

**Featured Menu Item:**  
**Simply Fresh Salads**



**BREAKFAST**

Options: Listed Entree or General Mills Whole Grain Cereal, graham crackers, and a variety of fresh or canned fruit will be offered daily, along with choice of milk.

Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Pizza	Eggstravaganza with Tots, Biscuits and Cheese	Breakfast Pizza	Eggstravaganza with Tots, Biscuits and Cheese	Breakfast Pizza
Fat Cat Bakery Fresh Baked Muffins	Steak & Cheese Tornado	Fat Cat Bakery Fresh Baked Muffins	Steak & Cheese Tornado	Fat Cat Bakery Fresh Baked Muffins
Yogurt Bento Box	Yogurt Bento Box	Yogurt Bento Box	Yogurt Bento Box	Yogurt Bento Box
Mango Naked Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice

**LUNCH**


Lunch options: Variety of fresh fruits and vegetables and choice of fresh milk will be offered daily with all lunch entrees. Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Strip Meal with Mashed Potatoes & Biscuit	Teriyaki Chicken Bowl	Chicken Alfredo Bowl with Pizza Pocket	Cheeseburger with LTO on side	Nashville Hot Style Chicken Sandwich
Chicken Caesar Salad with Pizza Pocket	Chicken Caesar Salad with Pizza Pocket	Santa Fe Chicken Salad with Pizza Pocket	Antipasto Salad with Pork Salami with Pizza Pocket	Chicken Caesar Salad with Pizza Pocket
Pepperoni or Cheese Pizza by the Slice	New Burrito! with Sabra Avocado Dipper	Pepperoni or Cheese Pizza by the Slice	Miller's Beef Hot Dog	Pepperoni or Cheese Pizza by the Slice

**Want to earn some extra money during your lunch break?**

We are again hiring student engagement workers at John F. Kennedy, Hiram Johnson, Rosemont, CK McClatchy, and Luther Burbank High Schools for 30 minutes a day. If you are interested see or call the Supervisor of your school cafeteria.

Learn customer service skills and build your resume for college and career readiness!




**We give thanks and pay our respects to the following Nutrition Services and Distribution Services employees who served our nation in the armed services and serve our students today with the same honor and dedication:**

- Robert Aldama, US Army
- Tara Phillips, US Army
- Neil Desmet, US Army
- Jose Torres, US Army
- Michael Compton, US Air Force
- Rafael Estrada, US Army



Follow us on Instagram!  
@theCentralKitchenSAC



<https://thecentralkitchen.org>



Nutrition Services  
916-395-5600  
This institution is an equal opportunity provider.

**FARM TO SCHOOL**

In November our students will enjoy local yam and sweet potato sticks from

**YAGI BROTHERS FARMS**

in Livingston, California.  
And encourage your students to try our fall tree-ripened local Fuyu Persimmons from

**THE O'CONNELL RANCH**

in Colusa California.  
Dan and Barbara O'Connell have been farming for more than 30 years along the scenic Sacramento River. You can find their produce stand "Barb's Produce" at 3590 Brown Road, Colusa CA.