Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Options

Lunch Options

Chicken Breakfast Slider

Italian Turkey Sausage Square

Fresh Baked Jalapeño Cheddar **Bagel with Cream Cheese**

Chicken Chili Crispito

Fresh Baked Muffin 🔰

Parfait with Berries & Granola

Side - Peach Smoothie

Pancake Pup with Pork Sausage

Ham and Cheese Croissant

Fresh Baked Jalapeño Cheddar **Bagel with Cream Cheese**

Egg, Turkey Sausage and **Cheese Croissant**

Fresh Baked Muffin

Parfait with Berries & Granola

Chicken Chili Crispito

Italian Turkey Sausage Square

Fresh Baked Jalapeño Cheddar **Bagel with Cream Cheese**

Roasted Turkey Sandwich on Fresh Baked Baguette

Sweet & Sour Chicken Bowl with Fresh Vegetables

Chicken Strips with Seasoned Wedges C

Spicy Chicken Wrap

Parfait with Sunbutter Meal

Side - Juice

Comp5 High Schools: Chicken Ceasar Salad (**Spicy Chicken Sandwich** with Seasoned Wedges (

Beef Burrito

Freshly Prepared Beef Taco Bowl

Roasted Turkey Sandwich on Fresh Baked Baguette

Parfait with Sunbutter Meal 🤎

Comp5 High Schools: Chicken Ceasar Salad Chicken Pasta Alfredo (5/1, 5/15, 5/29

Freshly Prepared Mac & Cheese with Habanero Drumbsticks 5/8, 5/22

Double Corn Dog & Tater Tots

Chicken Ceasar Salad C

Parfait with Sunbutter Meal 🦃

Comp5 High Schools: Spicy Chicken Wrap C

Chicken Chili Crispito with Molcajete Salsa & Sour Cream

Beef and Pork Pepperoni Pizza

Cheese Pizza

Roasted Turkey Sandwich on Fresh Baked Baguette

Parfait with Sunbutter Meal 🧼

Side - SunChips 📦

Comp5 High Schools: Chicken Ceasar Salad

Specialty Burger with Bacon & Pepperjack Cheese with Seasoned Wedges

Freshly Prepared Beef Taco Bowl

Spicy Chicken Wrap

Parfait with Sunbutter Meal 💚

Comp5 High Schools: Chicken Ceasar Salad

All meals include: Fat-free, low-fat or lactose-free milk choices.

Whole Grain Cereal Varieties offered daily for breakfast

Vegetarian plant-based option available: ()

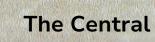
Vegetarian:



Assorted fresh fruits & vegetables, and side salads offered daily with lunch.







The Central Kitchen - SCUSD Nutrition Services

Nutrition Services 916-395-5600 This institution is an equal opportunity provider. Menus subject to change.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.





