

April 2022

The Nutrition Services Department will be offering a

CURBSIDE FOOD DISTRIBUTION

Monday, April 11th

9:00am-10:30am

at the following sites:

- Abraham Lincoln
- Bowling Green
- Edward Kemble
- Elder Creek
- John Still Middle
- Pony Express
- Leataata Floyd
- Will C Wood
- Woodbine
- Pacific
- Rosa Parks

Food boxes will be available for all students, staff, and community members on a first come, first serve basis.



MONDAY

4

Apple Cinnamon Oatmeal Round
Naked Mango Juice
Wild Mike's Pepperoni Pizza or Cheese Pizza
OR Sunbutter Sandwich Meal

TUESDAY

5

Focaccia Cheese Wheel
Steak & Cheese Tornado OR
Bean & Cheese Burrito

WEDNESDAY

6

Pancake with Pork Sausage
Tyson Chicken Strips with Chik'n Dip Sauce OR Sunbutter Sandwich Meal
Side: Honey Bunny Grahams

THURSDAY

7

Banana Muffin
Miller's All Natural Beef Hot Dog OR
Garlic French Bread Pizza
Side: Tater Tots

FRIDAY

1

Garlic Cheese Toast
Tyson Chicken Strips with Chik'n Dip Sauce OR Sunbutter Sandwich Meal

8

Eggo Emoji Waffles with Syrup
Danone Strawberry Smoothie
Beef Cheeseburger OR Sunbutter Sandwich Meal

11

ENJOY YOUR SPRING BREAK!

CURBSIDE DISTRIBUTION at 11 sites from 9:00-10:30am

12

13

14

15

Rainbow Carrots FROM Grimmway Farms

Headquartered in Bakersfield, California, Grimmway Farms traces its roots to the 1960s, when the Grimm brothers opened a roadside produce stand in Anaheim, CA, to sell corn to the local community. In 1981 they moved to Kern County,

expanding their operation to take advantage of the region's ideal growing conditions.

From 1991-2001 Grimmway expanded their operation by acquiring various packing companies. From 2013-2018

Grimmway opened processing facilities in Washington and Georgia.

Today, Grimmway Farms produces more than 135 products and is the largest producer of carrots in the world. They are proud to grow 100% of their produce in the USA.

Carrots...

Help support healthy brain function

Luteolin, commonly found in carrots, is known to support healthy brain function.

Help support the immune system

A single serving of carrots provides more than 50% of the daily recommended value of vitamin A which helps support a healthy immune system.

Help maintain body function

The antioxidants found in carrots fight free radicals and help maintain normal body function.


Help maintain healthy vision

Beta carotene converts to vitamin A in the retina. Vitamin A helps you see in dim light, so a diet rich in beta carotene helps to support healthy eyesight and night vision.

MONDAY

18



Yogurt with Granola Clusters 

Breaded Chicken Drumstick with Chick'n Dip'n Sauce OR Bean & Cheese Burrito with Green Chili 

TUESDAY


19

Breakfast Pizza

Chicken Corn Dog OR Grilled Cheese Sandwich  Side: Sun Chips 

WEDNESDAY

20



Cranberry Orange Chewie Bar 

NEW! Chicken & Cheese Pupusa OR Sunbutter Sandwich Meal  Side: Cheez-It Crackers 

THURSDAY



21

Blueberry Pancakes 

Chicken Sandwich OR Garlic French Bread Pizza  Side: Tater Tots 

FRIDAY

22

Berry Breakfast Scone Danone Strawberry Smoothie  

NEW! Cheese Quesadilla OR Sunbutter Sandwich Meal  


25

Apple Cinnamon Oatmeal Round  Naked Mango Juice 

Wild Mike's Pepperoni Pizza or Cheese Pizza  OR Sunbutter Sandwich Meal 

26

Focaccia Cheese Wheel 

Steak & Cheese Tornado OR Bean & Cheese Burrito 

27

Pancake with Pork Sausage


Tyson Chicken Strips with Chik'n Dip Sauce OR Sunbutter Sandwich Meal  Side: Sun Chips 

28

Banana Muffin 

Miller's All Natural Beef Hot Dog OR Garlic French Bread Pizza  Side: Potato Smiles 

29

Eggo Emoji Waffles with Syrup  Danone Strawberry Smoothie 

Beef Cheeseburger OR Sunbutter Sandwich Meal 

Items noted with  are vegetarian. All meals include Fat-free or low-fat milk or Lactaid.

Breakfast Options: Listed entrée or General Mills whole-grain cereal with side (when available), graham crackers, a variety of fresh & canned fruit.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.



Nutrition Services
916-395-5600

This institution is an equal opportunity employer and provider. Menus subject to change.



<https://thecentralkitchen.org>



WE'RE HIRING

Food Service Assistants

- Three-hour shifts
- Flexible schedule
- No experience necessary
- Advancement opportunities

Call to set up an appointment!

Make an appointment today for our JOB FAIR - APRIL 19!
Call 916-395-5600