

January 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cereal Naked Mango Juice Bean & Cheese Burrito or Grilled Cheese Sandwich	4 Breakfast Pizza Chicken Corn Dog or Cheese Pizza Pocket	5 Cranberry Orange Chewie Bar Beef Pepperoni Stuffed Sandwich or Sunbutter Sandwich Meal	6 Mini Blueberry Waffles Beef Cheeseburger or Grilled Cheese Sandwich Tater Tots	7 Garlic Cheese Toast Mac & Cheese Bowl or Sunbutter Sandwich Meal
10 Apple Cinnamon Oatmeal Naked Mango Juice Wild Mike's Pepperoni or Cheese Pizza or Sunbutter Sandwich Meal	11 Focaccia Cheese Wheel Tyson Chicken Strips with Chick'n Dip Sauce or Cheese Pizza Pocket	12 Pancake with Pork Sausage Orange Chicken or Sunbutter Sandwich Meal Hawaiian Brown Rice	13 Chicken Crispito Miller's All Natural Beef Hot Dog or Grilled Cheese Sandwich Tater Tots	14 Banana Muffin Danone Strawberry Smoothie Rotini with Meat Sauce or Sunbutter Sandwich Meal



WE'RE HIRING

Food Service Assistants

- Three hour shifts
- Flexible schedule
- No experience necessary
- Advancement opportunities

Call to set up an appointment!



Make an appointment today for our Job Fair January 11!

Call 916-395-5600

FUN FACT:
 The name 'Satsuma' was officially given to the fruits in the 1880's after mislabeled trees arrived in the United States. Satsuma was a former province in Japan, located on the southern tip of Kyushu Island, and where the mislabeled boxes were sent from.

Meals include
 Fat-free or low-fat milk or Lactaid

Breakfast Options
 Listed entrée or General Mills whole-grain cereal with side (when available), graham crackers, a variety of fresh & canned fruit.

PLEASE NOTE: Due to major supply chain disruptions many food entrées or sides may be substituted due to unplanned shortages or limited availability.

**CENTRAL
KITCHEN**

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Farm to School

Local

SATSUMAS

a mandarin variety from

WILLOW CREEK RANCH

in Penryn, CA

Willow Creek Ranch is a small working family farm, owned and operated by Gordon Poulsen with the help of his son and grandson. Their fruit was voted Best Mandarin at the 2011 Mandarin Festival! Willow Creek offers multiple varieties of mandarins, producing late into the season - usually available through February!

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17 <i>Holiday</i>	18 Breakfast Pizza Chicken Corn Dog or Cheese Pizza Pocket	19 Cranberry Orange Chewie Bar Beef Pepperoni Stuffed Sandwich or Sunbutter Sandwich Meal	20 Mini Blueberry Waffles Beef Cheeseburger or Grilled Cheese Sandwich Tater Tots	21 Garlic Cheese Toast Mac & Cheese Bowl or Sunbutter Sandwich Meal
24 Apple Cinnamon Oatmeal Naked Mango Juice Wild Mike's Pepperoni or Cheese Pizza or Sunbutter Sandwich Meal	25 Focaccia Cheese Wheel Tyson Chicken Strips with Chick'n Dip Sauce or Cheese Pizza Pocket	26 Pancake with Pork Sausage Orange Chicken or Sunbutter Sandwich Meal Hawaiian Brown Rice	27 Chicken Crispito Miller's All Natural Beef Hot Dog or Grilled Cheese Sandwich Tater Tots	28 Banana Muffin Danone Strawberry Smoothie Rotini with Meat Sauce or Sunbutter Sandwich Meal
31 Blueberry Muffin Naked Mango Juice Popcorn Chicken Smackers or Sunbutter Sandwich Meal	<p>Did you know? Satsuma mandarins have a low heat requirement and high cold tolerance, allowing them to grow in many places other citrus varieties cannot. They provided an important, hardy crop for fruit tree growers in the Sacramento area of California after a disease killed off most pear trees during a mid-20th-century blight. Satsuma mandarins are so important to the economy of Placer County, California, they are celebrated at the Mandarin Festival held annually in November.</p>			



<https://thecentralkitchen.org>



Nutrition Services
916-395-5600

This institution is an equal opportunity employer and provider. Menus subject to change.