



Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST

Turkey Sausage Square
-or- Fresh Variety Bagel w/ Cream Cheese
Side: Strawberry Banana Smoothie
Side: Various Fruit Cup

Chicken Chili Crispito w/ Molcajete Salsa
-or- Fresh Baked Variety Muffin
Side: Various Juice

Pancake Pup w/ Pork Sausage
-or- Ham & Cheese Croissant
Side: Various Fruit Cup

Chicken Chili Crispito w/ Molcajete Salsa
-or- Fresh Variety Bagel w/ Cream Cheese
Side: Dried Cherries

Beef Breakfast Square w/ Gravy
-or- Fresh Baked Variety Muffin
Side: Various Fruit Cup

LUNCH

Teriyaki Chicken Bowl with Fresh Vegetables
-or- Chicken Strip Meal w/ Seasoned Wedges
-or- Kickin Tenders Meal
-or- Spicy Chicken Wrap
Side: Various Juice

Spicy Chicken Sandwich w/ Seasoned Wedges
-or- Beef Burrito
-or- Roasted Turkey Sandwich
Side: Yakisoba Noodle Salad w/ Sesame Dressing

Chicken Pasta Alfredo w/ Garlic Breadstick
-or- Grilled Cheese w/ Tortilla Soup
-or- Beef & Pork Pepperoni Pizza
-or- Cheese Pizza
Side: Yakisoba Noodle Salad w/ Sesame Dressing

Cheeseburger w/ Seasoned Wedges
-or- Corn Dog w/ Seasoned Wedges
-or- Spicy Chicken Wrap
Side: Yakisoba Noodle Salad w/ Sesame Dressing

Chicken Chili Crispito w/ Molcajete Salsa & Sour Cream
-or- Mac & Cheese Chicken Bowl
-or- Roasted Turkey Sandwich
Side: Harvest Cheddar Sun Chips

Select Sites - Additional Menu Items Alternating Weekly:

Week of 9/2 & 9/16 (M-F): Southwest Chicken Salad w/ Lime Dressing
Week of 9/9 & 9/23 (M, T, Th, F): Chicken Caesar Salad; (W): Spicy Chicken Wrap

Follow the food truck to the **2024 Farm-to-Fork Festival Sept. 21st** where proceeds from the food truck benefit SCUSD students and a preview of future Central Kitchen menu items!

Learn more at farmtofork.com



All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides.

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides.

Vegetarian:



Soil Born Farms organic lettuces featured in Local Seasonal Side Salads

thecentralkitchen.org



@thecentralkitchensac

The Central Kitchen - SCUSD Nutrition Services

Nutrition Services

916-395-5600

This institution is an equal opportunity provider. Menus subject to change.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.



FRIDAY FEATURE

Mango Habanero Chicken Legs with Corn Bread featured on 9/2 and 9/16