

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 10/2/2023 - 10/6/2023**

	Monday 10/2	Tuesday 10/3	Wednesday 10/4	Thursday 10/5	Friday 10/6
BREAKFAST	WG ItalianTrkySausageSquare(C) Canned Peaches Straw-Banana BarFresh Juice w/ Drinking Straw 1% Unflavored Milk	Garlic Cheese Toast Fresh Banana 1% Unflavored Milk	WG Crispito Fresh Mandarins Orange Juice, 4 oz 1% Unflavored Milk	Turkey Sausage Patty, Egg&Cheese Breakfast Sandwich Sliced Apples Bites 1% Unflavored Milk	Lemon Blenderless Smoothie Canned Pineapple 1% Unflavored Milk
LUNCH	WG Chicken Strips (3 each) SIDE: BBQ Sauce Cup Fresh Fruit: Chef's Choice Green Beans 1% Unflavored Milk	Mandarin Orange Chicken SIDE: Hawaiian Brown Rice Ranch Dressing Fresh Pink Lady Apples Fresh Broccoli 1% Unflavored Milk	Sunbutter Sandwich Meal Fresh Kiwi Fresh Matchstick Carrots 1% Unflavored Milk	Beef Soft Taco Fresh Asian Pears Refried Beans 1% Unflavored Milk	WG Cheese Pizza 3-Way Blend Mix Ranch Dressing Sliced Apples Bites Fresh Jicama Sticks 1% Unflavored Milk
SALAD BAR					
SNACK	Graham Crackers 1% Unflavored Milk	Bug Bite Crackers Fruit Punch Juice 4oz	WG Cheddar Chex Mix 1% Unflavored Milk	Lemon Blueberry Crisp Fruit Punch Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
COMP 5					

Menu Key
P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District
Preschool Menu: 10/9/2023 - 10/13/2023**

	Monday 10/9	Tuesday 10/10	Wednesday 10/11	Thursday 10/12	Friday 10/13
BREAKFAST	Whole Grain Cereal Canned Pineapple Strawberry Smash Smoothie Juice 1% Unflavored Milk	Plain Bagel w/ Cream Cheese Fresh Kiwi 1% Unflavored Milk	WG Crispito Fresh Mandarin 1% Unflavored Milk	Parfait Cup w/ Granola Fresh Sliced Apples Bites 1% Unflavored Milk	Maple Chip Pancakes Fresh Banana 1% Unflavored Milk
LUNCH	Breaded Chicken Drumstick BBQ Sauce Cup Farmer's Market Cracker Fresh Fruit: Chef's Choice Green Beans 1% Unflavored Milk	Chicken Patty (C) on WG Bun Fresh IW Sliced Apple Bites Fresh Broccoli Ranch Dressing 1% Unflavored Milk	Alfredo Pasta w/ Chicken Fresh Kiwi Fresh Matchstick Carrots 1% Unflavored Milk	Quesadilla w/ Red Sauce Canned Applesauce Refried Beans 1% Unflavored Milk	Cheeseburger on WG Bun Ketchup Cup Canned Peach Fresh Jicama 1% Unflavored Milk
SALAD BAR					
SNACK	Strawberry Waffle Graham 1% Unflavored Milk	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	Veggie Crackers 1% Unflavored Milk	Scooby-Doo Bones, Grahams Fruit Punch Juice 4oz	Jungle Cracker 1% Unflavored Milk
COMP 5					
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**Sacramento City Unified School District
Preschool Menu: 10/16/2023 - 10/20/2023**

	Monday 10/16	Tuesday 10/17	Wednesday 10/18	Thursday 10/19	Friday 10/20
BREAKFAST	WG ItalianTrkySausageSquare(C) Fresh Fruit: Chef's Choice Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk	Garlic Cheese Toast Fresh Kiwi 1% Unflavored Milk	WG Crispito Canned Pineapple 1% Unflavored Milk	Egg&Cheese Breakfast Sandwich Fresh Banana 1% Unflavored Milk	Lemon Blenderless Smoothie Sliced Apples Bites 1% Unflavored Milk
LUNCH	WG Chicken Strips (3 each) BBQ Sauce Cup Green Beans Fresh Fruit: Chefs Choice 1% Unflavored Milk	Mandarin Orange Chicken SIDE: Hawaiian Brown Rice Ranch Dressing Fresh Broccoli Canned Applesauce 1% Unflavored Milk	Sunbutter; & Yogurt; Goldfish Canned Corn Fresh Kiwi 1% Unflavored Milk	Beef Soft Taco Refried Beans Fresh Mandarin 1% Unflavored Milk	WG Cheese Pizza Fresh Matchstick Carrots Fresh Banana 1% Unflavored Milk
SALAD BAR					
SNACK	Graham Crackers 1% Unflavored Milk	Bug Bite Crackers Fruit Punch Juice 4oz	WG Cheddar Chex Mix 1% Unflavored Milk	Lemon Blueberry Crisp Fruit Punch Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
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