

Vegetarian

FEBRUARY 2023

FARM

TO SCHOOL

WATERMELON RADISHES

from

BABÉ FARMS

in Santa Maria, CA

MONDAY

6

Chicken Chili Crispito with Salsa

Chicken & Waffles w/Syrup OR Meatless Chicken Nuggets & Waffles w/Syrup

TUESDAY

7

Eggoji Waffles with Syrup

Beef Cheeseburger OR Black Bean Burger on Whole Grain Bun Side: Tater Tots

WEDNESDAY

1

Blueberry Bagel with Cream Cheese

Turkey & Beef Pepperoni Stuffed Sandwich OR Bean & Cheese Burrito

THURSDAY

2

Scrambled Eggs with Turkey Sausage Patty

Shredded Pork Soft Taco OR Cheese Quesadilla with Red Sauce Side: Refried Beans

FRIDAY

3

Breakfast Egg & Cheese Sandwich

Chicken Corn Dog OR French Bread Cheese Pizza

13

HOLIDAY

14

Maple Chip Pancakes w/Syrup

BBQ Pulled Pork Sandwich OR Chickenless Patty on Whole Grain Bun Side: Tater Tots

15

Blueberry Bagel with Cream Cheese

Turkey & Beef Pepperoni Stuffed Sandwich OR Cheese Pocket

16

Scrambled Eggs with Turkey Sausage Patty

Chicken Soft Taco OR Cheese Quesadilla with Red Sauce Side: Refried Beans

17

Breakfast Egg & Cheese Sandwich

Chicken Corn Dog OR French Bread Cheese Pizza



Freshly Prepared in the Central Kitchen

Breakfast Egg & Cheese Sandwich

Whole Grain English Muffin with freshly prepared egg patty and cheddar cheese

All Meals Include

Fat-free or low-fat milk; Organic Soy Milk upon request.

Breakfast Options

Listed entrée or General Mills whole-grain cereal with sides.

Lunch Options

Listed entrée or Sunbutter Sandwich Meal with sides.

ABOUT BEBÉ FARMS

"The Pioneer in Specialty Vegetables – Since 1986"

Judy Lundberg-Wafer, one of the original founding members of Babé Farms, and her son Jeff Lundberg now own and operate Babé Farms. Jeff, President/CEO of Babé, oversees all aspects of the farming operation and business, while Judy is the Chairman of the Board and remains actively involved in the day-to-day operations. It's a "family style" business; many of the employees from the field, administrative and sales staff have been with the company for well over 20 years.



WE'RE HIRING

Food Service Assistants

- Three hour shifts
- Flexible schedule
- No experience necessary
- Advancement opportunities

916-395-5600

Call to set up an appointment!



MONDAY

20

HOLIDAY

TUESDAY

21

Eggoji Waffles with Syrup

Beef Cheeseburger OR Black Bean Burger on Whole Grain Bun

Side: Tater Tots

WEDNESDAY

22

Wild Blueberry Muffin Square

Hawaiian Teriyaki Dunkers OR Cheese Pocket

Side: Hawaiian Brown Rice

THURSDAY

23

Scrambled Eggs with Tater Tots

Chicken Chili Crispito OR Cheese Quesadilla with Red Sauce

Side: Refried Beans

FRIDAY

24

Jimmy Dean Pork Breakfast Bites w/Syrup

Beef and Pork Pepperoni Pizza OR

Cheese Pizza

27

Chicken Chili Crispito with Salsa

Chicken & Waffles w/Syrup OR Meatless Chicken Nuggets & Waffles w/Syrup

28

Maple Chip Pancakes w/Syrup

BBQ Pulled Pork Sandwich OR Black Bean Burger on Whole Grain Bun
Side: Tater Tots

SALAD BAR FEATURES

Watch for Pink and Red Fruits and Veggies on our salad bars this month including Blood Oranges, Pink Grapefruit, Red Pears, Red Apples, Watermelon Radishes, Red Carrots, and Pickled Beets.



PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.

<https://thecentralkitchen.org>

CENTRAL KITCHEN



Nutrition Services
916-395-5600

This institution is an equal opportunity employer and provider. Menus subject to change.