

Menu subject to  
change without notice.

**Sacramento City Unified School District  
Preschool Menu: 8/28/2023 - 9/1/2023**

	<b>Monday 8/28</b>	<b>Tuesday 8/29</b>	<b>Wednesday 8/30</b>	<b>Thursday 8/31</b>	<b>Friday 9/1</b>
<b>BREAKFAST</b>				WG Crispito Fresh Strawberries 1% Unflavored Milk	Whole Grain Cereal Canned Peaches 1% Unflavored Milk
<b>LUNCH</b>				WG Cheese Pizza Chopped Romaine Ranch Dressing Canned Mandarin Oranges 1% Unflavored Milk	Chicken & Cheese Pupusa SIDE: Triple Berry Blast Juice Fresh Cucumbers Fresh Strawberries 1% Unflavored Milk
<b>SALAD BAR</b>					
<b>SNACK</b>				Scooby-Doo Bones, Grahams 1% Unflavored Milk	Jungle Cracker 1% Unflavored Milk
<b>COMP 5</b>					

**Menu Key**

P = Contains pork  
B = Contains beef  
C = Contains chicken or turkey  
N = Contains nuts

D = Contains dairy  
V = Vegetarian food item  
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District  
Preschool Menu: 9/4/2023 - 9/8/2023**

	<b>Monday 9/4</b>	<b>Tuesday 9/5</b>	<b>Wednesday 9/6</b>	<b>Thursday 9/7</b>	<b>Friday 9/8</b>
<b>BREAKFAST</b>	HOLIDAY	Garlic Cheese Toast Fresh Fruit: Chefs Choice 1% Unflavored Milk	WG Crispito Fresh Banana Orange Juice 1% Unflavored Milk	Turkey Sausage Patty, Egg&Cheese Breakfast Sandwich Sliced Apples 1% Unflavored Milk	Lemon Blenderless Smoothie Canned Peaches Orange Juice 1% Unflavored Milk
<b>LUNCH</b>	HOLIDAY	Mandarin Orange Chicken SIDE: Hawaiian Brown Rice Fresh Fruit: Chefs Choice Romaine 3-Way Blend Ranch Dressing Canned Pineapple 1% Unflavored Milk	Sunbutter Sandwich Meal Fresh Matchstick Carrots Sliced Apples 1% Unflavored Milk	Beef Soft Taco Fresh Strawberries Refried Beans 1% Unflavored Milk	WG Cheese Pizza Fresh Banana Canned Corn 1% Unflavored Milk
<b>SALAD BAR</b>					
<b>SNACK</b>	HOLIDAY	Bug Bite Crackers Fruit Juice 4oz	WG Cheddar Chex Mix 1% Unflavored Milk	Lemon Blueberry Crisp Strawberry Kiwi Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
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**Sacramento City Unified School District  
Preschool Menu: 9/11/2023 - 9/15/2023**

	<b>Monday 9/11</b>	<b>Tuesday 9/12</b>	<b>Wednesday 9/13</b>	<b>Thursday 9/14</b>	<b>Friday 9/15</b>
<b>BREAKFAST</b>	Whole Grain Cereal Fresh Whole Oranges Straw-Banana Smoothie 1% Unflavored Milk	Plain Bagel w/ Cream Cheese Fresh Strawberries Canned Pineapple 1% Unflavored Milk	WG Crispito Fresh Bananas Orange Juice 1% Unflavored Milk	Parfait Cup w/ Granola & Mixed Fruit Fresh Fruit: Chefs Choice 1% Unflavored Milk	Maple Chip Pancakes Canned Pineapple Orange Juice, 4 oz 1% Unflavored Milk
<b>LUNCH</b>	Breaded Chicken Drumstick BBQ Sauce Cup Farmer's Market Snack Fresh Strawberries Fresh Matchstick Carrots 1% Unflavored Milk	WG Popcorn Chicken Smackers Mashed Potatoes Romaine 3-Way Blend Ranch Dressing Canned Peaches 1% Unflavored Milk	Alfredo Pasta w/ Chicken Fresh Broccoli Fresh Fruit: Chefs Choice 1% Unflavored Milk	Quesadilla w/ Red Sauce Refried Beans Fresh Fruit: Chefs Choice 1% Unflavored Milk	Cheeseburger on WG Bun Ketchup Cup Fresh Matchstick Carrots Fresh Fruit: Chefs Choice 1% Unflavored Milk
<b>SALAD BAR</b>					
<b>SNACK</b>	Strawberry Waffle Graham 1% Unflavored Milk	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	Veggie Crackers Apple Juice 4oz	Scooby-Doo Bones, Grahams Strawberry Kiwi Juice 4oz	Jungle Cracker 1% Unflavored Milk
<b>COMP 5</b>					

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**Sacramento City Unified School District  
Preschool Menu: 9/18/2023 - 9/22/2023**

	<b>Monday 9/18</b>	<b>Tuesday 9/19</b>	<b>Wednesday 9/20</b>	<b>Thursday 9/21</b>	<b>Friday 9/22</b>
<b>BREAKFAST</b>	WG ItalianTrkySausageSquare(C) Canned Peaches Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk	Garlic Cheese Toast Fresh Fruit: Chefs Choice 1% Unflavored Milk	WG Crispito Orange Juice, 4 oz 1% Unflavored Milk Fresh Banana	Turkey Sausage Patty, Egg&Cheese Breakfast Sandwich Sliced Apples 1% Unflavored Milk	Lemon Blenderless Smoothie Canned Peaches 1% Unflavored Milk
<b>LUNCH</b>	WG Chicken Strips (3 each) BBQ Sauce Cup Green Beans Sliced Apples Bites 1% Unflavored Milk	Mandarin Orange Chicken SIDE: Hawaiian Brown Rice Fresh Fruit: Chefs Choice 1% Unflavored Milk Romaine 3-Way Blend Ranch Dressing Canned Pineapple	Sunbutter Sandwich Meal Fresh Matchstick Carrots Bagged Sliced Apples 1% Unflavored Milk	Beef Soft Taco Fresh Strawberries Refried Beans 1% Unflavored Milk	WG Cheese Pizza Fresh Banana Canned Corn 1% Unflavored Milk
<b>SALAD BAR</b>					
<b>SNACK</b>	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	WG Cheddar Chex Mix Apple Juice 4oz	Lemon Blueberry Crisp Strawberry Kiwi Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
<b>COMP 5</b>					

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