

OCTOBER is

NATIONAL
FARM to
SCHOOL
MONTH



Join us and thousands of schools, early care and education sites, farms, communities and organizations across the country as we celebrate food education, school gardens and lunch trays filled with healthy, local ingredients.

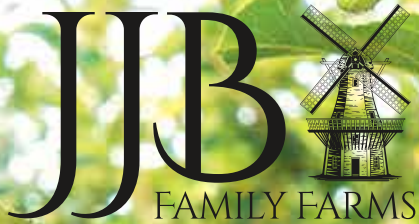
For more information visit:

<https://www.farmtoschool.org/our-work/farm-to-school-month>

FEATURING

Modi[®] APPLES

FROM



JJB Family Farms is one of our newest farm partners, located in Grand Island – just 8.5 miles from Sacramento. Summed up: they believe in delighting the world with their Modi apple.

The Modi apple is a proprietary Mediterranean apple variety first developed in Northern Italy. It is perfectly suited for our Mediterranean Delta regional climate and soil conditions.

This apple is just the right balance of sweet and tart, crispy and juicy. We want all of our students to experience the Modi crunch, unique shape and deep red color.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Vegetarian items:	1 Banana Muffin & Danone Strawberry Smoothie Foster Farms Chicken Corn Dog -or- Sunbutter & Grape Sandwich Meal
4 Cowgirl Muffin & Naked Strawberry Banana Juice Wild Mike's Mozzarella Bites -or- Sunbutter & Grape Sandwich Meal	5 Turkey Sausage Breakfast Square Rotini with Meat Sauce -or- Garlic French Bread Pizza	6 Mini French Toast Orange Chicken -or- Sunbutter & Grape Sandwich Meal Hawaiian Brown Rice	7 Chicken Crispito Miller's All Natural Beef Hot Dog -or- Mac & Cheese Bowl Goldfish Pretzels	8 Cheese Toast & Danone Strawberry Smoothie Beef Cheeseburger -or- Sunbutter & Grape Sandwich Meal Tater Tots
11 Breakfast Berry Scone & Naked Strawberry Banana Juice Wild Mike's Pepperoni or Cheese Pizza -or- Sunbutter & Grape Sandwich Meal	12 Focaccia Cheese Wheel Tyson Chicken Strips with Chick'n Dip Sauce -or- Garlic French Bread Pizza	13 Pancake with Pork Sausage Whole-Grain Breaded Chicken Sandwich -or- Sunbutter & Grape Sandwich Meal Multigrain Sun Chips	14 Blueberry Mini Waffles Bean & Cheese Burrito -or- Mac & Cheese Bowl Sabra Guacamole & Tortilla Snacker	15 Banana Muffin & Danone Strawberry Smoothie Foster Farms Chicken Corn Dog -or- Sunbutter & Grape Sandwich Meal Tater Tots

Bartlett Pears

Also in October SCUSD students will enjoy Stillwater Orchard Bartlett pears – traveling just 26 miles to their school meal plate.

Beginning of Stillwater Orchards...

David Osborn came to California in the 1850s, right on the heels of the Gold Rush, and settled on the delta of the Sacramento River. Recognizing the area's prime growing conditions, he ordered pear trees from the nearest available supplier: France. The trees arrived in 1860, and Stillwater Orchards was born.

Word of the magnificent fruit from those trees soon spread. It is said that stern wheel riverboats full of miners would pull up to Stillwater Landing, where the miners would start bidding for pears before the paddles stopped turning. Gold was plentiful and pears were as rare as rubies, often resulting in individual pears being traded for an ounce of gold (over \$20) for a few bites of this rare and delicious new fruit!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18 Cowgirl Muffin & Naked Strawberry Banana Juice Wild Mike's Mozzarella Bites -or- Sunbutter & Grape Sandwich Meal	19 Turkey Sausage Breakfast Square Rotini with Meat Sauce -or- Garlic French Bread Pizza	20 Mini French Toast Orange Chicken -or- Sunbutter & Grape Sandwich Meal Hawaiian Brown Rice	21 Chicken Crispito Miller's All Natural Beef Hot Dog -or- Mac & Cheese Bowl Goldfish Pretzels	22 Cheese Toast & Danone Strawberry Smoothie Beef Cheeseburger -or- Sunbutter & Grape Sandwich Meal Tater Tots
25 Breakfast Berry Scone & Naked Strawberry Banana Juice Wild Mike's Pepperoni or Cheese Pizza -or- Sunbutter & Grape Sandwich Meal	26 Focaccia Cheese Wheel Tyson Chicken Strips with Chick'n Dip Sauce -or- Garlic French Bread Pizza	27 Pancake with Pork Sausage Whole-Grain Breaded Chicken Sandwich -or- Sunbutter & Grape Sandwich Meal Multigrain Sun Chips	28 Blueberry Mini Waffles Bean & Cheese Burrito -or- Mac & Cheese Bowl Sabra Guacamole & Tortilla Snacker	29 Banana Muffin & Danone Strawberry Smoothie Foster Farms Chicken Corn Dog -or- Sunbutter & Grape Sandwich Meal Tater Tots

All meals include Fat-free or low-fat milk or Lactaid

Breakfast options Listed entrée or General Mills Whole Grain Cereal with side (when available), fresh & canned fruit, graham crackers.



Nutrition Services
916-395-5600

This institution is an equal opportunity provider. Menus subject to change.

Photo courtesy of JJB Family Farms



WE ARE HIRING! JOB FAIR 10/5/21

- Work in a fun atmosphere
- Part-time shifts 10:00am-1:00pm
- Retirees welcome

To schedule your interview time call
Rebecca Penland - (916) 395-5600