
Side: Biscuit

13

Beef Breakfast Square

Cheeseburger
-or- Cheese Pizza 🌱
Side: Seasoned Potato Wedges
Side: Variety Vegetable Juice



16

Ham & Cheese Croissant
Side: Strawberry Banana Yogurt Smoothie

Homestyle Chicken Strips with BBQ Sauce Cup
Kickin' Tenders 🌿
🍷 Side: Mac & Cheese

17

Beef Breakfast Square

Teriyaki Chicken Bowl
-or- Cheese Pocket 🌿
Side: Marinara Dipping Sauce Cup

18

Chicken Chili Crispito
🍷 Side: CK Red Salsa

Chicken Corn Dog with Ketchup Cup
-or- Kickin' Patty Sandwich 🌿
Side: Potato Wedges

19

🍷 Turkey Breakfast Sandwich

Beef Crisp Ups
-or- Bean & Cheese Burrito 🌿
🍷 Side: Tortilla Soup
Side: Tortilla Chips

20

Garlic Cheese Toast 🌿

Beef & Pork Pepperoni Pizza
-or- Cheese Pizza 🌿
Side: Variety Vegetable Juice

23

Pork Pancake Pup with Syrup Cup
Side: Strawberry Banana Yogurt Smoothie

Cheese Quesadilla 🌿 with Red Sauce
-or-
Bean & Cheese Burrito

24

Plain Bagel with Cream Cheese 🌿

Breaded Chicken Drumstick
-or- Cheese Pocket 🌿
🍷 Side: Mac & Cheese 🌿
Side: Marinara Dipping Sauce Cup

25

Chicken Chili Crispito
🍷 Side: CK Red Salsa

🍷 CK Beef Bolognese Pasta
Side: Garlic Bread Stick

26

Chicken Biscuit Breakfast Sandwich

Popcorn Chicken
-or- Kickin' Tenders 🌿
Side: Mashed Potatoes & Chicken Gravy
Side: Biscuit

27

Beef Breakfast Square

Cheeseburger
-or- Cheese Pizza 🌿
Side: Seasoned Potato Wedges
Side: Variety Vegetable Juice

30

Ham & Cheese Croissant
Side: Strawberry Banana Yogurt Smoothie

Homestyle Chicken Strips with BBQ Sauce Cup
-or- Kickin' Tenders 🌿
🍷 Side: Mac & Cheese 🌿

Follow the food truck to the **2024 Farm-to-Fork Festival Sept. 21st** where proceeds from the food truck benefit SCUSD students and a preview of future Central Kitchen menu items!



Learn more at farmtofork.com



thecentralkitchen.org



@thecentralkitchensac

The Central Kitchen - SCUSD Nutrition Services

Nutrition Services
916-395-5600

This institution is an equal opportunity provider. Menus subject to change.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.



Vierra Farms - West Sacramento
Vierra Farms' produce is harvested for flavor, not for long-distance packing and shipping. Picked with freshness, nutrition and flavor in mind we can taste the difference in their sweet and crisp produce. Featured in season, their black watermelon – a true fan favorite – is a shining star on this month's salad bars.

