

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 5/2/2022 - 5/6/2022**

	Monday 5/2	Tuesday 5/3	Wednesday 5/4	Thursday 5/5	Friday 5/6
BREAKFAST	Yogurt Bagged Granola Canned Peaches 1% Unflavored Milk	WG ItalianTrkySausageSquare(C) Fresh Tangerine 1% Unflavored Milk	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	WG Blueberry Pancakes Fresh Pear 1% Unflavored Milk	Breakfast Berry Scone Strawberry Smoothie Fresh Tangerine 1% Unflavored Milk
LUNCH	WG Sunbutter Sandwich Colby Cheese Stick Goldfish Colors Crackers Fresh Apple Fruit/Vegetable 1% Unflavored Milk	Bean&Cheese Burrito (D,V) Fresh Pear Canned Corn 1% Unflavored Milk	Chicken & Cheese Pupusa Fresh Strawberries Fruit/Vegetable 1% Unflavored Milk	WG Chicken Patty on WG Bun Chickn Dipn Sauce Tater Tots Sliced Radishes Ranch Cup 1% Unflavored Milk	WG Cheese Quesadilla SIDE: Fresh Bagged Carrots Ranch Cup Fruit/Vegetable 1% Unflavored Milk
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	WG Goldfish Pretzels Apple Juice 4oz	Graham Crackers Strawberry Kiwi Juice 4oz	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	Strawberry Waffle Graham 1% Unflavored Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District
Preschool Menu: 5/9/2022 - 5/13/2022**

	Monday 5/9	Tuesday 5/10	Wednesday 5/11	Thursday 5/12	Friday 5/13
BREAKFAST	Apple Cinnamon Oatmeal Round Canned Peaches 1% Unflavored Milk	Cheesey Cheese Wheel Fresh Strawberries 1% Unflavored Milk	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	Banana Muffin Fresh Pear 1% Unflavored Milk	WG Eggoji Waffles Fresh Strawberries 1% Unflavored Milk
LUNCH	WG Cheese Pizza Pear Cup Fruit/Vegetable 1% Unflavored Milk	Cheeseburger Sliders Ketchup Cup Fresh Pear Fruit/Vegetable 1% Unflavored Milk	Kickin' Nuggets Chickn Dipn Sauce Fresh Strawberries Fruit/Vegetable 1% Unflavored Milk	Garlic Cheese Toast Potato Smiles Sliced Radishes Ranch Cup Fruit/Vegetable 1% Unflavored Milk	WG Sunbutter Sandwich Yogurt Fresh Bagged Carrots Ranch Cup Fruit/Vegetable 1% Unflavored Milk
SNACK	Scooby-Doo Bones, Grahams 1% Unflavored Milk	Bug Bite Crackers Fruit Punch Juice 4oz	Graham Crackers Strawberry Applesauce Cups	Whole Grain Cheez-It Crackers Apple Juice 4oz	Strawberry Waffle Graham 1% Unflavored Milk

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**Sacramento City Unified School District
Preschool Menu: 5/16/2022 - 5/20/2022**

	Monday 5/16	Tuesday 5/17	Wednesday 5/18	Thursday 5/19	Friday 5/20
BREAKFAST	Yogurt CK Granola Canned Peaches 1% Unflavored Milk	WG ItalianTrkySausageSquare(C) Fresh Strawberries 1% Unflavored Milk	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	Whole Grain Cereal Fresh Pear 1% Unflavored Milk	Breakfast Berry Scone Strawberry Smoothie Fresh Strawberries 1% Unflavored Milk
LUNCH	WG Cheese Quesadilla Fresh Apple Fruit/Vegetable 1% Unflavored Milk	Bean&Cheese Burrito (D,V) Fresh Pear Canned Corn 1% Unflavored Milk	Sunbutter Sandwich Colby Cheese Stick Goldfish Crackers Fresh Strawberries Fruit/Vegetable 1% Unflavored Milk	Garlic Cheese Toast Sliced Radishes Ranch Cup 1% Unflavored Milk	WG Chicken Patty on WG Bun Chickn Dipn Sauce Fresh Bagged Carrots Ranch Cup Green Beans 1% Unflavored Milk
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	WG Goldfish Pretzels Apple Juice 4oz	Graham Crackers Strawberry Kiwi Juice 4oz	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	Strawberry Waffle Graham 1% Unflavored Milk

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**Sacramento City Unified School District
Preschool Menu: 5/23/2022 - 5/27/2022**

	Monday 5/23	Tuesday 5/24	Wednesday 5/25	Thursday 5/26	Friday 5/27
BREAKFAST	Apple Cinnamon Oatmeal Round Canned Peaches 1% Unflavored Milk	Cheesey Cheese Wheel Fresh Strawberries 1% Unflavored Milk	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	Banana Muffin Fresh Pear 1% Unflavored Milk	WG Eggoji Waffles Fresh Strawberries 1% Unflavored Milk
LUNCH	WG Cheese Pizza Pear Cup Fruit/Vegetable 1% Unflavored Milk	Cheeseburger Sliders Ketchup Cup Fresh Pear Fruit/Vegetable 1% Unflavored Milk	Breaded Chicken Drumstick Chickn Dipn Sauce Fresh Strawberries Fruit/Vegetable 1% Unflavored Milk	Garlic Cheese Toast Potato Smiles Sliced Radishes Ranch Cup Fruit/Vegetable 1% Unflavored Milk	WG Sunbutter Sandwich Yogurt Fresh Bagged Carrots Ranch Cup Fruit/Vegetable 1% Unflavored Milk
SNACK	Scooby-Doo Bones, Grahams 1% Unflavored Milk	Bug Bite Crackers Fruit Punch Juice 4oz	Graham Crackers Strawberry Applesauce Cups	Whole Grain Cheez-It Crackers Apple Juice 4oz	Strawberry Waffle Graham 1% Unflavored Milk

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**Sacramento City Unified School District
Preschool Menu: 5/30/2022 - 6/3/2022**

	Monday 5/30	Tuesday 5/31	Wednesday 6/1	Thursday 6/2	Friday 6/3
BREAKFAST	HOLIDAY	Cranberry Orange Bar Canned Peaches 1% Unflavored Milk	Whole Grain Cereal Fresh Strawberries 1% Unflavored Milk	Breakfast Berry Scone Fresh Fruit 1% Unflavored Milk	Whole Grain Cereal Peach Smoothie Fresh Strawberries 1% Unflavored Milk
LUNCH	HOLIDAY	Breaded Chicken Drumstick Strawberry Apple Crisps Canned Corn 1% Unflavored Milk	Sunbutter Sandwich Colby Cheese Stick Goldfish Crackers Canned Peaches Fruit/Vegetable 1% Unflavored Milk	WG Chicken Patty on WG Bun Ketchup Cup Canned Mandarin Oranges Tater Tots 1% Unflavored Milk	CentralKitchen Turkey Sandwich Canned Peaches Green Beans 1% Unflavored Milk
SNACK	HOLIDAY	WG Goldfish Pretzels Apple Juice 4oz	Graham Crackers Strawberry Kiwi Juice 4oz	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	Strawberry Waffle Graham 1% Unflavored Milk

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