

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 10/31/2022 - 11/4/2022**

	Monday 10/31	Tuesday 11/1	Wednesday 11/2	Thursday 11/3	Friday 11/4
BREAKFAST	Whole Grain Cereal Canned Pineapple 1% Unflavored Milk	Buttery Maple Waffle (V) Fresh Pear 1% Unflavored Milk	Yogurt w/ Granola Fresh Orange 1% Unflavored Milk	WG Crispito Fresh Kiwi 1% Unflavored Milk	Pumpkin Spice Scone Strawberry Smoothie w/ Drinking Straw Fresh Persimmons 1% Unflavored Milk
LUNCH	Mandarin Orange Chicken WG Hawaiian Brown Rice Spring Mix & Spinach Blend Ranch Dressing Fresh Orange 1% Unflavored Milk	Beef Soft Taco Shredded Lettuce Refried Beans Fresh Kiwi 1% Unflavored Milk	Chicken & Cheese Pupusa Canned Corn Fresh Persimmons 1% Unflavored Milk	Chicken Patty (C) on Whole Grain Bun Ketchup Cup Green Beans Fresh Pear 1% Unflavored Milk	Garlic Cheese Toast Fresh Matchstick Carrots Canned Mandarin Oranges 1% Unflavored Milk
SALAD BAR					
SNACK	WG Cheddar Chex Mix 1% Unflavored Milk	Goldfish Crackers Paradise Veg&Fruit Juice 4oz	Graham Crackers Fruit Punch Juice 4oz	Scooby-Doo Bones, Grahams Apple Juice 4oz	WG Strawberry Chex Mix 1% Unflavored Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts			D = Contains dairy V = Vegetarian food item S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District
Preschool Menu: 11/7/2022 - 11/11/2022**

	Monday 11/7	Tuesday 11/8	Wednesday 11/9	Thursday 11/10	Friday 11/11
BREAKFAST	WG Blueberry Pancakes Canned Pineapple 1% Unflavored Milk	Grilled 'Dilla Fresh Asian Pear 1% Unflavored Milk	WG ItalianTrkySausageSquare(C) Fresh Orange 1% Unflavored Milk	WG Crispito Fresh Kiwi 1% Unflavored Milk	HOLIDAY
LUNCH	Quesadilla w/ Red Sauce Green Beans Fresh Fruit: Chefs Choice 1% Unflavored Milk	Beef Soft Taco Canned Corn Fresh Kiwi 1% Unflavored Milk	Quesadilla w/ Red Sauce Refried Beans Fresh Persimmons 1% Unflavored Milk	Kickin Patty Sandwich on a Whole Grain Bun Ketchup Cup Fresh Matchstick Carrots Fresh Asian Pear 1% Unflavored Milk	HOLIDAY
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Whole Grain Cheez-It Crackers Applesauce Cups	Lemon Blueberry Crisp Apple Juice 4oz	HOLIDAY
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**Sacramento City Unified School District
Preschool Menu: 11/14/2022 - 11/18/2022**

	Monday 11/14	Tuesday 11/15	Wednesday 11/16	Thursday 11/17	Friday 11/18
BREAKFAST	Whole Grain Cereal Canned Pineapple 1% Unflavored Milk	Buttery Maple Waffle (V) Fresh Pear 1% Unflavored Milk	Yogurt w/ Granola Fresh Orange 1% Unflavored Milk	WG Crispito Fresh Kiwi 1% Unflavored Milk	Pumpkin Spice Scone Strawberry Smoothie w/ Drinking Straw Fresh Persimmons 1% Unflavored Milk
LUNCH	Mandarin Orange Chicken WG Hawaiian Brown Rice Spring Mix & Spinach Blend Ranch Dressing Fresh Orange 1% Unflavored Milk	Beef Soft Taco Shredded Lettuce Refried Beans Fresh Kiwi 1% Unflavored Milk	Chicken & Cheese Pupusa Canned Corn Fresh Persimmons 1% Unflavored Milk	Chicken Patty (C) on Whole Grain Bun Ketchup Cup Green Beans Fresh Pear 1% Unflavored Milk	Garlic Cheese Toast Fresh Matchstick Carrots Canned Mandarin Oranges 1% Unflavored Milk
SALAD BAR					
SNACK	WG Cheddar Chex Mix 1% Unflavored Milk	Goldfish Crackers Paradise Veg&Fruit Juice 4oz	Graham Crackers Fruit Punch Juice 4oz	Scooby-Doo Bones, Grahams Apple Juice 4oz	WG Strawberry Chex Mix 1% Unflavored Milk
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**Sacramento City Unified School District
Preschool Menu: 11/28/2022 - 12/2/2022**

	Monday 11/28	Tuesday 11/29	Wednesday 11/30	Thursday 12/1	Friday 12/2
BREAKFAST	WG Crispito Canned Pineapple 1% Unflavored Milk	Apple Cinnamon Oatmeal Round Peach Cup 1% Unflavored Milk	Breakfast Berry Scone Fresh Banana 1% Unflavored Milk	Scrambled Eggs Tater Tots Fresh Sliced Apples 1% Unflavored Milk	Whole Grain Cereal Canned Mandarin Oranges Strawberry Smoothie w/ Drinking Straw 1% Unflavored Milk
LUNCH	WG Chicken Strips (2 each) Ketchup Cup Canned Corn Canned Mandarin Oranges 1% Unflavored Milk	Cheeseburger on a Whole Grain Bun Tater Tots Ketchup Cup Fresh Sliced Apples 1% Unflavored Milk	Chicken & Cheese Pupusa Spring Mix & Spinach Blend Ranch Dressing Fresh Orange 1% Unflavored Milk	WG Crispito Refried Beans Fresh Asian Pear 1% Unflavored Milk	WG Cheese Pizza Fresh Matchstick Carrots Fresh Orange 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Whole Grain Cheez-It Crackers Apple Juice 4oz	Lemon Blueberry Crisp Apple Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
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