

# December 2021

CENTRAL  
KITCHEN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
		Pancake with Pork Sausage  <b>Orange Chicken or Sunbutter &amp; Grape Sandwich Meal</b> 🍏  Hawaiian Brown Rice 🍏	Chicken Crispito  <b>Miller's All Natural Beef Hot Dog or Grilled Cheese Sandwich</b> 🍏  Tater Tots 🍏	Banana Muffin 🍏  Danone Strawberry Smoothie 🍏  <b>Rotini with Meat Sauce or Sunbutter &amp; Grape Sandwich Meal</b> 🍏
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Cowgirl Muffin 🍏 Naked Berry Blast Juice 🍏  <b>Popcorn Chicken Smackers or Sunbutter &amp; Grape Sandwich Meal</b> 🍏	Turkey Sausage Breakfast Square  <b>Whole Grain Corn Dog or Cheese Pizza Pocket</b> 🍏  Harvest Cheddar Sun Chips 🍏	Apple Crisp Bar 🍏  <b>Beef Pepperoni Stuffed Sandwich or Sunbutter &amp; Grape Sandwich Meal</b> 🍏  Hawaiian Brown Rice 🍏	Pillsbury Mini Blueberry Waffles  <b>Beef Cheeseburger or Grilled Cheese Sandwich</b> 🍏  Tater Tots 🍏	Cheese Toast 🍏  Danone Strawberry Smoothie 🍏  <b>Mac &amp; Cheese Bowl</b> 🍏 <b>or Sunbutter &amp; Grape Sandwich Meal</b> 🍏

With

Fat-free or low-fat milk or Lactaid

Breakfast

Listed entrée or General Mills whole-grain cereal with side (when available), graham crackers, a variety of fresh & canned fruit.

Join us December 20 & 27  
for our **FREE** Fall Curbside  
Family Food Box Giveaway!

9:00am to 10:30am

Abe Lincoln Elem   Elder Creek Elem   Washington Elem  
Bowling Green Elem   John Still MS   Will C Wood MS  
Edward Kemble Elem   Pony Express Elem   Woodbine Elem

One box per vehicle while supplies last.



## WE'RE HIRING

### Food Service Assistants

- Three hour shifts
- Flexible schedule
- No experience necessary
- Advancement opportunities

**Call to set up  
an appointment!**





**Make an appointment today for  
our Job Fair January 11, 2022!  
Call 916-395-5600**





## Did you receive a P-EBT card in the mail and don't know what to do with it?

Over 500,000 P-EBT cards - \$182 million - in pandemic food aid are going unused in California. Here's how to make sure you're not missing out.

🍏 Follow the instructions to set up your PIN once it arrives.

Where can you use your P-EBT card?

🍏 In-store & online wherever EBT cards are accepted.

🍏 Most grocery stores, farmers markets, Amazon & Wal-Mart.

Eligible families that need help with PIN set up, a replacement card, or didn't receive their card, can call the P-EBT Helpline at 877-328-9677.

## Don't feel you need P-EBT benefits but received them anyway?

Consider buying food with your P-EBT benefit card and donating it to the Sacramento Food Bank!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>13</b> Cowgirl Muffin 🍏 Naked Berry Blast Juice 🍏 Wild Mike's Pepperoni or Cheese Pizza 🍏 or Sunbutter & Grape Sandwich Meal 🍏	<b>14</b> Turkey Sausage Breakfast Square Tyson Chicken Strips with Chick'n Dip Sauce or Cheese Pizza Pocket 🍏	<b>15</b> Pancake with Pork Sausage Orange Chicken or Sunbutter & Grape Sandwich Meal 🍏 Hawaiian Brown Rice 🍏	<b>16</b> Chicken Crispito Miller's All Natural Beef Hot Dog or Grilled Cheese Sandwich 🍏 Tater Tots 🍏	<b>17</b> Banana Muffin 🍏 Danone Strawberry Smoothie 🍏 Rotini with Meat Sauce or Sunbutter & Grape Sandwich Meal 🍏
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>WINTER BREAK</b>				
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>

## Certified Organic Hidden Rose Apples®

This unique apple variety can only be found in Airlie, Oregon, at Thomas Paine Farms.

The color and sweetness of these hard-to-grow apples are enhanced by the mild climate of the Pacific Northwest, with its warm days and cool nights.

Tart and mildly sweet, Hidden Rose Apples® have a distinctive flavor with hints of strawberry lemonade. It has a pale yellow skin covered in a faint red blush and speckled with white freckles. The vibrant pink flesh is both crisp and juicy.

This featured apple has been a staple on our December menus for 3 years now. We believe every student should experience this unique and rare fruit.



<https://thecentralkitchen.org>



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@theCentralKitchenSAC



**Nutrition Services**  
916-395-5600

This institution is an equal opportunity employer and provider. Menus subject to change.