

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 10/4/2021 - 10/8/2021**

	Monday 10/4	Tuesday 10/5	Wednesday 10/6	Thursday 10/7	Friday 10/8
BREAKFAST	Cowgirl Muffin Peach Cup 1% Unflavored Milk	Turkey Sausage Breakfast Pizza Fresh Strawberries 1% Unflavored Milk	Whole Grain Cereal Fresh Banana 1% Unflavored Milk	WG Crispito Canned Applesauce 1% Unflavored Milk	Garlic Cheese Toast Strawberry Smoothie Canned Pears 1% Unflavored Milk
LUNCH	Cheese Bites Marinara Sauce Applesauce Strawberry Cup 1% Unflavored Milk	Rotini with Beef Meat Sauce Harvest Mixed Fruit Cup Fresh Cucumbers 1% Unflavored Milk	Mandarin Orange Chicken WG Hawaiian Brown Rice Fresh Strawberries Fruit/Vegetable 1% Unflavored Milk	Mac & Cheese Bowl Fresh Banana Fruit/Vegetable 1% Unflavored Milk	Cheesburger on WG Bun Ketchup Cup Tater Tots Fruit/Vegetable 1% Unflavored Milk
SNACK	WG NatureValley Cinnamon Crisp Yogurt	WG Heartzel Pretzel Apple Juice 4oz	Bug Bite Crackers 1% Unflavored Milk	WG Cheddar Chex Mix Fruit Punch Juice 4oz	Strawberry Waffle Graham 1% Unflavored Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

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