

Menu subject to  
change without notice.

**Sacramento City Unified School District  
Preschool Menu: 9/19/2022 - 9/23/2022**

	<b>Monday 9/19</b>	<b>Tuesday 9/20</b>	<b>Wednesday 9/21</b>	<b>Thursday 9/22</b>	<b>Friday 9/23</b>
<b>BREAKFAST</b>	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	WG Eggoji Waffles Canned Pineapple 1% Unflavored Milk	Yogurt w/ Granola Crunchy Clusters Fresh Banana 1% Unflavored Milk	WG Crispito Canned Pineapple 1% Unflavored Milk	Pumpkin Spice Scone Mango Pineapple Smoothie w/ Straw Fresh Banana 1% Unflavored Milk
<b>LUNCH</b>	Mandarin Orange Chicken WG Hawaiian Brown Rice Canned Carrot Coins Fresh Fruit: Chefs Choice 1% Unflavored Milk	Beef Soft Taco Refried Beans Raspberry/Blackberry Blend 1% Unflavored Milk	Chicken & Cheese Pupusa Canned Corn Canned Mandarin Oranges 1% Unflavored Milk	Chicken Patty (C) on a Whole Grain Bun Chickn Dipn Sauce Green Beans Applesauce Cup 1% Unflavored Milk	Garlic Cheese Toast Salad Mix, 3 Way Blend Ranch Dressing Fresh Fruit: Chefs Choice 1% Unflavored Milk
<b>SALAD BAR</b>					
<b>SNACK</b>	WG Cheddar Chex Mix 1% Unflavored Milk	Goldfish Colors Crackers Paradise Veg&Fruit Juice 4oz	Graham Crackers Fruit Punch Juice 4oz	Scooby-Doo Bones, Grahams Apple Juice 4oz	WG Animal Crackers 1% Unflavored Milk
<b>Menu Key</b> P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts			D = Contains dairy V = Vegetarian food item S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.