

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 11/28/2022 - 12/2/2022**

	Monday 11/28	Tuesday 11/29	Wednesday 11/30	Thursday 12/1	Friday 12/2
BREAKFAST	WG Crispito Canned Pineapple 1% Unflavored Milk	Apple Cinnamon Oatmeal Round Peach Cup 1% Unflavored Milk	Breakfast Berry Scone Fresh Banana 1% Unflavored Milk	Scrambled Eggs Tater Tots Fresh Sliced Apples 1% Unflavored Milk	Whole Grain Cereal Canned Mandarin Oranges Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	WG Chicken Strips (2 each) Ketchup Cup Canned Corn Canned Mandarin Oranges 1% Unflavored Milk	Cheeseburger on a Whole Grain Bun Tater Tots Ketchup Cup Fresh Sliced Apples 1% Unflavored Milk	Chicken & Cheese Pupusa Spring Mix & Spinach Blend Ranch Dressing Fresh Orange 1% Unflavored Milk	WG Crispito Refried Beans Fresh Asian Pear 1% Unflavored Milk	WG Cheese Pizza Fresh Matchstick Carrots Fresh Orange 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Whole Grain Cheez-It Crackers Apple Juice 4oz	Lemon Blueberry Crisp Apple Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts			D = Contains dairy V = Vegetarian food item S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District
Preschool Menu: 12/5/2022 - 12/9/2022**

	Monday 12/5	Tuesday 12/6	Wednesday 12/7	Thursday 12/8	Friday 12/9
BREAKFAST	WG Crispito Fresh Sliced Apples 1% Unflavored Milk	WG Cereal Fresh Golden Kiwi 1% Unflavored Milk	Blueberry Bagel w/ Cream Cheese Fresh Banana 1% Unflavored Milk	Grilled 'Dilla Fresh Sliced Apples 1% Unflavored Milk	Egg&Cheese Breakfast Sandwich Canned Pineapple 1% Unflavored Milk
LUNCH	WG Popcorn Chicken Smackers Green Beans Canned Mandarin Oranges 1% Unflavored Milk	Chicken Patty (C) on a Whole Grain Bun Ketchup Cup Tater Tots Hidden Rose Apple 1% Unflavored Milk	Bean & Cheese Burrito Canned Corn Fresh Kiwi 1% Unflavored Milk	Sunbutter Sandwich String Cheese Spinach Italian Veggie Croutons Ranch Dressing Fresh Mandarin 1% Unflavored Milk	Garlic Cheese Toast Fresh Matchstick Carrots Fresh Pear 1% Unflavored Milk
SALAD BAR					
SNACK	WG Cheddar Chex Mix 1% Unflavored Milk	Scooby-Doo Bones, Grahams Paradise Veg&Fruit Juice 4oz	Goldfish Crackers Apple Juice 4oz	Savory Cracker Paradise Veg&Fruit Juice 4oz	WG Strawberry Chex Mix 1% Unflavored Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

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**Sacramento City Unified School District
Preschool Menu: 12/12/2022 - 12/16/2022**

	Monday 12/12	Tuesday 12/13	Wednesday 12/14	Thursday 12/15	Friday 12/16
BREAKFAST	WG Crispito Canned Pineapple 1% Unflavored Milk	WG Eggoji Waffles Fresh Kiwi 1% Unflavored Milk	Wild Blueberry Muffin Square Fresh Banana 1% Unflavored Milk	Scrambled Eggs Tater Tots Fresh Sliced Apples 1% Unflavored Milk	Whole Grain Cereal Canned Mandarin Oranges Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	WG Chicken Strips Ketchup Cup Spinach Italian Veggie Croutons Ranch Dressing Canned Mandarin Oranges 1% Unflavored Milk	Cheeseburger on a Whole Grain Bun Tater Tots Ketchup Cup Fresh Mandarin 1% Unflavored Milk	Hawaiian Teriyaki Dunkers (B) Carnival Cauliflower Fresh Kiwi WG Hawaiian Brown Rice 1% Unflavored Milk	WG Crispito Refried Beans Fresh Mandarin 1% Unflavored Milk	WG Cheese Pizza Fresh Matchstick Carrots Fresh Pear 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Whole Grain Cheez-It Crackers Apple Juice 4oz	Lemon Blueberry Crisp Paradise Veg&Fruit Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk

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**Sacramento City Unified School District
Preschool Menu: 12/19/2022 - 12/23/2022**

	Monday 12/19	Tuesday 12/20	Wednesday 12/21	Thursday 12/22	Friday 12/23
BREAKFAST	WG Crispito Fresh Sliced Apples 1% Unflavored Milk	WG Cereal Fresh Kiwi 1% Unflavored Milk	Blueberry Bagel w/ Cream Cheese Fresh Banana 1% Unflavored Shelf Milk	Grilled 'Dilla Fresh Sliced Apples 1% Unflavored Shelf Milk	Egg&Cheese Breakfast Sandwich Mango Pineapple Smoothie w/ Drinking Straw Canned Pineapple 1% Unflavored Shelf Milk
LUNCH	WG Popcorn Chicken Smackers BBQ Sauce Cup Steamed Broccoli Florets Canned Mandarin Oranges 1% Unflavored Milk	Chicken Patty (C) on a Whole Grain Bun Ketchup Cup Tater Tot Fresh Sliced Apples 1% Unflavored Milk	Chicken Tortilla Soup w/ Pinto Bean & Cheese Tamale Canned Corn Fresh Kiwi 1% Unflavored Shelf Milk	Sunbutter Sandwich String Cheese Spinach Italian Veggie Croutons Ranch Dressing Fresh Mandarin 1% Unflavored Shelf Milk	Garlic Cheese Toast Fresh Matchstick Carrots Fresh Pear 1% Unflavored Shelf Milk
SALAD BAR					
SNACK	WG Cheddar Chex Mix 1% Unflavored Milk	Scooby-Doo Bones, Grahams Paradise Veg&Fruit Juice 4oz	Goldfish Crackers Apple Juice 4oz	Savory Cracker Paradise Veg&Fruit Juice 4oz	WG Strawberry Chex Mix 1% Unflavored Milk

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