

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 2/6/2023 - 2/10/2023**

	Monday 2/6	Tuesday 2/7	Wednesday 2/8	Thursday 2/9	Friday 2/10
BREAKFAST	WG Crispito Canned Pineapple 1% Unflavored Milk	WG Eggoji Waffles Canned Peaches 1% Unflavored Milk	Wild Blueberry Muffin Square Fresh Banana 1% Unflavored Milk	Scrambled Eggs Tater Tots Fresh Red Pear 1% Unflavored Milk	Whole Grain Cereal Fresh Kiwi Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	WG Chicken Strips (3 each) Ketchup Cup Steamed Broccoli Florets Fresh Kiwi 1% Unflavored Milk	Cheeseburger on a WG Bun Tater Tots Ketchup Cup Fresh Matchstick Carrots Roasted Cinnamon Apples 1% Unflavored Milk	Hawaiian Teriyaki Dunkers (B) Canned Pineapple WG Hawaiian Brown Rice Sliced Radishes Blood Orange 1% Unflavored Milk	WG Crispito Refried Beans Fresh Kiwi 1% Unflavored Milk	WG Cheese Pizza Caesar Salad Canned Mandarin Oranges 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Whole Grain Cheez-It Crackers Apple Juice 4oz	Lemon Blueberry Crisp Paradise Veg&Fruit Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk

<p>Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts D = Contains dairy V = Vegetarian food item S = Fish or seafood</p>	<p>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>
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**Sacramento City Unified School District
Preschool Menu: 2/13/2023 - 2/17/2023**

	Monday 2/13	Tuesday 2/14	Wednesday 2/15	Thursday 2/16	Friday 2/17
BREAKFAST	HOLIDAY	Maple Chip Pancakes Fresh Kiwi 1% Unflavored Milk	Blueberry Bagel w/ Cream Cheese Fresh Banana 1% Unflavored Milk	Scrambled Eggs Tater Tots Fresh Red Pear 1% Unflavored Milk	Whole Grain Cereal Canned Peaches Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	HOLIDAY	Chicken Tortilla Soup w/ Pinto Bean & Cheese Tamale SIDE: Tostitos Scoops Fresh Matchstick Carrots Fresh Sliced Apples 1% Unflavored Milk	Cheese Pizza Pocket Canned Corn Blood Orange 1% Unflavored Milk	Quesadilla w/ Red Sauce Refried Beans Central Kitchen Broccoli Salad Fresh Kiwi 1% Unflavored Milk	French Bread Pizza Caesar Salad Fresh Sliced Apples 1% Unflavored Milk
SALAD BAR					
SNACK	HOLIDAY	Scooby-Doo Bones, Grahams Paradise Veg&Fruit Juice 4oz	Goldfish Crackers Apple Juice 4oz	Savory Cracker Paradise Veg&Fruit Juice 4oz	WG Strawberry Chex Mix 1% Unflavored Milk
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**Sacramento City Unified School District
Preschool Menu: 2/20/2023 - 2/24/2023**

Revised 2-10-2023

	Monday 2/20	Tuesday 2/21	Wednesday 2/22	Thursday 2/23	Friday 2/24
BREAKFAST	HOLIDAY	WG Eggoji Waffles Canned Peaches 1% Unflavored Milk	Wild Blueberry Muffin Square Fresh Banana 1% Unflavored Milk	Scrambled Eggs Tater Tots Fresh Red Pear 1% Unflavored Milk	Whole Grain Cereal Fresh Kiwi Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	HOLIDAY	Kickin' Patty on a WG Bun Tater Tots Ketchup Cup Roasted Cinnamon Apples 1% Unflavored Milk	WG Popcorn Chicken Smackers Ketchup Cup Sliced Radishes Blood Orange 1% Unflavored Milk	WG Crispito Lunch Refried Beans Fresh Kiwi 1% Unflavored Milk	WG Cheese Pizza Caesar Salad Canned Mandarin Oranges Strawberry Frozen Juice 1% Unflavored Milk
SALAD BAR					
SNACK	HOLIDAY	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Whole Grain Cheez-It Crackers Apple Juice 4oz	Lemon Blueberry Crisp Paradise Veg&Fruit Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk

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**Sacramento City Unified School District
Preschool Menu: 2/27/2023 - 3/3/2023**

	Monday 2/27	Tuesday 2/28	Wednesday 3/1	Thursday 3/2	Friday 3/3
BREAKFAST	WG Crispito Bagged Sliced Apples 1% Unflavored Milk	Maple Chip Pancakes Fresh Kiwi 1% Unflavored Milk	Blueberry Bagel w/ Cream Cheese Fresh Banana 1% Unflavored Milk	Scrambled Eggs Fresh Red Pear 1% Unflavored Milk	-or- Whole Grain Cereal Canned Peaches Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	WG Popcorn Chicken Smackers BBQ Sauce Cup Mashed Potatoes w/ Gravy Canned Pineapple 1% Unflavored Milk	Kickin Patty on a WG Bun Fresh Matchstick Carrots Fresh Sliced Apples 1% Unflavored Milk	Alfredo Pasta w/ Chicken Canned Corn Fresh Blood Orange 1% Unflavored Milk	Chicken Soft Taco Refried Beans Central Kitchen Broccoli Salad Fresh Kiwi 1% Unflavored Milk	French Bread Pizza Caesar Salad Fresh Sliced Apples 1% Unflavored Milk
SALAD BAR					
SNACK	WG Cheddar Chex Mix 1% Unflavored Milk	Scooby-Doo Bones, Grahams Paradise Veg&Fruit Juice 4oz	Goldfish Crackers Apple Juice 4oz	Savory Cracker Paradise Veg&Fruit Juice 4oz	WG Strawberry Chex Mix 1% Unflavored Milk
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