

Menu subject to  
change without notice.

**Sacramento City Unified School District  
Preschool Menu: 4/4/2022 - 4/8/2022**

|                  | <b>Monday 4/4</b>   | <b>Tuesday 4/5</b>  | <b>Wednesday 4/6</b>   | <b>Thursday 4/7</b>   | <b>Friday 4/8</b>  |
|------------------|---|---|--|---|--|
| <b>BREAKFAST</b> | Apple Cinnamon Oatmeal Round<br>Fresh Pear<br>1% Unflavored Milk                    | Cheesey Cheese Wheel<br>Fresh Kiwifruit<br>1% Unflavored Milk                     | Whole Grain Cereal<br>Fresh Banana<br>1% Unflavored Milk   | Banana Muffin<br>Fresh Kiwifruit<br>1% Unflavored Milk  | WG Eggoji Waffles<br>SIDE: Syrup<br>Canned Mandarin Oranges<br>1% Unflavored Milk                                |
| <b>LUNCH</b>     | WG Cheese Pizza<br>Canned Mandarin Oranges<br>Fruit/Vegetable<br>1% Unflavored Milk | Bean&Cheese Burrito (D,V)<br>Canned Corn<br>Fruit/Vegetable<br>1% Unflavored Milk | WG Chicken Strips - 3 each<br>Chickn Dipn Sauce<br>Bunny Grahams<br>Baby Rainbow Carrots<br>Ranch Cup<br>Fruit/Vegetable<br>1% Unflavored Milk | Garlic Cheese Toast<br>SIDE: Cucumber Coins<br>Ranch Cup<br>Fruit/Vegetable<br>1% Unflavored Milk | Cheesburger<br>on WG Bun<br>Ketchup Cup<br>Bagged Broccoli<br>Ranch Cup<br>Fruit/Vegetable<br>1% Unflavored Milk |
| <b>SNACK</b>     | WG NatureValley Cinnamon Crisp<br>Yogurt  | WG Goldfish Pretzels<br>Apple Juice 4oz   | Graham Crackers<br>Strawberry Kiwi Juice 4oz   | Whole Grain Cheez-It Crackers<br>Fruit Punch Juice 4oz  | Strawberry Waffle Graham<br>1% Unflavored Milk   |

**Menu Key**

P = Contains pork  
B = Contains beef  
C = Contains chicken or turkey  
N = Contains nuts

D = Contains dairy  
V = Vegetarian food item  
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District  
Preschool Menu: 4/11/2022 - 4/15/2022**

|                  | <b>Monday 4/11</b> | <b>Tuesday 4/12</b> | <b>Wednesday 4/13</b> | <b>Thursday 4/14</b> | <b>Friday 4/15</b> |
|------------------|--------------------|---------------------|-----------------------|----------------------|--------------------|
| <b>BREAKFAST</b> | HOLIDAY            | HOLIDAY             | HOLIDAY               | HOLIDAY              | HOLIDAY            |
| <b>LUNCH</b>     | HOLIDAY            | HOLIDAY             | HOLIDAY               | HOLIDAY              | HOLIDAY            |
| <b>SNACK</b>     | HOLIDAY            | HOLIDAY             | HOLIDAY               | HOLIDAY              | HOLIDAY            |

|   |  |
|---|--|
| <p><b>Menu Key</b><br/> P = Contains pork<br/> B = Contains beef<br/> C = Contains chicken or turkey<br/> N = Contains nuts</p> | <p>D = Contains dairy<br/> V = Vegetarian food item<br/> S = Fish or seafood</p> <p>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th &amp; Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p> |
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**Sacramento City Unified School District  
Preschool Menu: 4/18/2022 - 4/22/2022**

