

| Secondary Breakfast CHO Counts / Allergens | | |
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| Breakfast Items | Carbohydrates | Major Allergens |
| Applesauce Cup, Strawberry | 14.0g | |
| Banana | 27.0g | |
| Blueberry Bagel & Cream Cheese | 34.0g | Wheat, Dairy |
| Breakfast Bowl | 20.9g | Egg, Dairy, Soy, Pork |
| Breakfast Burrito | 73.9g | Wheat, Dairy, Soy, Pork |
| Breakfast Burrito | 57.0g | Wheat, Dairy, Soy, egg |
| Tater Tots (8 tots) | 16.0 g | Soy |
| Breakfast Pizza | 31.0g | Wheat, Dairy, Egg, Soy |
| Breakfast Sandwich | 30.0g | Wheat, Dairy, Egg, Soy |
| Cereal, Wg | 45.0g | Wheat |
| Chicken Crispito (1) | 23.0g | Wheat, Soy |
| Dannon Fruit Smoothie | 22.0g | Dairy |
| Fresh Fruit, Assorted | 14.2g | |
| Fruit Canned, Assorted | 12.7g | |
| Graham Crackers | 17.0g | Wheat, Soy |
| Milk (1%) | 16.0g | Dairy |
| Milk (NF) | 13.0g | Dairy |
| Muffin, Variety | 34.9g | Wheat, Dairy, Egg |
| Naked Berry Blast Juice | 38.0g | |
| Naked Mighty Mango Juice | 43.0g | |
| Naked Strawberry Banana Juice | 38.0g | |
| Oatmeal Round (Nature Valley) | 38.0g | Wheat, Dairy, Soy, Egg |
| Orange Juice (4oz) | 14.0g | |
| Pancake and Sausage (2 each with syrup cup) | 72.0g | Wheat, Dairy, Soy, egg |
| Raisins | 29.0g | |
| Smoothie, Mango/Pineapple (Barfresh) Twist & Go | 36.0g | Dairy |
| Smoothie, Peach (Barfresh) Twist & Go | 35.0g | Dairy |
| Soymilk | 17.0g | Soy |
| Steak & Cheese Tornado (1) | 23.0g | Wheat, Dairy, Soy |
| Turkey Chorizo Bagel | 23.0g | Wheat, Dairy, Soy |
| Turkey Sausage (Jennie O) | 0.0g | |
| Yogurt Bento Box Meal | 58.9g | Wheat, Dairy, Soy |
| Yogurt Assorted Flavors | 19.0g | Dairy |
| Apples, Roasted (1 cup) | 23g | |
| Granola | 16.9g | Wheat, Soy |

| Secondary Lunch CHO Counts / Allergens | | |
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| Lunch Items | Carbohydrates | Major Allergens |
| Bagged Carrots | 4.0g | |
| BBQ Chicken Sandwich | 63.0g | Wheat, Dairy, Soy |
| Bean & Cheese Burrito (House Made) | 107.8g | Wheat, Dairy |
| Bean & Cheese Tamale (Padrino) | 29.0g | Dairy, Soy |
| BLT Salad with Grilled Cheese | 41.0g | Wheat, Dairy Egg, Soy |
| Salad | 10.0g | Wheat, Dairy Egg, Soy |
| Grilled Cheese | 31.0g | Wheat, Dairy, Soy |
| Bread Stick, Garlic | 15.0g | Wheat, Dairy, Soy, Egg |
| Broccoli Salad Mix (1/4 c) | 9.1g | Egg |
| Brown Rice (1c) | 26.0g | |
| Cheese Pizza | 34.0g | Wheat Dairy, Soy |
| Cheeseburger Meal | 68.0g | Wheat, Dairy, Soy |
| Hamburger Patty | 0.0g | |
| Hamburger Bun | 30.0g | Wheat, Dairy Soy |
| Cheese, Slice | 0.0g | Dairy |
| Potato Wedges | 21.0g | Soy |
| Chick'n Dip'n Sauce | 11.0g | Soy, Egg |
| Ketchup (1oz cup) | 6.0g | |
| Chicken Alfredo | 62.8g | Wheat , Dairy, Soy |
| Alfredo | 40.8g | Wheat, Dairy |
| Bread Roll | 22.0g | Wheat, Soy |
| Chicken Caesar Salad Entree | 44.8g | Wheat, Egg, Dairy, Soy, Fish |
| Chicken Drumstick (2 Drumsticks) w/CK Pasta Salad | 19.1g | Wheat, Soy |
| Chicken Drumstick (2 Drumsticks) w/Dinner Roll | 33.8g | Wheat, Soy |
| Chicken Ranch Wrap | 71.3g | Wheat, Soy, Dairy, Egg |
| Tortilla 12" | 49.0g | Wheat |
| Chicken Patty | 17.0g | Wheat, Dairy, Soy |
| Cheese, Slice | 1.3g | Dairy |
| Ranch Dressing | 1.0g | Egg, Dairy |
| Seasoning | 1.0g | |
| Boom Boom Sauce | 2.0g | Egg, Soy |
| Chicken Tortilla Soup | 15.6g | |
| Chips, Tostitos | 19.0g | Wheat |
| Ck Pasta Salad | 41.3g | Wheat, Dairy, Egg |
| Crispito (1) | 23.2g | Wheat |
| Dinner Roll, Alfaro's Artesano | 22.0g | Wheat, Soy |
| Dressing Balsamic Vinaigrette Packet | 3.0g | Soy |
| Dressing, Ranch Dip Cup | 1.0g | Dairy, Egg, Soy |
| Focaccia Cheese Wheel | 31.0g | Wheat Dairy, Soy |
| Fruit, Canned Assorted | 12.7g | |
| Fruit, Fresh Assorted | 14.2g | |
| Green Chili & Cheese Burrito Meal | 112.0g | Wheat, Dairy |
| Burrito (2 burritoos) | 112.0g | Wheat, Dairy |

