

Menu subject to change without notice.

**Sacramento City Unified School District  
Preschool Menu: 5/1/2023 - 5/5/2023**

Revised: 4/25/2023

	<b>Monday 5/1</b>	<b>Tuesday 5/2</b>	<b>Wednesday 5/3</b>	<b>Thursday 5/4</b>	<b>Friday 5/5</b>
<b>BREAKFAST</b>	Whole Grain Cereal Canned Pineapple 1% Unflavored Milk	Buttery Maple Waffle (V) with Sliced Apples Bites 1% Unflavored Milk	Scrambled Eggs & Turkey Sausage Patty Fresh Banana 1% Unflavored Milk	WG Crispito Fresh Strawberries 1% Unflavored Milk	Maple Chip Pancakes Fresh Banana 1% Unflavored Milk
<b>LUNCH</b>	Chicken & Cheese Pupusa Canned Corn Peach Cup 1% Unflavored Milk	Chicken Patty (C) Tater Tots Ketchup Cup Fresh Matchstick Carrots 1% Unflavored Milk	Teriyaki Chicken WG Hawaiian Brown Rice Steamed Broccoli Florets Fresh Strawberries 1% Unflavored Milk	Beef Soft Taco Refried Beans Fresh Orange 1% Unflavored Milk	Mac & Cheese Salad Mix Ranch Dressing Sliced Apples Bites 1% Unflavored Milk
<b>SALAD BAR</b>					
<b>SNACK</b>	WG Strawberry Chex Mix 1% Unflavored Milk	Goldfish Crackers Paradise Veg&Fruit Juice 4oz	Savory Cracker, 1 oz Apple Juice 4oz	Scooby-Doo Bones, Grahams Paradise Veg&Fruit Juice 4oz	Jungle Cracker 1% Unflavored Milk

<p><b>Menu Key</b>  P = Contains pork  B = Contains beef  C = Contains chicken or turkey  N = Contains nuts</p>	<p>D = Contains dairy  V = Vegetarian food item  S = Fish or seafood</p>	<p>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th &amp; Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>
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**Sacramento City Unified School District  
Preschool Menu: 5/8/2023 - 5/12/2023**

	<b>Monday 5/8</b>	<b>Tuesday 5/9</b>	<b>Wednesday 5/10</b>	<b>Thursday 5/11</b>	<b>Friday 5/12</b>
<b>BREAKFAST</b>	WG Blueberry Pancakes Orange Juice, 4 oz 1% Unflavored Milk	WG Cereal Applesauce Cup 1% Unflavored Milk	Eggo Mini Waffles Fresh Banana 1% Unflavored Milk	WG Crispito Canned Peaches 1% Unflavored Milk	French Toast Sticks Fresh Orange Smiles Strawberry Smoothie 1% Unflavored Milk
<b>LUNCH</b>	WG Bean & Cheese Burrito (D,V) Canned Corn Fresh Sliced Apples 1% Unflavored Milk	WG Sunbutter Sandwich Yogurt Fresh Matchstick Carrots Canned Pineapple 1% Unflavored Milk	WG Cheese Pizza Fresh Broccoli Ranch Dressing Fresh Orange Smiles 1% Unflavored Milk	Chicken Quesadilla Refried Beans Fresh Banana 1% Unflavored Milk	Pasta w/ Beef Marinara Green Beans Canned Mandarin Oranges 1% Unflavored Milk
<b>SALAD BAR</b>					
<b>SNACK</b>	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Savory Cracker, 1 oz Yogurt	Lemon Blueberry Crisp Paradise Veg&Fruit Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
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**Sacramento City Unified School District  
Preschool Menu: 5/15/2023 - 5/19/2023**

	<b>Monday 5/15</b>	<b>Tuesday 5/16</b>	<b>Wednesday 5/17</b>	<b>Thursday 5/18</b>	<b>Friday 5/19</b>
<b>BREAKFAST</b>	Whole Grain Cereal Canned Pineapple 1% Unflavored Milk	Buttery Maple Waffle (V) with Fresh Sliced Apples 1% Unflavored Milk	Scrambled Eggs & Turkey Sausage Patty Fresh Banana 1% Unflavored Milk	WG Crispito Fresh Strawberries 1% Unflavored Milk	Maple Chip Pancakes Fresh Orange Smiles 1% Unflavored Milk
<b>LUNCH</b>	Chicken & Cheese Pupusa Fresh Matchstick Carrots Peach Cup 1% Unflavored Milk	Chicken Patty (C) Tater Tots Ketchup Cup Fresh Orange Smiles 1% Unflavored Milk	Teriyaki Chicken WG Hawaiian Brown Rice Fresh Broccoli Fresh Sliced Apples 1% Unflavored Milk	Beef Soft Taco Refried Beans Fresh Banana 1% Unflavored Milk	Mac & Cheese Green Beans Fresh Strawberries 1% Unflavored Milk
<b>SALAD BAR</b>					
<b>SNACK</b>	WG Strawberry Chex Mix 1% Unflavored Milk	Goldfish Crackers Paradise Veg&Fruit Juice 4oz	Savory Cracker, 1 oz Apple Juice 4oz	Scooby-Doo Bones, Grahams Paradise Veg&Fruit Juice 4oz	Jungle Cracker 1% Unflavored Milk
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