

FEATURED MENU ITEM:

# Turkey Sandwich



New on our menu this month is our Roasted Turkey Sandwich prepared fresh in our kitchens. Featuring sliced roasted turkey on an Artesano Bread roll, sliced cheddar cheese, farm-fresh produce, dressed with a chipotle aioli spread.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.

## Breakfast

Options: Listed Entrée or General Mills Whole Grain Cereal, graham crackers, and a variety of fresh or canned fruit will be offered daily, along with choice of milk.

Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Pizza	Breakfast Bowl	Breakfast Pizza	Breakfast Bowl	Breakfast Pizza
Fat Cat Bakery Fresh Baked Muffins	Steak & Cheese Tornado	Fat Cat Bakery Fresh Baked Muffins	Steak & Cheese Tornado	Fat Cat Bakery Fresh Baked Muffins
Yogurt Bento Box with Fresh Berries	Yogurt Bento Box with Fresh Berries	Yogurt Bento Box with Fresh Berries	Yogurt Bento Box with Fresh Berries	Yogurt Bento Box with Fresh Berries
Mango Naked Juice	Orange Juice	Mango Naked Juice	Orange Juice	Dannon Fruit Smoothie

## Lunch

Lunch options: Variety of fresh fruits and vegetables and choice of fresh milk will be offered daily with all lunch entrées. Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Popcorn Chicken Bowl	Chef's Choice	2 Hot Dogs and Munchies	Cheeseburger w/Lettuce, Tomato, Onion & Tater Tots	Spicy Chicken Sandwich w/Lettuce, Tomato, Onion & Tater Tots
Chicken Caesar Salad* w/Garlic French Bread Pizza	Chicken Caesar Salad* w/Garlic French Bread Pizza	NEW! House Salad w/Garlic French Bread Pizza	Chicken Caesar Salad* w/Garlic French Bread Pizza	NEW! House Salad w/Garlic French Bread Pizza
Pepperoni or Cheese Pizza by the Slice	Bean, Green Chili & Cheese Burrito with Nacho Tray**	Pepperoni or Cheese Pizza by the Slice	Bean, Green Chili & Cheese Burrito with Nacho Tray**	Pepperoni or Cheese Pizza by the Slice
Spicy Chicken Wrap	Spicy Chicken Wrap	NEW! Roast Turkey Sandwich	Breaded Chicken Drumstick with Dinner Roll	NEW! Roast Turkey Sandwich

## Students!

Want to earn some extra money during your lunch break?

We are again hiring student engagement workers at John F. Kennedy, Hiram Johnson, Rosemont, CK McClatchy, and Luther Burbank High Schools for 30 minutes a day. If you're interested, see or call the Supervisor of your school cafeteria.

Learn customer service skills and build your resume for college and career readiness!



\* Available as vegetarian meals upon request  
\*\* Vegetarian without the nachos

## Did you know?

1. California produces about 95% of all the apricots in the U.S.!
2. Apricots are a member of the rose family.
3. Refrigerating apricots will dramatically impair their ripening process. Leave them out at room temperature until they are ripe, then refrigerate them.
4. Apricot trees will generally produce fruit for 20-25 years!



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<https://thecentralkitchen.org>



Nutrition Services  
916-395-5600  
This institution is an equal opportunity provider.

This month  
look for  
tree-ripened  
**Castlebright  
Apricots**



from  
**Paul Ramirez's  
5-acre farm in  
Porterville, CA**



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Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Pizza	Breakfast Bowl	<b>NEW!</b> Pancake with Sausage	<b>NEW!</b> Breakfast Burrito	Chef's Choice
Fat Cat Bakery Fresh Baked Muffins	Steak & Cheese Tornado	Fat Cat Bakery Fresh Baked Muffins	Steak & Cheese Tornado	Fat Cat Bakery Fresh Baked Muffins
Yogurt Bento Box with Fresh Berries	Yogurt Bento Box with Fresh Berries	Yogurt Bento Box with Fresh Berries	Yogurt Bento Box with Fresh Berries	Yogurt Bento Box with Fresh Berries
Mango Naked Juice	Orange Juice	Orange Juice	Orange Juice	Dannon Fruit Smoothie

## Lunch

Lunch options: Variety of fresh fruits and vegetables and choice of fresh milk will be offered daily with all lunch entrées. Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Orange Chicken Bowl	Chef's Choice	2 Hot Dogs and Munchies	Cheeseburger with Lettuce, Tomato, Onion & Tater Tots	Spicy Chicken Sandwich with Lettuce, Tomato, Onion & Tater Tots
Chicken Caesar Salad* w/Garlic French Bread Pizza	Chicken Caesar Salad* w/Garlic French Bread Pizza	House Salad with Dinner Roll	Chicken Caesar Salad* w/Garlic French Bread Pizza	House Salad with Dinner Roll
Pepperoni or Cheese Pizza by the Slice	Bean, Green Chili & Cheese Burrito with Nacho Tray**	Pepperoni or Cheese Pizza by the Slice	Bean, Green Chili & Cheese Burrito with Nacho Tray**	Pepperoni or Cheese Pizza by the Slice
Spicy Chicken Wrap	Spicy Chicken Wrap	<b>NEW!</b> Roast Turkey Sandwich	Breaded Chicken Drumstick with Dinner Roll	<b>NEW!</b> Roast Turkey Sandwich

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