Revised: 3/28/2022

|                  | <b>Monday 4/18</b>   | <b>Tuesday 4/19</b>   | <b>Wednesday 4/20</b>  | <b>Thursday 4/21</b>   | <b>Friday 4/22</b>   |
|------------------|--|---|--|--|--|
| <b>BREAKFAST</b> | Yogurt<br>w/ Granola Crunchy Clusters<br>Canned Peaches<br>1% Unflavored Milk                                  | WG ItalianTrkySausageSquare(C)<br>Canned Mandarin Oranges<br>1% Unflavored Milk               | Whole Grain Cereal<br>Fresh Banana<br>1% Unflavored Milk                           | WG Blueberry Pancakes<br>Syrup Cup<br>Fresh Kiwifruit<br>1% Unflavored Milk  | Breakfast Berry Scone<br>Fresh Pear<br>1% Unflavored Milk  |
| <b>LUNCH</b>     | Breaded Chicken Drumstick<br>Chickn Dipn Sauce<br>Canned Corn<br>Strawberry Apple Crisps<br>1% Unflavored Milk | Grilled Cheese Sandwich<br>Applesauce Strawberry Cup<br>Fruit/Vegetable<br>1% Unflavored Milk | Chicken & Cheese Pupusa<br>Canned Peaches<br>Fruit/Vegetable<br>1% Unflavored Milk | Chicken Patty (C)<br>on WG Bun<br>Chickn Dipn Sauce<br>Tater Tots<br>Cucumber Coins<br>Ranch Cup<br>1% Unflavored Milk | WG Sunbutter Sandwich<br>Colby Cheese Stick<br>Goldfish Colors Crackers<br>Bagged Broccoli<br>Ranch Cup<br>Fruit/Vegetable<br>1% Unflavored Milk |
| <b>SNACK</b>     | WG NatureValley Cinnamon Crisp<br>Yogurt   | WG Goldfish Pretzels<br>Apple Juice 4oz   | Graham Crackers<br>Strawberry Kiwi Juice 4oz                                       | Whole Grain Cheez-It Crackers<br>Fruit Punch Juice 4oz   | Strawberry Waffle Graham<br>1% Unflavored Milk   |

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**Sacramento City Unified School District  
Preschool Menu: 4/25/2022 - 4/29/2022**

|                  | <b>Monday 4/25</b>  | <b>Tuesday 4/26</b>   | <b>Wednesday 4/27</b>   | <b>Thursday 4/28</b>  | <b>Friday 4/29</b>   |
|------------------|---|---|---|---|--|
| <b>BREAKFAST</b> | Apple Cinnamon Oatmeal Round<br>Fresh Pear<br>1% Unflavored Milk                    | Cheesey Cheese Wheel<br>Fresh Kiwifruit<br>1% Unflavored Milk                     | Whole Grain Cereal<br>Fresh Banana<br>1% Unflavored Milk  | Banana Muffin<br>Fresh Kiwifruit<br>1% Unflavored Milk                                    | WG Eggoji Waffles<br>Syrup Cup<br>Canned Mandarin Oranges<br>1% Unflavored Milk                                  |
| <b>LUNCH</b>     | WG Cheese Pizza<br>Canned Mandarin Oranges<br>Fruit/Vegetable<br>1% Unflavored Milk | Bean&Cheese Burrito (D,V)<br>Canned Corn<br>Fruit/Vegetable<br>1% Unflavored Milk | WG Chicken Strips - 3 each<br>Chickn Dipn Sauce<br>Strawberry Apple Crisps<br>Fruit/Vegetable<br>1% Unflavored Milk | Garlic Cheese Toast<br>Cucumber Coins<br>Ranch Cup<br>Potato Smiles<br>1% Unflavored Milk | Cheesburger<br>on WG Bun<br>Ketchup Cup<br>Bagged Broccoli<br>Ranch Cup<br>Fruit/Vegetable<br>1% Unflavored Milk |
| <b>SNACK</b>     | WG NatureValley Cinnamon Crisp<br>Yogurt  | WG Goldfish Pretzels<br>Apple Juice 4oz   | Graham Crackers<br>Strawberry Kiwi Juice 4oz  | Whole Grain Cheez-It Crackers<br>Fruit Punch Juice 4oz                                    | Strawberry Waffle Graham<br>1% Unflavored Milk   |

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