

FEATURED MENU ITEM:

November 15th and 29th

we are bringing back our

Nashville Hot Chicken Wings

served with Cornbread and Ranch dressing.



PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.

Breakfast Options

Vegetarian Vegetarian plant-based option available All meals include fat-free, low-fat or Lactose Free milk choices.

MONDAY

Egg & Cheese Breakfast Burrito

Roasted Apple Granola Bake

Fresh Baked Muffin

Whole Grain Cereal

SIDE: Smoothie

TUESDAY

Chicken Chili Crispito with Molcajete Salsa

Egg & Cheese Bagel Sandwich

Fresh Baked Cinnamon Roll

Whole Grain Cereal

WEDNESDAY

Pancake Pup with Pork Sausage

Roasted Apple Granola Bake

Fresh Baked Muffin

Whole Grain Cereal

THURSDAY

Chicken Chili Crispito with Molcajete Salsa

Egg & Cheese Bagel Sandwich

Fresh Baked Cinnamon Roll

Whole Grain Cereal

FRIDAY

Beef Gravy Breakfast Square

Roasted Apple Granola Bake

Fresh Baked Muffin

Whole Grain Cereal

Lunch Options

MONDAY

Popcorn Chicken Bowl

Two Miller's Beef Hot Dogs with Tater Tots

Homestyle Chicken Wrap

Parfait with Sunbutter Meal

SIDE: Harvest Cheddar Sunchips

Comp 5 High Schools: Orange Chicken Salad

TUESDAY

New! Pork Carnitas Bowl

Chicken Tortilla Soup with Crispy Beef Tacos

Spicy Chicken Pita Wrap

Parfait with Sunbutter Meal

SIDE: Country Pure Juice

Comp 5 High Schools: Orange Chicken Salad

WEDNESDAY

(Nov 8) Chicken Pasta Alfredo
(Nov 15 & 29) Nashville Hot Chicken Wings

Beef & Pork Pepperoni Pizza OR Cheese Pizza

Chicken Caesar Salad

Parfait with Sunbutter Meal

Comp 5 High Schools: Orange Chicken Salad

THURSDAY

New! Rodeo Bacon Cheeseburger with Sidewinders

Chicken Burrito with Fresh Red Salsa

Spicy Chicken Pita Wrap

Parfait with Sunbutter Meal

Comp 5 High Schools: Orange Chicken Salad

FRIDAY

Teriyaki Chicken Rice Bowl with Fresh Vegetables

Spicy Chicken Sandwich with Sidewinders

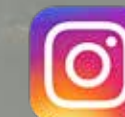
Homestyle Chicken Wrap

Parfait with Sunbutter Meal

Comp 5 High Schools: Orange Chicken Salad



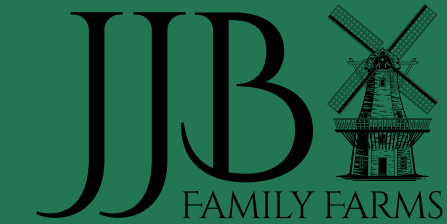
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Nutrition Services
916-395-5600
This institution is an equal opportunity provider.



JJB Family Farms is located in Grand Island – just 8.5 miles from Sacramento – and they believe in delighting the world with their Modi apple.

The Modi apple is a proprietary Mediterranean apple variety first developed in Northern Italy. It is perfectly suited for our Mediterranean Delta regional climate and soil conditions.

This apple is just the right balance of sweet and tart, crispy and juicy. We want all of our students to experience the Modi crunch, unique shape and deep red color.

Nutrition Services supports our local farmers which supports our local economy!

Photos courtesy of JJB Family Farms

