

Featured Menu Item: Chicken Alfredo









A student favorite! Our penne pasta topped with grilled chicken and creamy Alfredo sauce. Want to make it vegetarian? Ask for no chicken.

Breakfast

Options: Listed Entree or General Mills Whole Grain Cereal, graham crackers, and a variety of fresh or canned fruit will be offered daily, along with choice of milk.

Vegetarian 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Square with Turkey Sausage	New! Breakfast Bowl	Breakfast Square with Turkey Sausage	New! Breakfast Bowl	Breakfast Square with Turkey Sausage
Fresh Baked Muffins 	New! Pizza Bagel with Turkey Chorizo + Cheese	Fresh Baked Muffins 	New! Pizza Bagel with Turkey Chorizo + Cheese	Fresh Baked Muffins 
Yogurt Parfait Bento Box 	Yogurt Parfait Bento Box 	Yogurt Parfait Bento Box 	Yogurt Parfait Bento Box 	Yogurt Parfait Bento Box 
Mango Naked Juice 	Orange Juice 	Orange Juice 	Orange Juice 	Danone Fruit Smoothie 

Lunch

Lunch options: Variety of fresh fruits and vegetables and choice of fresh milk will be offered daily with all lunch entrees. Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
New! Crispy Chicken Strip Meal	Teriyaki Chicken Rice Bowl	Chicken Alfredo Bowl with Cheesy Bread	Cheeseburger Deluxe with Sun Chips	New! Nashville Hot Style Chicken Sandwich
New! Chicken Caesar Salad with Cheesy Bread	New! Spicy Chicken Wrap	New! Chicken Caesar Salad with Cheesy Bread	New! Spicy Chicken Wrap	or Slice of Pork Pepperoni Pizza
New! Veggie Pita Salad 	Oven-Roasted Chicken Sandwich with Sun Chips	New! Veggie Pita Salad 	Oven-Roasted Chicken Sandwich with Sun Chips	or Slice of Cheese Pizza 
New! Burrito Bowl 	New! Burrito Bowl 	New! Burrito Bowl 	New! Burrito Bowl 	New! Chicken Caesar Salad with Cheesy Bread
				New! Veggie Pita Salad 
				New! Burrito Bowl 

PARTNER WITH US TO HELP SAVE OUR PLANET!



Every 7-12 grade student this year will receive a FREE reusable and sustainable aluminum PATHWATER. Save natural resources and our oceans when you Re-Use and Re-Fill.

SCHOOL MEALS FOR ALL

California has made HISTORY by becoming the first state in the nation to provide free meals to ALL K-12 public school students!

Just like textbooks, school meals will now be a universal part of every child's school day – reducing stigma, hunger, and barriers to nutrition.



<https://thecentralkitchen.org>



Farm-fresh Food

On the move!

Join us at the

Farm to Fork Festival Saturday Sept 18th

for the unveiling of our new Mobile Food Truck featuring freshly prepared local food! All proceeds will benefit student field trips to farms, summer cooking campus and visits to the new Floyd Farms soon to open at Leataata Floyd Elementary.

Visit farmtofork.com for more information.

FARM to School

Fresh, Local Watermelon

This month, students will enjoy the juicy, sweet flavor of a fresh summer watermelon with breakfast. Really considered a vegetable, not a fruit, as a member of the cucumber family, this sweet treat is one of our most popular farm-to-school fruits.

Our watermelons come to us from **GEORGE PERRY AND SONS**

a family-owned farm that started over 90 years ago. Just 56 miles away in Manteca, CA, the heart of the Central Valley – this area is known as the most productive agricultural region in the state, providing over half of the fruits, vegetables, and nuts grown in the U.S.



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Nutrition Services 916-395-5600
This institution is an equal opportunity provider.