

FEATURED MENU ITEM:

# Granola Bake

with flame-roasted Fuji apples



Featuring our scratch-made Apple and Granola Bake: cinnamon spiced apples are combined with our Central Kitchen made granola, then baked in our kitchens until warm. Served with Yoplait vanilla yogurt and locally sourced fruit.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.

## Breakfast Options

All meals include fat-free or low-fat milk. Organic Soy Milk available upon request.

Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Chili Crispito with Molcajete Salsa	Egg & Potato Breakfast Bowl	Chicken Chili Crispito with Molcajete Salsa	Turkey Sausage, Egg & Cheese Breakfast Sandwich	Pancakes with Pork Sausage
Fresh Baked Whole Grain Muffin	Whole Grain Cinnamon Roll with Warm Fruit Topping	Fresh Baked Whole Grain Muffin	Whole Grain Cinnamon Roll w/ Warm Fruit Topping	Fresh Baked Whole Grain Muffin
Yogurt & Berry Parfait	Granola & Apple Bake with Yogurt	Yogurt & Berry Parfait	Granola & Apple Bake with Yogurt	Yogurt & Berry Parfait
Whole Grain Cereal	Whole Grain Cereal	Whole Grain Cereal	Whole Grain Cereal	Whole Grain Cereal

## Lunch Options

Vegetarian plant-based option available

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Teriyaki Chicken Rice Bowl with Sriracha	Chicken Alfredo Pasta Meal w/Caesar Side Salad	Beef & Pork Pepperoni Pizza w/Caesar Side Salad	Beef Cheeseburger Meal with Potato Wedges	Homestyle Chicken Strips Meal w/Mac & Cheese
Chicken Corn Dog Meal with Tater Tots	Chicken Chili Flautas Meal	Cheese Pizza with Caesar Side Salad	Beef Enchilada Casserole Meal	Chicken Burrito with Central Kitchen prepared Red Sauce
Spicy Chicken Wrap	Orange Chicken Salad	<b>NEW!</b> Mango Habanero Drumstick w/Corn Bread & Coleslaw	Gourmet Chicken Caesar Salad	Spicy Chicken Wrap
Comp 5 High Schools: Gourmet Chicken Caesar Salad	Comp 5 High Schools: Turkey Sandwich with SunChips	Spicy Chicken Wrap	Comp 5 High Schools: Turkey Sandwich with SunChips	Comp 5 High Schools: Gourmet Chicken Caesar Salad



FEATURED MENU ITEM

# Mango Habanero Drumsticks

Two chicken drumsticks sauced with a sweet and spicy mango habanero sauce and oven roasted. Served with freshly baked cornbread and cool and crisp coleslaw.



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