


Menu subject to change without notice.

SACRAMENTO UNIFIED SCHOOL DISTRICT

Supper Menu - May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Chickpea Spread Heartzel Pretzel Sliced Apples Carrots Ranch Dressing Cup Strawberry Smoothie 1% Unflavored Milk	Strawberry Sunbutter Sandwich Yogurt Upstate Goldfish Crackers Dried Cherries Carrots 1% Unflavored Milk	Soft Pita Dippers Turkey Coin Slices Cheddar Cheese Cracker Cut Scooby-Do Bone Graham Mixed Fruit Cup Vegetable 1% Unflavored Milk	Chicken & Cheese Sandwich Mayo Packet Apple Crisps Carrots 1% Unflavored Milk	Beef Stick (2) Mozzarella Cheese Stick Sun Chips Cheddar Fresh Fruit Paradise Punch Juice 1% Unflavored Milk
Tostitos Chips Cuban Black Bean Shredded Cheddar Cheese Salsa Cup Apple Crisps 1% Unflavored Milk	Yogurt Upstate Graham Crackers Chickpea Spread Sliced Apples Carrots 1% Unflavored Milk	Soft Pita Dippers Mini Sliced Salami Cheddar Cheese Cracker Cut Cheez-It Crackers Fresh Grape Edamame 1% Unflavored Milk	Whole Grain Cereal Yogurt Upstate Chickpea Spread Sliced Apples Carrots 1% Unflavored Milk	Turkey Breast Stick Savory Wheat Cracker Sunflower Seeds Fresh Fruit Paradise Punch Juice 1% Unflavored Milk
Chickpea Spread Heartzel Pretzel Sliced Apples Carrots Ranch Dressing Cup Strawberry Smoothie 1% Unflavored Milk	Strawberry Sunbutter Sandwich Yogurt Upstate Goldfish Crackers Dried Cherries Carrots 1% Unflavored Milk	Soft Pita Dippers Turkey Coin Slices Cheddar Cheese Cracker Cut Scooby-Do Bone Graham Mixed Fruit Cup Vegetable 1% Unflavored Milk	Chicken & Cheese Sandwich Mayo Packet Apple Crisps Carrots 1% Unflavored Milk	Beef Stick (2) Mozzarella Cheese Stick Sun Chips Cheddar Fresh Fruit Paradise Punch Juice 1% Unflavored Milk
Tostitos Chips Cuban Black Bean Shredded Cheddar Cheese Salsa Cup Apple Crisps 1% Unflavored Milk	Yogurt Upstate Graham Crackers Chickpea Spread Sliced Apples Carrots 1% Unflavored Milk	Soft Pita Dippers Mini Sliced Salami Cheddar Cheese Cracker Cut Cheez-It Crackers Fresh Grape Edamame 1% Unflavored Milk	Hard Cooked Eggs Goldfish Crackers Peach Cup Mozzarella Cheese Stick Carrots 1% Unflavored Milk	Turkey Breast Stick Savory Wheat Cracker Sunflower Seeds Fresh Fruit Paradise Punch Juice 1% Unflavored Milk
Holiday	Chickpea Spread Heartzel Pretzel Mozzarella Cheese Stick Sliced Apples Carrots Ranch Dressing Cup 1% Unflavored Milk	Soft Pita Dippers Turkey Coin Slices Cheddar Cheese Cracker Cut Scooby-Do Bone Graham Mixed Fruit Cup Vegetable 1% Unflavored Milk		

Menu Key

P = Contains pork

B = Contains beef

C = Contains chicken or turkey

N = Contains nuts

D = Contains dairy

V = Vegetarian food item

S = Fish or seafood

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