

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 3/6/2023 - 3/10/2023**

	Monday 3/6	Tuesday 3/7	Wednesday 3/8	Thursday 3/9	Friday 3/10
BREAKFAST	WG Crispito Canned Pineapple 1% Unflavored Milk	WG Eggoji Waffles Fresh Tangelos 1% Unflavored Milk	Wild Blueberry Muffin Square Fresh Banana 1% Unflavored Milk	Scrambled Eggs Tater Tots Fresh Sliced Apples 1% Unflavored Milk	Whole Grain Cereal Fresh Strawberries Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	WG Chicken Strips (3 each) Ketchup Cup Steamed Broccoli Florets Red Pear 1% Unflavored Milk	Cheeseburger Tater Tots Ketchup Cup Fresh Sliced Apples 1% Unflavored Milk	WG Popcorn Chicken Smackers Ketchup Cup Mashed Potatoes Cucumber Coins Fresh Strawberries 1% Unflavored Milk	WG Crispito Refried Beans Fresh Banana 1% Unflavored Milk	WG Cheese Pizza Fresh Matchstick Carrots Fresh Tangelos 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Whole Grain Cheez-It Crackers Apple Juice 4oz	Lemon Blueberry Crisp Paradise Veg&Fruit Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts			D = Contains dairy V = Vegetarian food item S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District
Preschool Menu: 3/13/2023 - 3/17/2023**

	Monday 3/13	Tuesday 3/14	Wednesday 3/15	Thursday 3/16	Friday 3/17
BREAKFAST	WG Crispito Sliced Apples Bites 1% Unflavored Milk	Maple Chip Pancakes Fresh Tangelos 1% Unflavored Milk	Blueberry Bagel w/ Cream Cheese Fresh Banana 1% Unflavored Milk	Scrambled Eggs & Turkey Sausage Patty Sliced Apples Bites 1% Unflavored Milk	Egg&Cheese Breakfast Sandwich Fresh Strawberries Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	WG Popcorn Chicken Smackers BBQ Sauce Cup Mashed Potatoes Canned Pineapple 1% Unflavored Milk	Kickin Patty Sandwich Tater Tots Ketchup Cup Fresh Matchstick Carrots Sliced Apples Bites 1% Unflavored Milk	Bean & Cheese Burrito Canned Corn Fresh Strawberries 1% Unflavored Milk	Chicken Soft Taco Refried Beans Fresh Banana 1% Unflavored Milk	French Bread Pizza Spinach Italian Veggie Croutons Ranch Dressing Canned Mandarin Oranges 1% Unflavored Milk
SALAD BAR					
SNACK	WG Cheddar Chex Mix 1% Unflavored Milk	Scooby-Doo Bones, Grahams Paradise Veg&Fruit Juice 4oz	Goldfish Crackers Apple Juice 4oz	Savory Cracker Paradise Veg&Fruit Juice 4oz	WG Strawberry Chex Mix 1% Unflavored Milk
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