

Monday

Tuesday

Wednesday

Thursday

Friday

May 2024

All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides. 🌱

Lunch options: Listed entrée or a Sunbutter Sandwich meal with sides. 🌱

Vegetarian: 🌱

CENTRAL KITCHEN

1

Chicken Chili Crispito w/ Salsa ---
Freshly Prepared Beef Soft Taco -or- Quesadilla w/ Red Sauce 🌱

2

Freshly Prepared Turkey Sausage & Egg Croissant ---
Mini Chicken Corn Dogs -or- French Bread Pizza 🌱

3

Garlic Cheese Toast ---
Beef & Pork Pepperoni Pizza -or- Cheese Pizza 🌱
Side: Sweet & Salty Popcorn

6

Pork Pancake Pup w/ Syrup 🌱 ---
Popcorn Chicken Bowl -or- Kick'n Tenders 🌱
Side: Mashed Potatoes

7

Breakfast Chicken Sliders
Side: Peach Smoothie 🌱 ---
Sweet & Sour Chicken -or- Cheese Pocket w/ Marinara Cup
Side: Hawaiian Brown Rice

8

Chicken Chili Crispito w/ Salsa ---
Pasta Alfredo with or w/o 🌱 Chicken
Side: Whole Grain Breadsticks

9

Parfait with Berries & Granola 🌱 ---
French Bread Pizza 🌱 -or- Quesadilla w/ Red Sauce

10

Maple Pancakes 🌱 ---
Cheeseburger -or- Cheese Pizza
Side: Variety Vegetable Juice

13

Breakfast Pizza ---
Homestyle Chicken Strips -or- Kick'n Tenders 🌱
Side: Mashed Potatoes

14

Bagel & Strawberry Cream Cheese 🌱
Side: Peach Smoothie ---
Chicken Patty Sandwich -or- Cheese Pocket w/ Marinara Cup
Side: Hawaiian Brown Rice

15

Chicken Chili Crispito w/ Salsa ---
Freshly Prepared Beef Soft Tacos

16

Freshly Prepared Turkey Sausage & Egg Croissant ---
Mini Chicken Corn Dogs -or- French Bread Pizza 🌱

17

Garlic Cheese Toast ---
Beef & Pork Pepperoni Pizza -or- Cheese Pizza 🌱
Side: Vegetable Juice Variety

Monday

Tuesday

Wednesday

Thursday

Friday

20

Pork Pancake Pup w/ Syrup

Popcorn Chicken Bowl
-or- Kick'n Tenders 🌿

Side: Mashed Potatoes

21

Breakfast Chicken Sliders

Side: Peach Smoothie

Orange Chicken
-or- Cheese Pocket
w/ Marinara Cup 🌿

Side: Hawaiian Brown Rice

22

Chicken Chili Crispito
w/ Salsa

Pasta Alfredo with or w/o 🌿
Chicken

Side: Whole Grain Breadstick

23

Parfait with Berries & Granola

French Bread Pizza 🌿

24

Maple Pancakes

Cheese Burger
-or- Cheese Pizza 🌿

Side: Vegetable Juice Variety

27

HOLIDAY

28

Bagel with Strawberry
Cream Cheese 🌿

Side: Peach Smoothie

Chicken Patty Sandwich
-or- Cheese Pocket
w/ Marinara Cup

29

Chicken Chili Crispito
w/ Salsa

Freshly Prepared
Beef Soft Taco
-or- Quesadilla
w/Red Sauce 🌿

30

Freshly Prepared
Turkey Sausage & Egg
Croissant

Mini Chicken Corn Dogs
-or- French Bread Pizza 🌿

31

Garlic Cheese Toast

Beef & Pork Pepperoni Pizza
-or- Cheese Pizza 🌿

Side: Sweet & Salty Popcorn



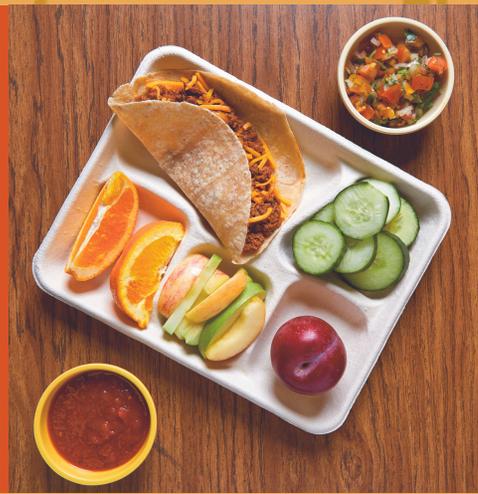
@thecentralkitchensac

The Central Kitchen - SCUSD Nutrition Services

Nutrition Services
916-395-5600

This institution is an equal opportunity provider. Menus subject to change.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.



Beef Soft Tacos

Dig into our freshly prepared Beef Soft Tacos, made especially for you! Served with sides of fresh fruit, salsa and red sauce.