

FEATURED MENU ITEM:

Breakfast Egg & Cheese Sandwich



Our Breakfast Egg & Cheese Sandwich, freshly prepared in the Central Kitchen, features an egg patty and cheddar cheese on a Whole Grain English Muffin.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.

All meals include fat-free or low-fat milk.
Now featuring Organic Soy Milk upon request.

Vegetarian

Breakfast Options

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Sausage Breakfast Pizza	Egg & Potato Breakfast Bowl	Chicken Chili Crispito	Egg & Cheese Breakfast Sandwich	Chicken Chili Crispito
Fresh Baked Whole Grain Muffin	Bagel and Cream Cheese	Fresh Baked Whole Grain Muffin	Bagel and Cream Cheese	Fresh Baked Whole Grain Muffin
Yogurt Bento Box	Yogurt Bento Box	Yogurt Bento Box	Yogurt Bento Box	Yogurt Bento Box
Whole Grain Cereal	Whole Grain Cereal	Whole Grain Cereal	Whole Grain Cereal	Whole Grain Cereal

Lunch Options

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Popcorn Chicken Bowl	Chicken Alfredo Pasta (Feb 14 = CK's Chicken Tortilla Soup)	Orange Chicken Bowl	Spicy Chicken Sandwich	Beef & Pork Pepperoni Pizza or Cheese Pizza
Bean & Cheese Burrito	Beef Cheeseburger	Veggie French Bread Pizza	Bean & Cheese Burrito	BBQ Chicken Sandwich
Spicy Chicken Wrap	Fresh Turkey Sandwich	Spicy Chicken Wrap	Fresh Turkey Sandwich	Spicy Chicken Wrap
Comp 5 High Schools: Chicken Caesar Salad	Comp 5 High Schools: Southwest Salad	CK's Broccoli Salad	Comp 5 High Schools: Southwest Salad	Comp 5 High Schools: Chicken Caesar Salad

ABOUT BEBÉ FARMS

"The Pioneer in Specialty Vegetables – Since 1986"
Judy Lundberg-Wafer, one of the original founding members of Babé Farms, and her son Jeff Lundberg now own and operate Babé Farms. Jeff, President/CEO of Babé, oversees all aspects of the farming operation and business, while Judy is the Chairman of the Board and remains actively involved in the day-to-day operations. It's a "family style" business; many of the employees from the field, administrative and sales staff have been with the company for well over 20 years.

ON SALAD BARS THIS MONTH

Watch for Pink and Red Fruits and Veggies, including Blood Oranges, Pink Grapefruit, Red Pears, Red Apples, Watermelon Radishes, Red Carrots, and Pickled Beets.



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Nutrition Services
916-395-5600
This institution is an equal opportunity provider.

