

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 3/7/2022 - 3/11/2022**

	Monday 3/7	Tuesday 3/8	Wednesday 3/9	Thursday 3/10	Friday 3/11
BREAKFAST	Apple Cinnamon Oatmeal Round Bagged Sliced Apples 1% Unflavored Milk	Cheesey Cheese Wheel Fresh Mandarin 1% Unflavored Milk	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	WG Crispito Fresh Orange 1% Unflavored Milk	Banana Muffin Strawberry Smoothie Applesauce Strawberry Cup 1% Unflavored Milk
LUNCH	WG Cheese Pizza Strawberry Apple Crisps Fruit/Vegetable 1% Unflavored Milk	WG Chicken Strips - 3 each Ketchup, pkt Cinnamon Applesauce Cup 1% Unflavored Milk	Mandarin Orange Chicken WG Hawaiian Brown Rice Bagged Sliced Apples Fruit/Vegetable 1% Unflavored Milk	Grilled Cheese Sandwich Tater Tots Fruit/Vegetable 1% Unflavored Milk	Rotini with Beef Meat Sauce Pear Cup Fruit/Vegetable 1% Unflavored Milk
SNACK	Scooby-Doo Bones, Grahams Yogurt	WG Strawberry Chex Mix Apple Juice 4oz	WG Goldfish Pretzels Kiwi Strawberry Juice 4oz	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	WG Apple Cinn Bear Graham 1% Unflavored Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District
Preschool Menu: 3/14/2022 - 3/18/2022**

	Monday 3/14	Tuesday 3/15	Wednesday 3/16	Thursday 3/17	Friday 3/18
BREAKFAST	Blueberry Muffin Bagged Sliced Apples 1% Unflavored Milk	WG ItalianTrkySausageSquare(C) Fresh Mandarin 1% Unflavored Milk	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	Yogurt w/ Granola Crunchy Clusters Fresh Orange 1% Unflavored Milk	Garlic Cheese Toast Applesauce Strawberry Cup 1% Unflavored Milk
LUNCH	Popcorn Chicken Smackers SIDE: Chick'n Dip'n Sauce SIDE: Canned Corn Strawberry Apple Crisps 1% Unflavored Milk	Garlic Cheese Toast Peach Cup Fruit/Vegetable 1% Unflavored Milk	Sunbutter Sandwich SIDE: Applesauce Cup Fruit/Vegetable 1% Unflavored Milk	Cheesburger on WG Bun Ketchup Packet Tater Tots Fruit/Vegetable 1% Unflavored Milk	Grilled Cheese Sandwich Pear Cup Fruit/Vegetable 1% Unflavored Milk
SNACK	WG NatureValley Cinnamon Crisp Yogurt	WG Heartzel Pretzel Apple Juice 4oz	Bug Bite Crackers Strawberry Kiwi Juice 4oz	WG Cheddar Chex Mix Fruit Punch Juice 4oz	Strawberry Waffle Graham 1% Unflavored Milk

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**Sacramento City Unified School District
Preschool Menu: 3/21/2022 - 3/25/2022**

	Monday 3/21	Tuesday 3/22	Wednesday 3/23	Thursday 3/24	Friday 3/25
BREAKFAST	Apple Cinnamon Oatmeal Round Bagged Sliced Apples 1% Unflavored Milk	Cheesey Cheese Wheel Fresh Mandarin 1% Unflavored Milk	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	WG Crispito Fresh Orange 1% Unflavored Milk	Banana Muffin Strawberry Smoothie Applesauce Strawberry Cup 1% Unflavored Milk
LUNCH	WG Cheese Pizza Strawberry Apple Crisps Fruit/Vegetable 1% Unflavored Milk	WG Chicken Strips - 3 each Ketchup Packet Cinnamon Applesauce Cup 1% Unflavored Milk	Mandarin Orange Chicken WG Hawaiian Brown Rice Bagged Sliced Apples Fruit/Vegetable 1% Unflavored Milk	Grilled Cheese Sandwich Tater Tots Fruit/Vegetable 1% Unflavored Milk	Rotini with Beef Meat Sauce Pear Cup Fruit/Vegetable 1% Unflavored Milk
SNACK	Granola Clusters Yogurt	Graham Crackers Apple Juice 4oz	WG Goldfish Pretzels Kiwi Strawberry Juice 4oz	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	Strawberry Waffle Graham 1% Unflavored Milk

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