

Menu subject to
change without notice.

Sacramento City Unified School District Preschool Menu: 12/1/2023

					Friday 12/1
BREAKFAST					Gravy Breakfast Pizza Fresh Banana 1% Unflavored Milk
LUNCH					Kickin' Nuggets BBQ Sauce Cup Green Beans Fresh Orange Smiles 1% Unflavored Milk
SALAD BAR					
SNACK					WG Honey Bunny Grahams 1% Unflavored Milk
COMP 5					
SUPPER					
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts D = Contains dairy V = Vegetarian food item S = Fish or seafood			The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.		

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**Sacramento City Unified School District
Preschool Menu: 12/4/2023 - 12/8/2023**

	Monday 12/4	Tuesday 12/5	Wednesday 12/6	Thursday 12/7	Friday 12/8
BREAKFAST	WG Eggoji Waffles Fresh Orange Smiles Mango Smoothie w/ Drinking Straw 1% Unflavored Milk	Pumpkin Muffin Square Fresh Banana 1% Unflavored Milk	Whole Grain Cereal Canned Applesauce 1% Unflavored Milk	WG Crispito Fresh Cantaloupe 1% Unflavored Milk	Mini Strwbrry Bagel Pull Apart Canned Pineapple 1% Unflavored Milk
LUNCH	Kickin' Nugget Meal Fresh Banana Green Beans 1% Unflavored Milk	Crispy Beef Tacos Fresh Orange Smiles Refried Beans 1% Unflavored Milk	WG Cheese Pizza Sidewinder Fries Spinach Ranch Dressing Fresh Cantaloupe 1% Unflavored Milk	Carved Turkey Mashed Potatoes w/ Chicken Gravy Fresh Banana Fresh Matchstick Carrots 1% Unflavored Milk	WG Crispito Canned Applesauce Canned Corn 1% Unflavored Milk
SALAD BAR					
SNACK	WG Apple Cinn Bear Graham 1% Unflavored Milk	Whole Grain Cheez-It Crackers Wango Mango Juice, 4 oz	Veggie Crackers 1% Unflavored Milk	Scooby-Doo Bones, Grahams Dragon Punch Juice 4oz	Annie's Honey Graham Cracker 1% Unflavored Milk
COMP 5					
SUPPER					
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Sacramento City Unified School District
Preschool Menu: 12/11/2023 - 12/15/2023

	Monday 12/11	Tuesday 12/12	Wednesday 12/13	Thursday 12/14	Friday 12/15
BREAKFAST	Granola Bake Fresh Fruit: Chefs Choice Mango Smoothie w/ Drinking Straw 1% Unflavored Milk	French Toast Sticks Hash Brown Triangle Canned Applesauce 1% Unflavored Milk	Scrambled Eggs 6" Flour Tortilla Fresh Banana 1% Unflavored Milk	WG Crispito Fresh Orange Smiles 1% Unflavored Milk	Gravy Breakfast Pizza Canned Pineapple 1% Unflavored Milk
LUNCH	Teriyaki Chicken Hawaiian Brown Rice Canned Corn Sliced Apple Bites 1% Unflavored Milk	Crispy Beef Tacos Refried Beans Fresh Orange Slices 1% Unflavored Milk	Pasta w/ Beef Marinara Green Beans Canned Applesauce 1% Unflavored Milk	French Bread Pizza (D,V) Fresh Matchstick Carrots Sliced Apple Bites 1% Unflavored Milk	Kickin' Nuggets BBQ Sauce Cup Spinach Ranch Dressing Fresh Orange Smiles 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Cherry Star Juice,4 oz	WG Strawberry Chex Mix 1% Unflavored Milk	Lemon Blueberry Crisp Wango Mango Juice, 4 oz	WG Honey Bunny Grahams 1% Unflavored Milk
COMP 5					
SUPPER					
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Sacramento City Unified School District
Preschool Menu: 12/18/2023 - 12/22/2023

	Monday 12/18	Tuesday 12/19	Wednesday 12/20	Thursday 12/21	Friday 12/22
BREAKFAST	WG Eggoji Waffles Fresh Orange Slices Strawberry Banana Smoothie w/ Drinking Straw 1% Unflavored Milk	Blueberry Muffin Square Fresh Banana 1% Unflavored Milk	Whole Grain Cereal Canned Pineapple 1% Unflavored Milk	WG Crispito Fresh Fruit: Chef's Choice 1% Unflavored Milk	Mini Strwbrry Bagel Pull Apart Canned Mandarins 1% Unflavored Milk
LUNCH	Kicin' Nugget Meal Fresh Banana Fresh Matchstick Carrots 1% Unflavored Milk	Crispy Beef Tacos Canned Applesauce Refried Beans 1% Unflavored Milk	WG Cheese Pizza Sidewinder Fries Fresh Orange Slices Spinach Ranch Dressing 1% Unflavored Milk	Carved Turkey Dinner Roll Mashed Potatoes w/ Chicken Gravy Fresh Fruit: Chef's choice Green Beans 1% Unflavored Milk	WG Crispito Canned Pineapple Canned Corn 1% Unflavored Milk
SALAD BAR					
SNACK	WG Apple Cinn Bear Graham 1% Unflavored Milk	Whole Grain Cheez-It Crackers Wango Mango Juice, 4 oz	Veggie Crackers 1% Unflavored Milk	Scooby-Doo Bones, Grahams Dragon Punch Juice 4oz	Annie's Honey Graham Cracker 1% Unflavored Milk
COMP 5					
SUPPER					

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

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Sacramento City Unified School District
Preschool Menu: 12/25/2023 - 12/29/2023

	Monday 12/25	Tuesday 12/26	Wednesday 12/27	Thursday 12/28	Friday 12/29
BREAKFAST	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
LUNCH					
SALAD BAR					
SNACK					
COMP 5					
SUPPER					
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