

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 9/12/2022 - 9/16/2022**

	Monday 9/12	Tuesday 9/13	Wednesday 9/14	Thursday 9/15	Friday 9/16
BREAKFAST	WG Blueberry Pancakes Fresh Watermelon Wedges 1% Unflavored Milk	WG Cereal Canned Pineapple 1% Unflavored Milk	WG ItalianTrkySausageSquare(C) Fresh Banana 1% Unflavored Milk	WG Crispito Fresh Sliced Apples 1% Unflavored Milk	Cowgirl Muffin Fresh Banana Mango Pineapple Smoothie w/ Straw 1% Unflavored Milk
LUNCH	WG Cheese Pizza Green Beans Fresh Fruit: Chefs Choice 1% Unflavored Milk	Beef Soft Taco Canned Corn Raspberr/Blackberry Blend 1% Unflavored Milk	Quesadilla w/ Red Sauce Refried Beans Fresh Watermelon Wedges 1% Unflavored Milk	Kickin Patty Sandwich on a Whole Grain Bun Chickn Dipn Sauce Canned Carrot Coins Canned Mandarin Oranges 1% Unflavored Milk	Alfredo Pasta w/ Chicken Salad Mix, 3 Way Blend Ranch Dressing Fresh Sliced Apples 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	Bug Bite Crackers Paradise Veg&Fruit Juice 4oz	Whole Grain Cheez-It Crackers Fresh Sliced Apples	Lemon Blueberry Crisp Apple Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts			D = Contains dairy V = Vegetarian food item S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.