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| Grilled Cheese Sandwich | 31.0g | Wheat, Dairy, Soy |
| Hot Dog (2) | 79.0g | Wheat, Dairy, Soy |
| Hot Dog (1) | 1.0g | |
| Hot Dog Bun | 30.0g | Wheat, Dairy Soy |
| Munchies | 17.0g | Wheat, Dairy |
| House Salad, Entree | 55.5g | Wheat,Dairy, Egg,Soy |
| Salad | 30.5g | Wheat, Dairy, Egg, Soy |
| Dinner Roll | 22.0g | Wheat, Soy |
| Kickin' Patty | 13.0g | Wheat, Soy |
| Mac and Cheese Bowl with Garlic Cheese Toast | 61.0g | Wheat, Dairy, Soy, Egg |
| Mac and Cheese Bowl | 30.0g | Wheat,Dairy, Egg |
| Cheese Toast | 31.0g | Wheat, Dairy, Soy |
| Milk 1% | 16.0g | Dairy |
| Milk Nonfat | 13.0g | Dairy |
| Orange Chicken Asian Pail | 72.2g | Wheat, Dairy, Soy |
| Orange Chicken (1/2 Cup) | 35.2g | Wheat, Soy |
| Rice (1Cup) | 37.0g | Wheat , Dairy, Soy |
| Pepperoni Pizza | 33.0g | Wheat, Dairy, Soy, Pork |
| Pizza Pocket | 30.0g | Wheat, Dairy, Soy |
| Popcorn Chicken Bowl | 82.9g | Wheat, Dairy, Soy |
| Biscuit | 22.0g | Wheat, Dairy |
| Potato Wedges (1/2 c) | 18.1g | Wheat |
| Roast Turkey Sandwich | 60.2g | Wheat, Dairy, Soy, Sesame |
| Rotini Bowl with Garlic Cheese Toast | 60.0g | Wheat, Dairy, Egg, Soy |
| Rotini Bowl | 29.0g | Wheat, Egg |
| Cheese Toast | 31.0g | Wheat, Dairy, Soy |
| Sack Lunch, Chicken Wrap | 100.6g | Wheat, Dairy, Soy, Egg |
| Santa Fe Chicken Salad with Garlic Cheese | 19.0g | Wheat, Dairy, Egg, Soy |
| Salad | 19.0g | Dairy, Egg |
| Cheese Toast | 31.0g | Wheat, Soy |
| Side Salad | 15.g | Dairy, Egg |
| Soup, Chicken Tortilla | 16.7g | Wheat, Soy |
| Southwest Chicken Salad | 573.7g | Wheat, Dairy, Soy |
| South West Chicken Salad | 554,7 | Wheat, Dairy, Soy |
| Tostito Scoops | 19.0g | |
| Soymilk | 17.0g | Soy |
| Spicy Chicken Sandwich Meal | 65.5g | Wheat, Dairy, Soy |
| Chicken Patty | 9.0g | Wheat, Soy |
| Hamburger Bun | 30.0g | Wheat, Soy, Dairy |
| Chick'n Dip'n Sauce | 11.0g | Egg, Soy |
| SunChips | 21.0g | Soy |
| Strawberry & Cream Frozen Juice | 23.0g | |
| Sun Chips, Garden Salsa/Cheddar | 19.0g | Wheat, Dairy |
| Sun Chips, Original | 19.0g | Wheat |
| Tater Tots (8) | 16.0g | Soy |
| Teriyaki Chicken Bowl | 65.3g | Wheat, Soy |

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| Rice (1cup) | 37.0g | |
| Teriyaki Sauce | 11.2 g | Wheat, Soy |
| Chicken | 1.0g | |
| Sriracha Packet | 1.0g | |
| Tornados (2 each) | 46.0g | Wheat, Dairy, Soy |
| Tortilla Chips (La Tapatia), 1 oz | 19.0g | Soy |
| Veggie French Bread Pizza | 37.0g | Wheat, Dairy, Soy |