BREAKFAST

MONDAY

Options: Listed Entree or General Mills Whole Grain Cereal, graham crackers, and a variety of fresh or canned fruit will be offered daily, along with choice of milk.

Breakfast Pizza

Fat Cat Bakery Fresh Baked Muffins

Yogurt Bento Box 🦠

Mango Naked Juice 🦠

TUESDAY

Eggstravaganza with Tots, Biscuits and Cheese

New! Steak & Cheese Tornado

Yogurt Bento Box 🦠

Orange Juice 🖜

WEDNESDAY

Breakfast Pizza

Fat Cat Bakery Fresh Baked Muffins

Yogurt Bento Box 🦠

Orange Juice

THURSDAY

Eggstravaganza with Tots, Biscuits and Cheese

New! Steak + Cheese Tornado

Yogurt Bento Box

Orange Juice

FRIDAY

Breakfast Pizza

Vegetarian 🦠

Fat Cat Bakery Fresh Baked Muffins

Yogurt Bento Box 🖜

Danone Smoothie

Lunch options: Variety of fresh fruits and vegetables and choice of fresh milk will be offered daily with all lunch entrees. Menu subject to change.

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Chicken Strip Meal with Mashed Potatoes & Biscuit

MONDAY

Chicken Caesar Salad with Pizza Pocket

Pepperoni or Cheese
Pizza by the Slice

TUESDAY

Orange Chicken Bowl

Chicken Caesar Salad with Pizza Pocket

New! Bean → Cheese Burrito with Sabra Avocado Dipper ●

WEDNESDAY

Chicken Alfredo Bowl with Pizza Pocket

New! Santa Fe Chicken Salad

Pepperoni or Cheese
Pizza by the Slice

THURSDAY

Cheeseburger with LTO on side

New! Antipasto Salad with Pork Salami

> Miller's Beef Hot Dog

FRIDAY

Nashville Hot Style Chicken Sandwich

Chicken Caesar Salad with Pizza Pocket

Pepperoni or Cheese
Pizza by the Slice

Want to earn some extra money during your lunch break?

We are again hiring student engagement workers at John F. Kennedy, Hiram Johnson, Rosemont, CK McClatchy, and Luther Burbank High Schools for 30 minutes a day. If you are interested see or call the Supervisor of your school cafeteria.

Learn customer service skills and build your resume for college and career readiness!



GET A SHOT/GET A PIZZA

Considering your COVID vaccine but just haven't done it yet?

FREE vaccine clinics in October

Wednesday 10/6 5-7pm Wednesday 10/13 5-7pm Wednesday 10/20 5-7pm

Wednesday 10/27

Location

District Serna Center 5735 47th Ave Sacramento, CA 95824

First 100 people to get a vaccine each day get a hot Domino's Pizza!



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https://thecentralkitchen.org



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FARM TO SCHOOL

Modi[®]
APPLES

fron



JJB Family Farms is one of our newest farm partners, located in Grand Island – just 8.5 miles from Sacramento. Summed up: they believe in delighting the world with their Modì apple.

The Modì apple is a proprietary
Mediterranean apple variety
first developed in Northern Italy
It is perfectly suited for our
Mediterranean Delta regional
climate and soil conditions.

This apple is just the right balance of sweet and tart, crispy and juicy. We want all of our students to experience the Modì crunch, unique shape and deep red color.